



LEGACY CHEER

SUMMER 2026

QUICK FACTS

WHAT Legacy Center Cheer
WHERE Lehi Legacy Center
WHO Ages 3-14 yrs.
WHEN June 1- July 27
FEE..... Monthly tuition

CHEER PROGRAM

Does your child want to cheer? The Legacy Center is offering a Youth Cheer Program. This program, for ages 3-14 years, will improve your child's cheer, dance, and tumbling skills.

Monday

AGE	TIME	CLASS LENGTH
Mini Stars 3-5 yrs.	2:30-3:10 p.m.	40 minute
Junior Stars 6-8 yrs.	3:30-4:10 p.m.	40 minute
Junior Stars 6-8 yrs.	4:30-5:10 p.m.	40 minute
Allstars 9-14 yrs.	5:30-6:20 p.m.	50 minute
Tumbling and flying 6+ yrs.	6:30-7:20 p.m.	50 minute

Monthly Tuition

CLASS LENGTH	RESIDENT	NON-RESIDENT
40 minute	\$71	\$85
50 minute	\$83	\$100

REGISTRATION

Registration: Begins May 1
No refunds after the first week of the program.
Register at the Legacy Center Registration Office during normal business hours or online at www.lehi-ut.gov/legacy-center.

MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



Like us on Facebook!
www.facebook.com/lehilegacycenter

Follow us on Instagram!
[lehilegacy](https://www.instagram.com/lehilegacy)



Parents of children aged 7 and younger:

For the safety of our younger participants, parents who are picking up or dropping off children aged 7 and younger must do so directly from the classroom.

In class performance the last week of class

LEHI LEGACY CENTER
123 North Center Street
385.201.2000
www.lehi-ut.gov/legacy-center



REGISTRATION HOURS
Monday-Friday
8 a.m. to 6 p.m.
or register online.

CHEER CLASS DESCRIPTION & WHAT TO WEAR

Cheer 3yrs to 5yrs Old: Mini Stars

This group focuses on the very basics of cheerleading. Learning basic motions (High/Low V's, Lib, T, Half-T, Half High/Low V, Goalpost, Hips, Clean), rallies, kicks, jumps (tucks and X jumps), cheers, and dances. These beginning cheerleaders will perform in the Dance/Cheer Winter Concert. Clothing: Comfortable, movable clothing and tennis shoes. For your child's safety, please pull their hair back. No gum or jewelry, please.

Cheer 5yrs to 8yrs Old: Junior Stars

This group builds on the basics learned in Mini Stars and introduces even more motions (R/L diagonals, R/L L's, candlesticks, daggers, buckets). We will also introduce beginning tumbling and strength training skills. They will learn more advanced jumps (herkeys, toe-touches). These intermediate-level cheerleaders will perform in the Dance/Cheer Winter Concert. Clothing: Comfortable, movable clothing and tennis shoes. For your child's safety, please pull their hair back. No gum or jewelry, please.

Cheer 9yrs to 14yrs Old: Senior All Stars

This group builds on everything taught in Mini Stars and Junior Stars. They will continue learning even more motions (R/L K's, Bow & Arrow, Punch Across R & L, Low Punch Across R & L, O's), reinforcing clap vs. clasp. These more advanced cheerleaders will learn more advanced jumps (hurdlers). They also continue to work on more advanced tumbling skills and continue strength training. They will perform in the Dance/Cheer Winter Concert. Clothing: Comfortable, movable clothing and tennis shoes. For your child's safety, please pull their hair back. No gum or jewelry, please. We will not be doing traditional group cheer stunting. Instead, we use equipment to enhance balance, coordination, and flexibility as a flyer; specifically Libs on a platform, heel stretches on a platform, and scorpions on a platform—which will help prepare cheerleaders for future stunting. We will also dedicate time each week to work on tumbling skills.

Tumbling & Flying (Stunt Prep)

Get ready to elevate your cheer game! This class focuses on developing strong body control, flexibility, and foundational tumbling skills. Athletes will work on cheer motions, proper falling techniques, and the basics of stunting in a safe and supportive environment. All stunting levels welcome.

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