

BASKETBALL CAMP

SUMMER 2024

	WHATBasketball Camp,
S S	including 3 days of
	quality instruction
\mathbf{i}	and a t-shirt.
FA	WHERE Lehi Legacy Center or
$\overline{\mathbf{v}}$	Skyridge HS (3000 N
	Center St.)
NIC	WHOBoys
	Grades K-12 (2024-25)
Ø	WHEN Summer 2024
	TIMESee chart below

REGISTRATION

Resident Registration Starts: April 1 Open Registration Starts: May 1 Registration Deadline: Until full

Register at the Legacy Center Registration Office during normal business hours or online at <u>www.lehi-ut.gov/legacy-center</u>

MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



Like us on Facebook! <u>www.facebook.com/lehilegacycenter</u>



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BOYS SUMMER BASKETBALL CAMPS

The boys summer basketball camps are coached by the head coach of Skyridge High School Boys Basketball team, Jeff Gardner. Jeff offers a long history of playing and coaching basketball. This camp will provide participants with the basic fundamentals of basketball. Sign up today for the camps held at the Lehi Legacy Center or Skyridge High School!

JUNE 3-5 @ Skyridge HS Gym

Register online. (Hurry! This fills up fast!) Skyridge Auxillary Gyms

BOYS GRADES	TIMES	COST
Kindergarten & 1st Grade	8:00 - 10:00 a.m.	\$70
1st & 2nd Grade	10:00 a.m12:00 p.m.	\$70
1st & 2nd Grade	12:00 - 2:00 p.m.	\$70

Skyridge Main Gym

BOYS GRADES	TIMES	COST
3rd-5th Grade	8:00 - 10:00 a.m.	\$70
6th-8th Grade	10:00 a.m1:00 p.m.	\$95
9th-12th Grade	1:00 - 4:00 p.m.	\$95

JULY 15-17 @ Lehi Legacy Center

BOYS GRADES	TIMES	COST
3rd-5th Grade	9:00 a.m12:00 p.m	\$95
6th-9th Grade	1:00 - 4:00 p.m.	\$95

LEHI LEGACY CENTER 123 North Center Street 385.201.2000



REGISTRATION HOURS

Monday-Friday 8 a.m. to 6 p.m. or register online.

Summer Basketball Camps

Skills Taught During the Camps

- 1) Shooting Fundamentals
 - a) Developing proper shooting technique
 - b) How and when to shoot a layup with each hand

2) Basic Fundamentals

- a) Different types of passes
- b) One on One moves / Footwork
- c) How to set a screen
- d) System for shooting a free-throw
- e) Defensive Stance/Slides

3) Contests

- a) Speed, lighting, knock-out
- b) Free-throw contests
- c) Shooting contests
- d) Five on five basketball
- e) Partner shooting
- f) 1 on 1
- g) 2 on 2
- h) Hotshot
- i) Junction to Junction

LEHI LEGACY CENTER

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