



**Location**


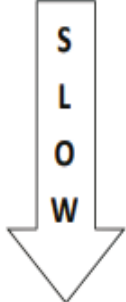
123 North Center Street  
 Lehi, UT 84043  
 P 385.201.1065

**Hours**

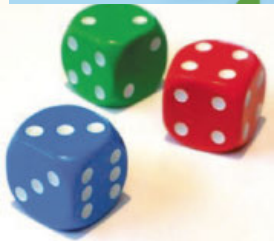
Monday - Friday  
 9:00 am - 1:00 pm

**Website**

[www.lehi-ut.gov/  
 recreation/seniors](http://www.lehi-ut.gov/recreation/seniors)

	<p><b><u>MIND</u></b> <b>MATTER</b></p>	<p>H C U O T</p>	<p>SPRING        SUMMER        FALL        WINTER</p>
	<p>cycle        cycle        cycle</p>	<p>PLOT</p>	<p><u>ALL</u>        World</p>

# UPCOMING EVENTS



## Bunco Bash

Wednesday, May 7

12:30 pm at the Senior Center.

Join us for a great game of Bunco. Those coming are encouraged to bring their own set of 3 dice. Score cards (and dice, if needed) will be provided. Prizes are available for participants. Please have current membership to participate.

## Monday

### Movie Mania!

Monday, May 19 at 12:30



This month we will watch, "Seven Brides for Seven Brothers," Adam, the eldest of seven brothers, goes to town to get a wife. He convinces Milly to marry him that same day. When he brings her back to his backwoods home, she discovers that he has six brothers--all living in his cabin. Milly sets out to reform the uncouth lads, who become anxious to find their own wives

A Small popcorn will be provided.

## CLASSES & CLUBS

**\*Classes with a red asterisk require call-ahead registration**

Lunch* <i>Call by noon the day before to make a reservation</i>	Monday – Friday served at 12:00pm. All meals are dine in only. <b>(MUST RESERVE)</b>
Tai Chi Class	Mondays 9:30 a.m.
Crochet Club	Tuesdays 10:15 a.m.
*Watercolor Class	<i>Tuesday, May 6, (Last class of April's session) May 13, 20, June 3, and 10</i> At the Senior Center 9:30a.m. <ul style="list-style-type: none"> <li>Advanced Watercolor also available. Let us know if you are interested or have questions</li> </ul>
Sit and Fit	Wednesdays 11:00 a.m.
BINGO	<b>Fridays 11:30a.m. and Tuesdays 11:30a.m.</b>
Line Dancing	Fridays 10:00a.m. <b>NO LINE DANCE MAY 2 AND 23</b>
Bunco Bash	<i>Wednesday, May 7, 12:30 p.m.</i>
Monday Movie Mania “Seven Brides for Seven Brothers”	<i>Monday, May 19 2:30 p.m.</i>

# JAN - SENIOR CENTER 385-201-1065

## MAY 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>ALTERNATE MEALS</b></p> <p>May 1-2 Chef's Salad</p> <p>May 5-6 Vegetable Beef</p> <p>May 7-9 Chicken Noodle</p> <p>May 12-16 Chef's Salad</p>	<p>May 19-20 Cr of Broccoli</p> <p>May 21-22 Cr of Potato</p> <p>May 27-30 Chef's Salad</p> <p><b>Turkey Sandwich w/Soup</b></p>	<p><b>May</b></p>	<p>Sloppy Joe w/ Bun</p> <p>Potato Salad</p> <p>Pork &amp; Beans</p> <p>Applesauce</p>	<p>Roast Turkey</p> <p>Mashed Potatoes / Gravy</p> <p>Beets</p> <p>Pears / Roll</p>
<p>Beef Taco Salad</p> <p>Black Beans w/Cheese</p> <p>Applesauce</p> <p>Salsa, Ranch</p> <p>Applesauce</p> <p>Tortilla Chips</p>	<p>Ham &amp; White Beans</p> <p>Cabbage</p> <p>Applesauce</p> <p>Roll</p>	<p>Kalua Pork</p> <p>Hawaiian Rice</p> <p>Coleslaw</p> <p>Pineapple</p> <p>Roll</p>	<p>Chicken Salad Wrap</p> <p>Pasta Salad</p> <p>Pickle</p> <p>Peaches</p>	<p>Roasted Pork</p> <p>Loaded Mashed Potatoes</p> <p>Beets</p> <p>Mandarin Oranges</p> <p>Roll</p> <p>Cookie Bar</p>
<p>Orange Chicken</p> <p>Brown Rice</p> <p>Stir Fried Vegetables</p> <p>Tropical Fruit</p> <p>Roll</p> <p>Fortune Cookie</p>	<p>Swedish Meatballs</p> <p>Rice / Broccoli</p> <p>Orange</p> <p>Roll</p> <p>Cookie Bar</p>	<p>Fish Filet w/Tartar</p> <p>Sauce</p> <p>Potato Wedges</p> <p>Mixed Vegetables</p> <p>Orange</p> <p>Roll</p>	<p>Meatloaf</p> <p>Mashed Potatoes / Gravy</p> <p>Tossed Salad w/Dressing</p> <p>Corn</p> <p>Applesauce</p> <p>Roll</p>	<p>Teriyaki Chicken Bowl</p> <p>Rice &amp; Quinoa Mix</p> <p>Broccoli</p> <p>Fruit Cocktail</p> <p>Roll</p>
<p>BBQ Chicken</p> <p>Au Gratin Potatoes</p> <p>Green Beans</p> <p>Peaches / Roll</p>	<p>Biscuits w/Sausage</p> <p>Gravy</p> <p>Scrambled Eggs</p> <p>Tater Tots</p> <p>Cottage Cheese w/Fruit</p>	<p>Salisbury Steak</p> <p>Mashed Potatoes w/Gravy</p> <p>Mandarin Oranges</p> <p>Peas</p> <p>Roll</p>	<p>Ham &amp; Turkey Hoagie</p> <p>Provolone Cheese,</p> <p>Lettuce &amp; Tomato</p> <p>Potato Chips</p> <p>Jello w/Fruit Cocktail</p>	<p><b>LUAU</b></p> <p><b>11:00 - 1:00</b></p>
<p>Memorial Day</p> <p>HONORING ALL WHO SERVED</p>	<p>Country Fried Steak</p> <p>Mashed Potatoes / Gravy</p> <p>Mixed Vegetables</p> <p>Orange Roll</p>	<p>BBQ Pulled Pork</p> <p>Au Gratin Potatoes</p> <p>Coleslaw</p> <p>Jello Fruit Cup</p> <p>Roll</p>	<p>Lemon Pepper Chicken</p> <p>Rice &amp; Quinoa Mix</p> <p>Carrots</p> <p>Pears</p> <p>Cookie Bar</p>	<p>Hamburger w/ Bun</p> <p>Lettuce, Tomato, Pickles</p> <p>Potato Salad / Applesauce</p> <p>Pork &amp; Beans</p> <p><b>BIRTHDAY CELEBRATION</b></p>

TO REGISTER FOR  
ACTIVITIES CALL LACEY:  
385-201-2349



# ACTIVITIES CALENDAR MAY 2025



## ACTIVITIES CALENDAR

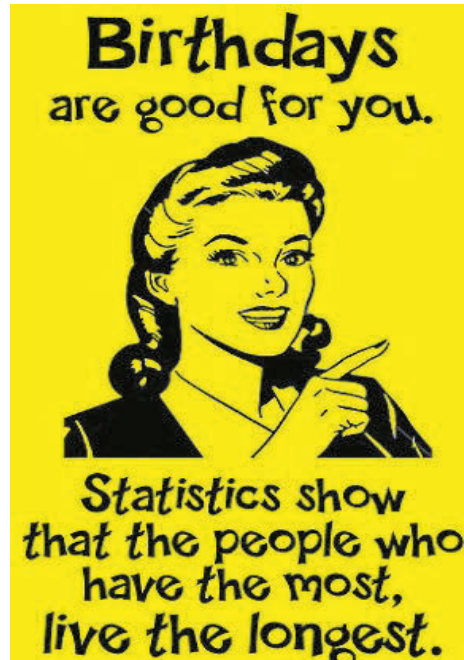
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>COMING JUNE: TUACAHN TRIP!</b>		<b>NO LINE DANCE</b> BINGO 11:30am Blood Pressure Clinic 11am Sponsored by Dignity Health
5 Tai Chi - 9:30am Adv. Watercolor 9:30am <b>Pre registering Required</b> <b>Cinco de Mayo</b> 	6 Watercolor 9:30am Crochet Club 10:15am BINGO 11:30am <b>B I N G O</b>	7 Sit and Fit 11:00am 12:30 - BUNCO BASH	8 <b>Pre registering Required</b> <b>LITTLE WOMEN AND CHICK-A-RAMA</b>	9 Line dance 10 am BINGO 11:30am <b>happy mother's day!</b>
12 Tai Chi - 9:30am Adv. Watercolor 9:30am	13 10:15 Crochet Club Watercolor 9:30am BINGO 11:30am	14  Sit and Fit 11:00am	15 	16 Line dance 10 am BINGO 11:30am <b>FINAL payment DUE for Tuacahn by 1:00pm</b>
19 Tai Chi - 9:30am Adv. Watercolor 9:30am 12:30 Monday Movie "Seven Brides for Seven Brothers"	20 Crochet Club 10:15am Watercolor 9:30am BINGO 11:30am Luuu sign up due!	21 Sit and Fit 11:00am 	22 	23 <b>(No Bingo or Line dance)</b> <b>Pre registering Required</b> Hawaiian Luau \$12 11:00 - 1:00pm 
26  Senior Center CLOSED	27 Crochet Club 10:15am BINGO 11:30am	28  Sit and Fit 11:00am	29	30 Line dance 10 am BINGO 11:30am 12:00pm Birthday Celebration 

# HAPPY BIRTHDAY

*Happy Birthday*

Andy Harris	May 4
Beverly Smith	May 8
Neva Gardner	May 8
Mary Antivilo	May 8
Max Evans	May 11
Verginia Velasquez	May 13
Bruce Carpenter	May 13
Rosario Lazarte	May 16
Brenda Grant	May 19
Reid Madsen	May 19
Vardell Reese	May 20
Karen Neal	May 21
Julianne Goss	May 21
Kalei Fong	May 24
Deann Cardon	May 24
Chris Seib	May 24
Kjersti Williams	May 25
Darcy Daw	May 26
Bonnie Robinson	May 27
Linda Gurney	May 28

If we've missed your birthday, let us know so we can update our records.



Join the Lehi Senior Center for

## LITTLE WOMEN AND CHUCK-A-RAMA

MEET AT THE CENTER AT 5:15P.M.

Included:  
Bus, dinner and show

# \$30 MAY 5 & 8

Sorry, NO REFUNDS



## ADT-Monitored Home Security

Get 24-Hour Protection  
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



SafeStreets

833-287-3502

## MEDICARE • FUNERAL EXPENSES

### RAMONA LEDEZMA

Licensed Agent #19326064 • Hablo Español



Tel. (801) 410-2425  
insureaide@gmail.com



"We do not offer every plan available in your area. Currently we represent six organizations which offer 38 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program to get information on all of your options."



UTAH - NEVADA - ARIZONA - TEXAS

Enriching Moments,  
Enriching Lives

- PERSONAL CARES •
- HYGIENE • MEAL ASSISTANCE •
- MEDICATION PROMPTING •
- HOUSEHOLD ASSISTANCE •
- COMPANIONSHIP •
- TRANSPORTATION •
- LIVE-IN • ERRANDS •
- DEMENTIA CARE •
- MUCH MORE



HOME CARE SERVICES



Your loved ones care should never wait, neither should yours.  
Call us to make the change!

385-549-4193  
www.athomehealers.com  
Ahomehealers@outlook.com



**FREE**  
AD DESIGN  
with purchase  
of this space

CALL 800-950-9952

## DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?



Engaging, ad-supported print and digital newsletters to reach your community.

Visit [lpicommunities.com](http://lpicommunities.com)

Scan to contact us!



## Utah Housing Realty

For ALL your Real Estate needs



Dawn & Bear REALTOR



775-934-7263  
info@dawnsellsutah.com  
www.dawnsellsutah.com

# SUPPORT OUR ADVERTISERS!



For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

Lehi Senior Citizens Center, Lehi, UT

D 4C 05-1178

LEHI SENIOR CENTER

# HAWAIIAN

## *Luan*

**FRIDAY, MAY 23**

**11:00AM - 1:00PM**

Bring your grass skirts, Hawaiian shirts, and Aloha spirit. We'll provide the leis!

**Hawaiian games, entertainment, and catered Hawaiian-style lunch**

**\$12** Per person

**MUST PAY AHEAD BY MAY 19**

**-no ticket sales at door**

**MUST RSVP TO 385-201-2350**

**\*LIMITED SEATING\***

*See you there!*