



Location

123 North Center Street
Lehi, UT 84043
P 385.201.1065

Hours

Monday-Thursday
9:00 am - 1:00 pm

SPRING HAS SPRUNG...

As the weather gets warmer, the Senior Center gets busier! We'd love to have you join us this month for Classes, Outings, Game Day, and more as we **SPRING** into fun!

Check out this newsletter for details on all our offerings. Can't wait to have you join the fun times ahead!

Website www.lehi-ut.gov/recreation/seniors

www.facebook.com/LehiSeniorCenter

EVENTS and FUN!

APRIL 18th
11am-1pm

GET READY FOR
Game Day!

- MINUTE TO WIN IT GAMES
- WII BOWLING
- TABLE GAMES
- AX THROWING

PLUS SO MUCH MORE!


CALL (385) 201-2350 TO RESERVE LUNCH AND STAY FOR GAMES!



HOLDMAN STUDIOS

- Meet at the The Lehi Senior Center at 2:45pm
- Tour of Holdman Studios + Glass Cutting Demonstration with Souvenirs
- Black Bear Diner (Pay on your own)

\$12 FOR BUS, TOUR, DEMONSTRATION, AND SOUVENIRS



Bunco Bash Online
Wednesday, April 9
12:30 pm at the Senior Center.

Join us for a great game of Bunco. Bunco is a fun and easy game to learn. It can be played in teams or as individuals.

Those coming are encouraged to bring their own set of 3 dice. Score cards (and dice, if needed) will be provided.

Prizes are available for participants. Please have a current Senior Center Membership to participate.

Monday Movie Mania!

Monday, April 21

12:30 pm at the Senior Center.

This month we will watch, "A Night at the Museum." A night watchman (Ben Stiller) at a museum of natural history makes a startling discovery: Thanks to the unleashing of an ancient Egyptian curse, the museum's animals, birds, bugs and other exhibits spring to life after the building closes, and former President Teddy Roosevelt (Robin Williams) is among those the hapless guard encounters.

WHAT'S HAPPENING AT THE CENTER

****Classes with a red asterisk require call-ahead registration***

Lunch * <i>Call by noon the day before to make a reservation</i>	Monday - Friday served at 12:00pm. All meals are dine in only. (MUST RESERVE)
Tai Chi Class	Mondays 9:30 a.m.
Crochet Club	Tuesdays 10:15 a.m.
* Watercolor Class	<i>Tuesday, April 1, and 8, (continued March session)</i> <i>April's session 15, 22, and 29</i> <i>4 classes per session starts at 9:30 a.m.</i> Advanced Watercolor also available. Let us know if you are interested or have questions
Sit and Fit	Wednesdays 11:00 a.m.
BINGO	Fridays 11:30 a.m. Tuesdays 11:30 a.m.
Line Dancing	Fridays 10:00 a.m.
Bunco Bash	<i>Wednesday, April 9, 12:30 p.m.</i>
Monday Movie Mania "A Night At The Museum"	<i>Monday, April 21 12:30 p.m.</i>



APRIL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>HELLO APRIL!</p> <p>Salisbury Steak</p> <p>Mashed Potatoes/Gravy</p> <p>Peas</p> <p>Mandarin Oranges</p> <p>Roll</p> 	<p>Country Fried Steak</p> <p>Mashed Potatoes/Gravy</p> <p>Mixed Vegetables</p> <p>Orange</p> <p>Roll</p> <p>APRIL FOOLS' DAY APRIL 1</p>	<p>Lemon Pepper Chicken</p> <p>White Rice</p> <p>Tossed Salad w/Dressing</p> <p>Carrots / Peas</p> <p>Cookie Bar</p>	<p>Sloppy Joes / Bun</p> <p>Potato Salad</p> <p>Pork & Beans</p> <p>Applesauce</p>	<p>Roast Turkey</p> <p>Mashed Potatoes/Gravy</p> <p>Beets</p> <p>Pears</p> <p>Roll</p> 
<p>7</p> <p>Salisbury Steak</p> <p>Mashed Potatoes/Gravy</p> <p>Peas</p> <p>Mandarin Oranges</p> <p>Roll</p> 	<p>8</p> <p>Beef Pasta Bake</p> <p>Tossed Salad w/ Dressing</p> <p>California Blend Vegetables</p> <p>Applesauce / Roll</p>	<p>9</p> <p>Teriyaki Chicken Bowl</p> <p>Rice</p> <p>Broccoli</p> <p>Fruit Cocktail</p> <p>Roll</p> 	<p>10</p> <p>Chicken Salad Wrap</p> <p>Pasta Salad</p> <p>Pickles</p> <p>Peaches</p>	<p>11</p> <p>Swedish Meatballs</p> <p>Rice</p> <p>Broccoli</p> <p>Orange</p> <p>Roll / Cookie</p> 
<p>4</p> <p>Orange Chicken</p> <p>Brown Rice</p> <p>Stir Fried Vegetables</p> <p>Tropical Fruit</p> <p>Roll & Fortune Cookie</p>	<p>15</p> <p>Roast Pork</p> <p>Loaded Mashed Potatoes</p> <p>Beets</p> <p>Mandarin Oranges / Roll</p> <p>Cookie</p>	<p>16</p> <p>Fish Filets w/ Tartar Sauce</p> <p>Potato Wedges</p> <p>Mixed Vegetables</p> <p>Orange</p> <p>Roll</p> 	<p>17</p> <p>Beef Taco Salad</p> <p>Black Beans w/Cheese</p> <p>Lettuce, Salsa, Ranch</p> <p>Applesauce</p> <p>Tortilla Chips</p>	<p>18</p> <p>Baked Ham</p> <p>Au Gratin Potatoes</p> <p>Green Beans</p> <p>Peaches</p> <p>Roll</p> 
<p>21</p> <p>Kalua Pork</p> <p>Hawaiian Rice / Vegetables</p> <p>Cole Slaw</p> <p>Pineapple</p> <p>Roll</p> 	<p>22</p> <p>Biscuits & Sausage Gravy</p> <p>Scrambled Eggs</p> <p>Tater Tots</p> <p>Cottage Cheese</p> <p>w/ Peaches</p>	<p>23</p> <p>Shepherd's Pie</p> <p>Tossed Salad w/Dressing</p> <p>Carrots</p> <p>Pears</p> <p>Brownie</p> 	<p>24</p> <p>Sub Sandwiches</p> <p>Ham, Turkey, Cheese,</p> <p>Lettuce, Tomato</p> <p>Jello w/ Fruit Cocktail</p> <p>Potato Chips</p>	<p>25</p> <p>Meatloaf</p> <p>Mashed Potatoes/Gravy</p> <p>Corn</p> <p>Applesauce</p> <p>Roll</p> 
<p>28</p> <p>Malibu Chicken</p> <p>Quinoa</p> <p>Green Beans</p> <p>Fruit Cocktail</p> <p>Roll</p> 	<p>29</p> <p>Grilled Hamburgers w/Bun</p> <p>Lettuce, Pickles</p> <p>Potato Salad</p> <p>Pork & Beans</p> <p>Applesauce</p> 	<p>30</p> <p>BBQ Pulled Pork</p> <p>Au Gratin Potatoes</p> <p>Cole Slaw</p> <p>Jello w/ Fruit</p> <p>Corn Bread</p> 	<p>ALTERNATE MEALS</p> <p>Apr 1-4 Chef's Salad</p> <p>Apr 7-8 Vegetable Beef</p> <p>Apr 9-11 Chicken Noodle</p> <p>Apr 14-18 Chef's Salad</p> <p>Apr 21-22 Chicken Noodle</p>	<p>Apr 23-25 Cr of Potato</p> <p>Apr 28-30 Chef's Salad</p> <p>Turkey Sandwich w/ Soup</p>

APRIL ACTIVITIES



TO REGISTER FOR
ACTIVITIES CALL LACEY:
385-201-2349

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Watercolor 9:30am Crochet Club 10:15am Bingo 11:30am	2 Sit & Fit 11:00am	3 hello SPRING	4 Line Dance 10:00am Bingo 11:30am Blood Pressure Clinic 11am Sponsored by Dignity Health
7 Adv. Watercolor 9:30am Tai Chi - 9:30am 	8 Watercolor 9:30am Crochet Club 10:15am Bingo 11:30am	9 Sit & Fit 11:00am  BUNCO BASH- 12:30pm	10 HOLDMAN STUDIOS TOUR AND DINNER	11 Line Dance 10:00am Bingo 11:30am 
14 Tai Chi - 9:30am Adv. Watercolor 9:30am	15 Watercolor 9:30am Crochet Club 10:15am Bingo 11:30am	16 Sit & Fit 11:00am Last Day to sign up for GAME DAY!!	17	18 NO LINE DANCE OR BINGO  11:00am - 1:00pm
21 Tai Chi - 9:30am Adv. Watercolor 9:30am 12:30pm Monday Movie  A NIGHT AT THE MUSEUM	22 Watercolor 9:30am Crochet Club 10:15am Bingo 11:30am HOLDMAN STUDIOS TOUR AND DINNER	23 Sit & Fit 11:00am	24 Lehi City Expo	25 Line Dance 10:00am Bingo 11:30am Birthday Celebration 
28 Adv. Watercolor 9:30am Tai Chi - 9:30am	29 Watercolor 9:30am Crochet Club 10:15am Bingo 11:30am	30 Sit & Fit 11:00am 	<p>COMING JUNE: TUACAHN TRIP! June 2 - 5 2025 See filer for prices & details. Payment Deadline: MAY 16</p>	

HAPPY BIRTHDAY!



April

Birthday Celebration

Friday, April 25

On the 4th Friday of the month (unless otherwise noted), we have a small birthday celebration for all those who had a birthday during the month!

Be sure to call ahead to reserve your lunch before Thursday at noon.

If we've missed your birthday, let us know so we can update our records.

Suzanne Langlois	April 1	ReNae Curtis	April 10
Craig Smith	April 2	Rita Smith	April 15
Jill Arb	April 3	Claude Maxwell	April 16
Virginia Wilson	April 3	Wanda Bunker	April 21
Laurie Patterson	April 3	Julianna Shel Drake	April 22
Carol Egg	April 4	Carol Houghton	April 25
Roger Turner	April 5	Gay Smith	April 25
Jan Kirkham	April 7	Carlos Damacion	April 26
Guillermo Antivilo	April 7	Rebecca Roberts	April 26
Dennis Hadden	April 8	Debbie Costello	April 30
Paul Houghton	April 9	Dennis Packard	April 30
Kim Powell	April 9		



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Lehi Senior Citizens Center, Lehi, UT

D 4C 05-1178

Just for Fun!

CITY SPOTS

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FIND PLACES IN THE CITY. MAY BE TWO WORDS.

ACROSS

1. BORROW, BORROW, BORROW
3. DINE, DINE, DINE
9. LEARN, LEARN, LEARN.
10. MEAT, MEAT, MEAT



DOWN

2. BREAD, CAKES AND MUFFINS
4. HEALTH, HEALTH, HEALTH
5. WALK, PLAY, JOG
6. PERISHABLES, STAPLES, PRODUCE
7. COLLARS, TOYS, FEED
8. DISPLAYS, PAINTINGS, SCULPTURES

