



## 4TH OF JULY

WORD SCRAMBLE

### Location

123 North Center Street  
Lehi, UT 84043

P 385.201.1065

### Hours

Monday - Friday  
9:00 am - 1:00 pm

### Website

[www.lehi-ut.gov/recreation/seniors](http://www.lehi-ut.gov/recreation/seniors)

[www.facebook.com/LehiSeniorCenter](https://www.facebook.com/LehiSeniorCenter)

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## CLASSES & CLUBS

***\*Classes with a red asterisk require call-ahead registration***

Lunch* <i>Call by noon the day before to make a reservation</i>	Monday - Friday served at 12:00pm. All meals are dine in only. <b>(MUST RESERVE)</b>
Tai Chi Class	Mondays 9:30 a.m.
Crochet Club	Tuesdays 10:15 a.m.
*Watercolor Class	<i>Continued from June's session:</i> <ul style="list-style-type: none"> <li>• June 17, 24 July 1 and 8</li> <li>• New Session: July 15, 22, 29 &amp; Aug 5</li> </ul> Advanced Watercolor also available. Let us know if you are interested or have questions
BINGO	Fridays 11:30a.m. and Tuesdays 11:30a.m.
Line Dancing	Fridays 10:00a.m.
Sit and Fit	Wednesdays 11:00am – 12pm
Bunco Bash	Wednesday, July 9, 12:30 p.m.
Monday Movie Mania “Cheaper By The Dozen”	<i>Monday, July 21, 12:30 p.m.</i>

# HAPPY BIRTHDAY

happy  
birthday

## July Birthday Celebration

Friday, July 25 at 12:30 pm -

RSVP for Lunch by noon on  
Thursday to get a sweet treat.

Marilou Idos	July 2
Julie Berg	July 3
Sally Smith	July 4
Beverly Draney	July 4
Glenda Peck	July 7
Rhea Lewis	July 10
Jon Pearson	July 12
Jim Watkins	July 16
Carol Bland	July 17
Ruth Packard	July 18
Kathy Hikida	July 22
Lorena Barfuss	July 22
Lydia Slizza	July 22
Beverly Johnson	July 27
Wendy Hays	July 28
Sharon Awtrey	July 29
Claudia Van Orden	July 29



## Independence Day Sudoku

	6		4			3	8
2			9	8		6	4
8		3		2	1		
		9		6	8	7	
		7	5	3			
3					7	4	6
1	3	6				4	
	9	8	3			1	5
5	2		8	1			7





USA  
BORN  
AND  
RAISED



## JULY 2025



## JULY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Beef Taco Salad Black Beans w/Cheese Lettuce, Salsa, Ranch Applesauce Tortilla Chips	1 Beef Stroganoff w/ Rice Tossed Salad / Dressing Carrots Apple Crisp	2 BBQ Pulled Pork Au Gratin Potatoes Coleslaw Jello w/ Fruit Roll	3 Beef Hot Dog Baked Beans Applesauce Brownie	4 
7 Beef Taco Salad Black Beans w/Cheese Lettuce, Salsa, Ranch Applesauce Tortilla Chips	8 Ham & Turkey Hoagie Cheese, Lettuce, Tomato Potato Chips Jello w/ Fruit	9 Kalua Pork Hawaiian Rice Coleslaw Roll Pineapple	10 Malibu Chicken Au Gratin Potatoes Green Beans Fruit Cocktail Roll	11 Sausage Pasta Bake California Blend Vegetables Tossed Salad w/Dressing Peaches Cornbread
14 Roast Turkey Mashed Potatoes / Gravy Beets Pears Roll	15 Swedish Meatballs / Rice Broccoli Orange Roll Cookie Bar	16 Fish Filet w/Tartar Sauce Potato Wedges Mixed Vegetables Apple / Roll	17 Sloppy Joes / Bun Potato Salad Pork & Beans Peaches	18 Teriyaki Chicken Bowl Quinoa Broccoli Fruit Cocktail Roll
21 Salisbury Steak Mashed Potatoes / Gravy Peas Mandarin Oranges Roll	22 Lemon Pepper Chicken Quinoa / Carrots Tossed Salad / Dressing Pears Cookie Bar	23 Hamburgers w/ Bun Lettuce, Tomato, Pickles Potato Salad Pork and Beans Cottage Cheese w/Fruit	24 	25 BBQ Chicken Au Gratin Potatoes Green Beans Peaches Cornbread
28 Country Fried Steak Mashed Potatoes / Gravy Mixed Vegetables Orange Roll	29  Orange Chicken Brown Rice Stir Fried Vegetables Tropical Fruit Roll / Fortune Cookie	30 Meatloaf Mashed Potatoes / Gravy Tossed Salad w/Dressing Corn / Roll Applesauce	31 Chicken Salad Wrap Pasta Salad Pickles Peaches	<b>ALTERNATE MEALS</b> Jul 1 Vegetable Beef Jul 2-3 Cr of Potato Jul 7-11 Chef's Salad Jul 14-15 Chicken Noodle Jul 16-18 Cr of Broccoli Jul 21-25 Chef's Salad Jul 28-29 Vegetable Beef Jul 30-31 Cr of Broccoli







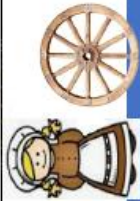
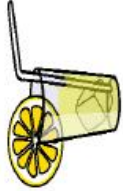


# ACTIVITIES CALENDAR JULY 2025



TO REGISTER FOR ACTIVITIES  
CALL LACEY: 385-201-2349

## ACTIVITIES CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>Adv. Watercolor 9:30am</b> <b>Tai Chi - 9:30 am</b>	<b>Watercolor Class 9:30am</b> <b>Crochet Club -10:15am</b> <b>Bingo 11:30am</b>	<b>1</b> <b>Watercolor Class 9:30am</b> <b>Crochet Club -10:15am</b> <b>Bingo 11:30am</b>	<b>2</b> <b>4th of July Celebration with lunch</b>	<b>3</b> <b>Happy 4th of July</b> <b>SENIOR CENTER CLOSED</b>
<b>7</b> <b>Adv. Watercolor 9:30am</b> <b>Tai Chi - 9:30 am</b>	<b>8</b> <b>Watercolor Class 9:30am</b> <b>Crochet Club -10:15am</b> <b>Bingo 11:30am</b>	<b>9</b>  <b>12:30pm -BUNCO BASH</b>	<b>10</b> 	<b>11</b> <b>Line Dance 10am</b> <b>Bingo 11:30am</b> <b>Blood Pressure Clinic 11-12pm</b> <b>Sponsored by Dignity Health</b>
<b>14</b> <b>Adv. Watercolor 9:30am</b> <b>Tai Chi - 9:30 am</b> <b>12:30 Monday Movie Mania!</b> <b>"Cheaper by the Dozen"</b>	<b>15</b> <b>Watercolor Class 9:30am</b> <b>Crochet Club -10:15am</b> <b>Bingo 11:30am</b>	<b>16</b>	<b>17</b> 	<b>18</b> <b>Line Dance 10am</b> <b>Bingo 11:30am</b>
<b>21</b> <b>Adv. Watercolor 9:30am</b> <b>Tai Chi - 9:30 am</b>	<b>22</b> <b>Watercolor Class 9:30am</b> <b>Crochet Club - 10:15am</b> <b>Bingo 11:30am</b>	<b>23</b>	<b>24</b>  <b>SENIOR CENTER CLOSED</b> <b>Happy Pioneer Day!</b>	<b>25</b> <b>Line Dance 10am</b> <b>Bingo 11:30am</b> <b>Birthday Celebration</b>
<b>28</b> <b>Adv. Watercolor 9:30am</b> <b>Tai Chi - 9:30 am</b>	<b>29</b> <b>Watercolor Class 9:30am</b> <b>Crochet Club - 10:15am</b> <b>Bingo 11:30am</b>	<b>30</b> 	<b>31</b> <b>HOME OF THE FREE</b> <b>BECAUSE OF THE BRAVE</b>	<b>Next trip:</b> <b>Salmon Supper</b> <b>Aug. 1st</b>

## UPCOMING EVENTS

The Senior Center will be closed  
and will NOT be serving lunches on

Friday, July 4<sup>th</sup> and  
Thursday July 24



### PAYSON SALMON SUPPER

A TRADITION SINCE 1954.

## LEHI SENIOR CENTER TRIP

FRIDAY, AUGUST 1, 2025

MEMBER PRICE: \$32/person

\*price includes meal & bus\*

**SORRY, NO REFUNDS!**

Limited seating

**Payment due to hold your spot.**

Bring an umbrella for cover if desired.

Meal includes: Salmon, grilled over  
dried fruit wood fire, baked potato, corn  
on the cob, roll, and a cookie.



### Bunco Bash

Wednesday, July 9

12:30pm at the Senior  
Center

Join us for a great game of Bunco. Those coming are encouraged to bring their own set of 3 dice. Score cards (and dice, if needed) will be provided. Prizes available for participants. Please have current membership to participate. Let Lacey know if you have questions!

### Monday Movie Mania!

Monday, July 21

12:30pm at the Senior Center

We will watch "*Cheaper by the Dozen*". Tom and Kate Baker have compromised their careers to raise 12 children. Tom coaches a high-school football team, while Kate has retired from journalism to raise the family. Things change when Tom is offered a college coaching job in a new city at the same time a publisher buys Kate's parenting memoir.





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Lehi Senior Citizens Center, Lehi, UT

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## Thanks for an amazing trip!

