



ADAPTIVE SWIMMING

SPRING 2024

QUICK FACTS

WHAT Adaptive Swimming
 WHERE Lehi Legacy Center, Pool
 WHO 8yrs and Older
 WHEN April 22- June 5
 DAYS Monday and Wednesday
 TIME 6:00 p.m. - 7:00 p.m.
 FEES \$44 resident discount
 \$55 non-resident
 INCLUDES Classes, practice meets and t-shirt.

ADAPTIVE SWIMMING

This program is for participants that are intellectually disabled. Participants must be able to swim across the 25 yard lap pool with limited assistance. This is a swim team. Coaches will not be in the water. Participants must have some basic swim skills. Swimmers must be registered before they can participate. If they are not registered they will not be allowed into the pool. All participants must have a medical form signed by a physician and a JFK Athletics Medical Release Form signed by a parent or guardian to participate. All forms can be found by scanning the QR Code below or on line at <https://www.lehi-ut.gov/legacy-center/adaptive-programs>

PRACTICE SWIM MEETS WILL BE HELD:

May 1
 May 15
 June 5

REGISTRATION

Registration Start Date: March 1
Registration Deadline: Until Full
 Register at the Legacy Center Registration Office during normal business hours or online at www.lehi-ut.gov/legacy-center

There is a mandatory parents meeting on **April 22** during the first 20 minutes of the practice in the MP#3 room.

MORE INFORMATION



For more information contact Michelle Holbrook at 801-376-3567.



Like us on Facebook!
www.facebook.com/lehilegacycenter



Follow us on Instagram!
[lehilegacy](https://www.instagram.com/lehilegacy)



LEHI LEGACY CENTER
 123 North Center Street
 385.201.2000
www.lehi-ut.gov/legacy-center



REGISTRATION HOURS
 Monday-Friday
 8 a.m. to 6 p.m.
 or register online.