

TEAM GYMNASTICS

SUMMER 2025

CK FACTS

WHERELegacy Center East

Gym

WHEN Monthly Program
FEESFees dependent on

class length and

days per week (see fee schedule).

REGISTRATION

For current students, a balance is created each month and must be paid online by the 20th to secure a spot for the next month. Balances not paid will be taken off your account and you will lose your guaranteed spot. There is still an opportunity to register by going into the registration office. You will be limited to classes with available space. Visit the Registration Office during normal business hours.

MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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TEAM/PRE-TEAM STARZ SCHEDULE

LEVEL	DAY	TIME
Boys level 2	Tuesday	5:15-6:45 p.m.
Girls Rec Team (1 day) or (2 day)	Tuesday and/ or Thursday	5:15-6:45 p.m.
Mini Twinklerz B	Tuesday and Thursday	10:00-11:00 a.m.
Mini Twinklerz A	Tuesday and Thursday	11:00-12:00 p.m.
Twinklerz	Monday and Wednesday	5:30-6:45 p.m.
Sparklerz	Monday and Wednesday	4:30-5:45 p.m.
Hot Shotz	Monday and Wednesday	3:45-5:15 p.m.
All Starz	Tuesday and Thursday	3:45-5:15 p.m.
Team - Bronze	Tuesday and Thursday	8:00-9:30 a.m.
Team - Silver	Monday and Wednesday	7:00-10:00 a.m.
Team - Gold/ Platinum	Monday, Wednesday and Friday	7:00-10:00 a.m.

MONTHLY FEE SCHEDULE

CLASS	HOURS	RESIDENT FEE	NON RESIDENT FEE
Boys L2, Girls Rec Team	1.5	\$60	\$72
Mini Twinklerz	12	\$70	\$84
Twinklerz, Sparklerz	2.5	\$87	\$104
Hot Shotz, All Starz, Bronze, Rec Team (2 day)	3	\$102	\$122
Silver	6	\$151	\$181
Gold/ Platinum	9	\$202	\$242

NO CLASS DATES: June 27 & 28 (Round Up Parade) July 4, July 24, August 11-16 (Facility Cleaning Week) September 1 - Other dates may be announced. Additional assessment fee for girls competing. See coach for details.





Pre-Team and Team Information

STARZ Pre-Team

Pre-Team gymnasts learn skills and routines at a quicker pace. The pre-team environment is designed to push the gymnasts to prepare them for our Excel gymanstics team experience. Our mission is to teach our athletes to build gymnastics skill confidence, personal goal setting, and pushing themselves to work and improve. Placement on Pre-team in through coach recommendation or the annual Pre-Team try-outs held in April.

Boys and Girls Recreation Team

Recreation Team focuses on more advanced fundamentals with an emphasis on form and technique. Gymnasts will also complete flexibility, strengthening, and conditioning required to complete the skills safely. Class placement is determined through coach evaluations and recommendations.

Recreation Team class is designed for higher level gymnasts to continue to participate in the sport regardless of their desire to participate on the competative gymnastics team.

Placement in Rec team classes requires coach recommendation

Girls Team Xcel Program

Lehi Legacy Gymnastics participates in the Xcel gymnastics program through USAG. Our Xcel gymnastics team offers athletes the opportunity of competing with less time commitment required compared to other programs. Our team program mission is to highlight the individuality and unique skills each gymnast. We teach our athletes to build gymnastics skill confidence, personal goal setting, and pushing themselves to work and improve. We compete the following Xcel Levels, Bronze, Silver, Gold and Platinum as needed.

Placement on Team is through coach recommendation or the annual Team try-outs held in April.

