



RECREATION SWIM TEAM

SUMMER 2024

QUICK FACTS

WHERE Lehi Legacy Center Pool
 WHO Ages 5 to 18
 STARTS May 28
 DAYS Monday-Friday
 MEETS Saturdays to be announced
 FEES \$122 plus a team swim suit. Non-Res. \$183
 purple suit required

LEHI RECREATION SWIM TEAM

This is a recreational swim team that teaches swimmers hard work, as well as team work. The team focuses on developing beginner swimmers and introducing them to competition. Workouts are daily for an hour. Swimmers will work on technique with the four competitive strokes: freestyle, backstroke, breaststroke, and butterfly. They will learn workouts and compete in swim meets located throughout the county. The participation requirements are very strict. Swimmers should be able to swim the required strokes "legally", meaning that in a swim meet they would not be disqualified by a stroke judge for swimming incorrectly.

PARTICIPATION REQUIREMENTS

In order to participate on the Recreation Swim Team, swimmers must tryout and meet the minimum qualifications which are:

6YRS AND UNDER

- Be able to swim 25 yards of 2 strokes legally (1 stroke will be freestyle and the second stroke will be backstroke, breaststroke or butterfly)

7YRS-8YRS

- Be able to swim 25 yards of 3 strokes legally (1 stroke will be freestyle and the second and third stroke will be backstroke, breaststroke or butterfly)

9YRS-10YRS

- Be able to swim 25 yards of 4 strokes legally (freestyle backstroke, breaststroke and butterfly)

11YRS AND UP

- Be able to swim 50 yards of 4 strokes legally (freestyle backstroke, breaststroke and butterfly)

• TRYOUT INFORMATION

Tryouts will be held May 23 & 24 from 6:00 p.m. to 7:30 p.m. There is no fee for tryouts. Swimmers who make the team will receive a pass off slip that must be presented at registration. There will be a preseason camp. See back of flyer for more details. see back of flyer for more details.

REGISTRATION

Team Registration- Need a *pass off slip*.

Registration Starts: May 16

Registration Deadline: May 31

Register at the Legacy Center Registration Office.

Registration fee is non-refundable, non-transferable.

MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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LEHI LEGACY CENTER

123 North Center Street

385.201.2000

www.lehi-ut.gov/legacy-center



REGISTRATION HOURS

Monday-Friday

8 a.m. to 6 p.m.



RECREATION SWIM CAMP

MAY 2024

QUICK FACTS

WHERELehi Legacy Center Pool

WHOAges 5yrs - 18yrs

DAYSMay 13-15
May 20-22

TIME7:00 p.m. - 8:00 p.m.

FEESResident \$22
Non-Resident \$33

LEHI RECREATION SWIM CAMP

The recreation swim camp is a preseason three day event. Swimmers should already be comfortable with the strokes necessary for their age group. During this camp swimmers will spend an hour a day working on technique and preparing for try-outs. The workouts will be similar to summer swim team workouts. We offer two separate camps. Space is limited per age group so get signed up!

**Swimmers may only participant in one camp*

CLASS	DATE	TIME	REG. STARTS
Class#1	May 13-15	7:00 p.m. - 8:00 p.m.	March 11
Class #2	May 20-22	7:00 p.m. - 8:00 p.m.	March 11

REGISTRATION

Resident Registration Starts: March 11

Open Registration Starts: April 11

Registration Deadline: May 20

Space is limited and the program may fill up before the deadline date.

Register at the Legacy Center Registration Office during normal business hours or online at www.lehi-ut.gov/legacycenter

MORE INFORMATION



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