

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALTERNATE MEALS				
Jan 2 Chef's Salad Jan 5-6 Chicken Noodle Jan 7-9 Cr of Broccoli Jan 12-16 Chef's Salad Served with Turkey Sandwich	Jan 19-20 Chicken Noodle Jan 21-23 Cr of Potato Jan 26-30 Chef's Salad			
5 Malibu Chicken Au Gratin Potatoes Green Beans Jello w /Fruit Roll 	6 Beef Taco Salad Pinto Beans w/ Cheese Tossed Salad w/Dressing Salsa & Ranch Applesauce /Chips 	7 Kalua Pork Hawaiian Rice Broccoli Pineapple Roll 	8 Roast Turkey Mashed Potatoes / Gravy Carrots Fruit Cocktail Roll 	9 Teriyaki Beef Bowl Rice Broccoli Mandarin Oranges Roll 
12 Country Fried Steak Mashed Potatoes / Gravy Mixed Vegetables Roll Apple 	13 Chicken Salad Wrap Pasta Salad Pickles Peaches 	14 Meatloaf Mashed Potatoes / Gravy Tossed Salad / Dressing Corn / Fruit Cocktail Roll 	15 Chicken Pot Pie w/ Biscuit Peaches Brownie 	16 Roast Beef Mashed Potatoes / Gravy Peas Roll Apple 
19 	20 Beef Stroganoff w/ Rice Tossed Salad / Dressing Carrots Apple Crisp 	21 Biscuits & Gravy Eggs Tater Tots Cottage Cheese & Peaches 	22 Chicken Parmesan w/ Marinara Sauce & Spaghetti Green Beans Pears / Cookie 	23 Birthday Celebration Beef & Vegetable Stew Tossed Salad w/ Dressing Cornbread Applesauce 
26 Baked Ham Scalloped Potatoes Beets Roll Peaches 	27 Three Bean Chili Carrots Cornbread Apple 	28 Orange Chicken Brown Rice Stir Fried Vegetables Tropical Fruit / Roll Fortune Cookie 	29 Swedish Meatballs Quinoa Vegetables Roll Applesauce 	30 BBQ Pulled Chicken Au Gratin Potatoes Green Beans Roll Orange 