

May



Location

123 North Center Street
Lehi, UT 84043
P 385.201.1065

Hours

Monday - Friday
9:00 am - 1:00 pm

Website

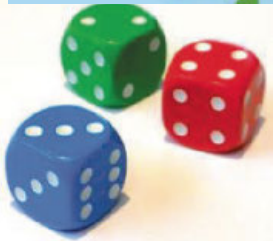
[www.lehi-ut.gov/
recreation/seniors](http://www.lehi-ut.gov/recreation/seniors)

April showers brings May flowers!

“May” is likely named for the Roman goddess Maia, who oversaw the growth of plants.

The Sun is warming, the birds are chirping, the flowers are blooming, and the garden is growing. Find out what fun days the Senior Center has to offer in May!

UPCOMING EVENTS



Bunco Bash

Wednesday, May 8

12:30 pm at the Senior Center.

Join us for a great game of Bunco. Those coming are encouraged to bring their own set of 3 dice. Score cards (and dice, if needed) will be provided. Prizes are available for participants. Please have current membership to participate.

Monday Movie Mania!

Monday, May 13

12:30 pm at the Senior Center.

This month we will watch, "The Princess Bride." A fairy tale adventure about a beautiful young woman and her one true love. He must find her after a long separation and save her. They must battle the evils of the mythical kingdom of Florin to be reunited with each other.

A Small popcorn will be provided.



CLASSES & CLUBS

***Classes with a red asterisk require call-ahead registration**

Lunch* <i>Call by noon the day before to make a reservation</i>	Monday – Friday served at 12:00pm. All meals are dine in only. (MUST RESERVE)
Tai Chi Class	Mondays 9:30 a.m.
Crochet Club	Tuesdays 10:15 a.m.
*Watercolor Class	<i>Tuesday, May 7, (Last class of April’s session) May 14, 21, June 4, and 11</i> At the Senior Center 9:30a.m. <ul style="list-style-type: none"> • Advanced Watercolor also available. Let us know if you are interested or have
Sit and Fit	Wednesdays 11:00 a.m.
BINGO	Fridays 11:30a.m. and Tuesdays 11:30a.m.
Line Dancing	Fridays 10:00a.m.
Bunco Bash	<i>Wednesday, May 8, 12:30 p.m.</i>
Monday Movie Mania “The Princess Bride”	<i>Monday, May 13 12:30 p.m.</i>

HAPPY BIRTHDAY

Happy Birthday

May Birthday Celebration

Friday, May 24



We now have live music from Noon to 1 p.m. at our Lehi Senior Center Birthday Luncheons the 4th Friday of each month. (unless otherwise noted) The music is provided by Hal Hooper, a professional singer and guitarist. He performs selections from several genres including pop, country, oldies, jazz, and standards focusing primarily on music from the 60's, 70's, and 80's So, be sure to join us on the 4th Friday of each month for a birthday treat, great music, and lunch!

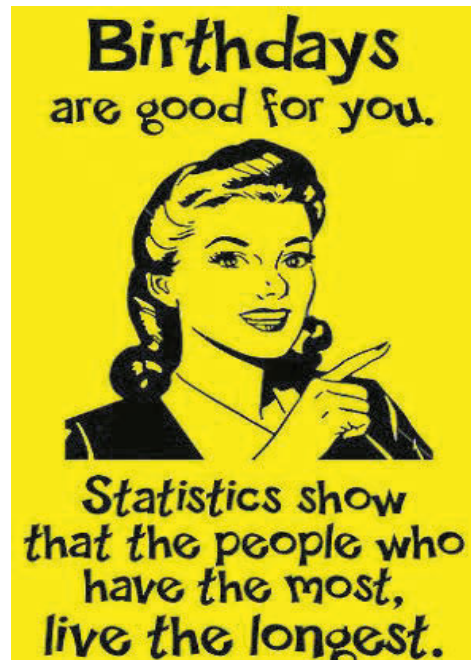
Be sure to call ahead to reserve your lunch and treat.

Beverly Smith	May 8
Bob Price	May 8
Max Evans	May 10
Virginia Velasquez	May 13
Brenda Grant	May 19
Reid Madsen	May 19
Karen Neal	May 21
Julianne Goss	May 21
Kalei Fong	May 24
Hank Rascon	May 24
Deann Cardon	May 24
Chris Seib	May 24
Darcy Daw	May 26
Linda Gurney	May 28

If we've missed your birthday, let us know so we can update our records.

Life is like riding a bicycle. To keep your balance, you must keep moving.

- Albert Einstein



SENIOR SPOTLIGHT

ANDREW SMITH

Birthday: October 1

Hobbies: Art, Movies

Favorite Movie: Star War

Born: Provo, but has lived in Lehi and Ogden.

Kids: 2 amazing girls

Favorite Food: Pizza and Spaghetti

Words of Wisdom: Empty what's full, Fill what's empty, and scratch where it itches.

Andrew has been coming to the Lehi Senior Center for about 5 years. He always has a smile on his face and a positive attitude.

We are so thankful for Andrew and his sweet mom, Beverly.



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MAY 2024

MAY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ALTERNATE MEALS</p> <p>May 1-3 Chef's Salad</p> <p>May 6-7 Vegetable Beef</p> <p>May 8-10 Chicken Noodle</p> <p>May 13-17 Chef's Salad</p> <p>May 20-21 Cr of Broccoli</p>	<p>May 22-24 Cr of Potato</p> <p>May 27-31 Chef's Salad</p> <p>TURKEY SANDWICH W/ SOUP</p>	<p>Malibu Chicken</p> <p>Au Gratin Potatoes</p> <p>Broccoli</p> <p>Fruit Cocktail</p> <p>Roll/Brownie</p>	<p>Sausage Pasta Bake</p> <p>Broccoli</p> <p>Applesauce</p> <p>Roll</p>	<p>White Beans & Ham</p> <p>Cabbage</p> <p>Applesauce</p> <p>Roll</p>
<p>Swedish Meatballs</p> <p>Steamed Rice</p> <p>Broccoli</p> <p>Orange / Roll</p> <p>Cookie Bar</p>	<p>Fish Filets w/Tartar Sauce</p> <p>Potato Wedges</p> <p>Mixed Vegetables</p> <p>Orange</p> <p>Roll</p>	<p>Kalua Pork</p> <p>Hawaiian Rice</p> <p>Black Beans</p> <p>Pineapple</p> <p>Roll</p>	<p>Grilled Hamburger / Bun</p> <p>Lettuce, Tomato, Pickle</p> <p>Potato Salad</p> <p>Pork & Beans</p> <p>Applesauce</p>	<p>Roast Turkey</p> <p>Mashed Potatoes & Gravy</p> <p>Green Beans</p> <p>Fruit Fluff</p> <p>Roll</p>
<p>Teriyaki Beef Bowl</p> <p>Brown Rice</p> <p>Broccoli</p> <p>Pineapple</p> <p>Roll</p>	<p>Roasted Pork</p> <p>Loaded Mashed Potatoes</p> <p>Beets / Mandarin Oranges</p> <p>Roll</p> <p>Cookie Bar</p>	<p>Chicken Wrap</p> <p>Italian Pasta Salad</p> <p>Pickle</p> <p>Peaches</p>	<p>Beef Taco Salad</p> <p>Black Beans, Cheese,</p> <p>Salsa, Lettuce & Ranch</p> <p>Applesauce / Chips</p>	 <p>LUAU</p>
<p>Country Fried Steak</p> <p>Mashed Potatoes/Gravy</p> <p>Mixed Veggies</p> <p>Orange</p> <p>Roll</p>	<p>BBQ Chicken</p> <p>Au Gratin Potatoes</p> <p>Green Beans</p> <p>Peaches</p> <p>Roll</p>	<p>Egg, Sausage & Cheese</p> <p>Breakfast Burrito</p> <p>Tater Tots</p> <p>Salsa</p> <p>Apple Crisp</p>	<p>Hawaiian Haystacks</p> <p>Creamed Chicken & Rice</p> <p>Peas, Pineapple, Cheese</p> <p>Chow Mein Noodles</p>	<p>Roast Beef</p> <p>Roasted Potatoes</p> <p>Mixed Vegetables</p> <p>Apple</p> <p>Roll</p>
<p>MEMORIAL DAY</p> <p>• RESERVE AND ENJOY •</p>	<p>Sweet & Sour Chicken</p> <p>White Rice</p> <p>Stir-fried Vegetables</p> <p>Apple / Fortune Cookie</p>	<p>Shepherd's Pie</p> <p>Carrots</p> <p>Tossed Salad w/Dressing</p> <p>Pears / Brownies</p>	<p>Ham & Turkey Sub</p> <p>Sandwiches</p> <p>Cheese, Lettuce, Tomato</p> <p>Chips/Mandarin Oranges</p>	<p>Salisbury Steak</p> <p>Mashed Potatoes/Gravy</p> <p>Green Beans / Roll</p> <p>Fruit Fluff/Cottage Cheese</p>










ACTIVITIES CALENDAR

TO REGISTER FOR
ACTIVITIES CALL LACEY:
385-201-2349



ACTIVITIES CALENDAR MAY 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Tai Chi - 9:30am Adv. Watercolor 9:30am 	 Watercolor 9:30am Crochet Club 10:15am BINGO 11:30am 	1 Sit and Fit 11:00am	2 	3 Line dance 10 am BINGO 11:30am Blood Pressure Clinic 11am Sponsored by Dignity Health 
6 Watercolor 9:30am Crochet Club 10:15am BINGO 11:30am 	7 Watercolor 9:30am Crochet Club 10:15am BINGO 11:30am Luau sign up due!	8 Sit and Fit 11:00am 12:30 - BUNCO BASH	9 	10 Line dance 10 am BINGO 11:30am happy mother's day!
13 Tai Chi - 9:30am Adv. Watercolor 9:30am 12:30 Monday Movie 	14 Watercolor 9:30am Crochet Club 10:15am BINGO 11:30am 	15 Sit and Fit 11:00am	16 	17 (No Bingo or Line dance) (Pre-registration required) Hawaiian Luau \$12 11:00 - 1:00pm 
20 Tai Chi - 9:30am Adv. Watercolor 9:30am	21 Watercolor 9:30am Crochet Club 10:15am BINGO 11:30am	22 Sit and Fit 11:00am 	23 	24 Line Dance - 10 am BINGO 11:30am FINAL payment DUE for Tuacahn by 1:00pm 12:30 Birthday Celebration
27  Senior Center CLOSED	28 Crochet Club 10:15am BINGO 11:30am	29 Sit and Fit 11:00am 	30	31

DON'T FORGET TO SIGN UP!



Lehi Senior Center

Hawaiian Luau

Hula on over to the Senior Center! Bring your grass skirts, Hawaiian shirts, and Aloha spirit. We'll provide the leis!

Friday, May 17

11:00am—1:00pm

Hawaiian games and catered

Hawaiian-style lunch

\$12 per person

MUST PAY AHEAD BY MAY 14

—no ticket sales at door

MUST RSVP TO 385-201-2350

LIMITED SEATING

Thanks for coming to GAME DAY!



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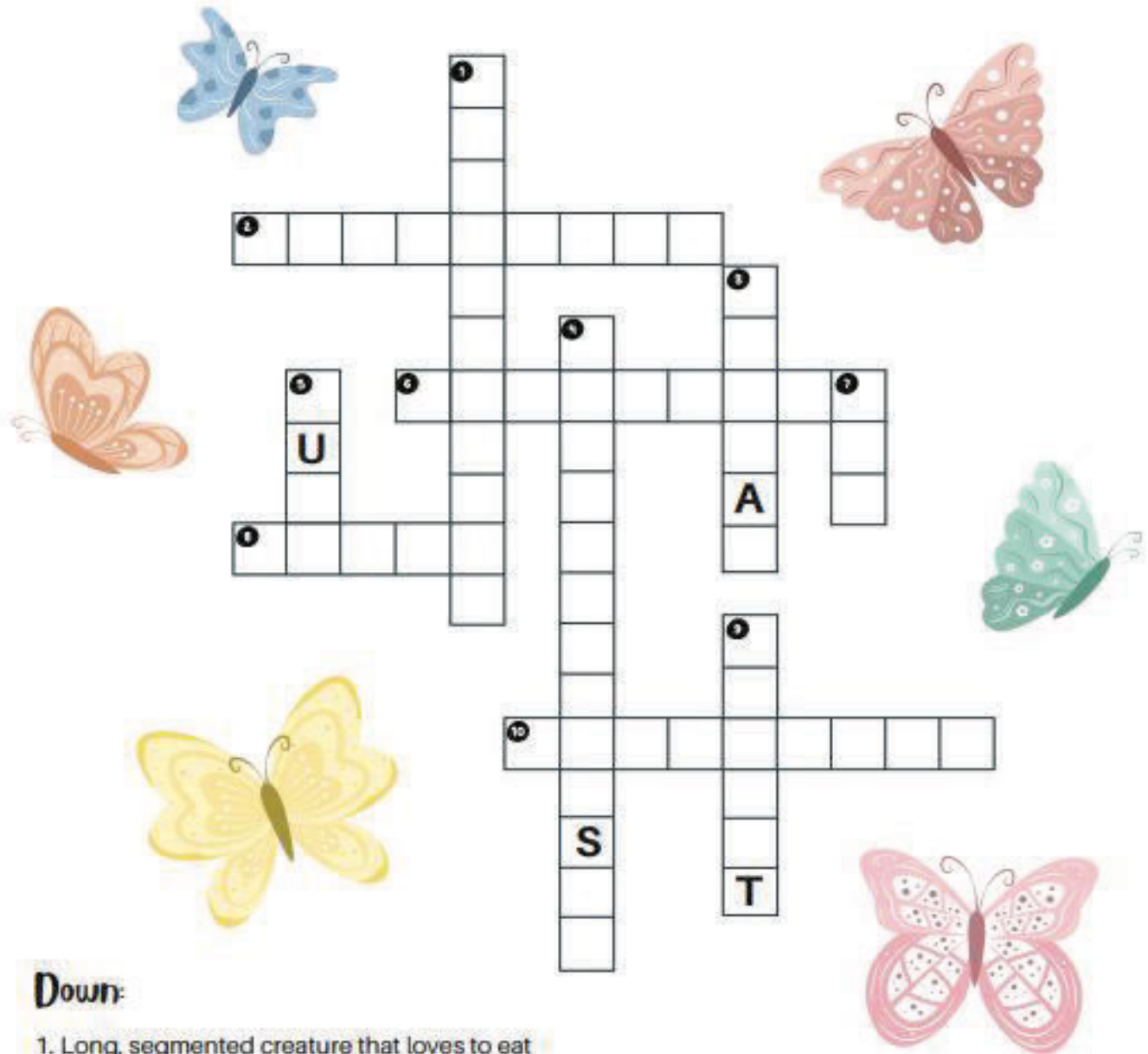


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Lehi Senior Citizens Center, Lehi, UT

B 4C 05-1178

All About This Colorful Creature



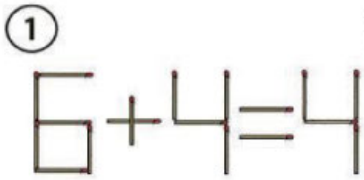
Down:

1. Long, segmented creature that loves to eat leaves.
3. Sweet liquid found in flowers.
4. Process of transformation from one stage to another.
5. Third stage of a butterfly's life where it transforms inside a protective case.
7. Beginning of life for a butterfly.
9. Has six legs and three body segments.

Across:

2. It's me... a colorful insect with delicate wings it uses to fly.
6. Journey of a butterfly from egg to adult.
8. Second stage of a butterfly's life.
10. Stage the caterpillar undergoes its metamorphosis.

Just for Fun



Move 1 match to make this sum correct

② Snug
Dam
Pans
Keep

Which word is the odd one out?

Live
Grid
Trap
Rats

7. CAN YOU SPOT
SPOT THE MISTAKE?

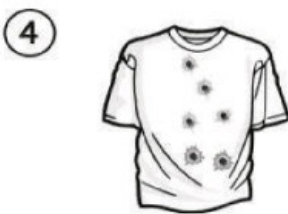


What is the mistake?

8. What starts with a P, ends with an E, and has a million letters in it?



What is the missing number?



How many holes does this t-shirt have?



Which snake is the biggest?

10. You can throw me off a tall building and it won't hurt me. If you put me in water I break. What am I?

⑤ If John's son is my son's father, who am I?

Who am I?



What is wrong with this room?

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