

Registration Dates Aug-Dec 2025

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- AUG 1** -Registration begins: Basketball Camp (Lehi residents), Bunco Night, Concealed Weapons Class 1, Hunter Safety, Legacy Cheer, Legacy Dance, Love & Logic, Pickleball Tournament (Lehi residents), Evil Scientist Academy, Snapology, Youth Art Class
-Open Registration: Youth Basketball K-2nd grade
- AUG 2** -Registration begins: Babysitters Course Session 1
- AUG 7** -Weight & Cardio Room Orientation Class 6:00pm
- AUG 9** -Registration begins: Youth/Adult Swim Lessons Session 1, Homeschool Swim Lessons
-Registration begins: Adult Masters Swimming
- AUG 15** -Registration begins: Youth Basketball grades K-2
- AUG 20** -Registration begins: Youth Basketball grades K-2
- AUG 26** -Open Registration: September Gymnastics & Martial Arts
- SEPT 1** -Open Registration: Fall Wrestling (K-4th grade), Youth Basketball 3rd-8th grade, Fall Basketball Camp, Pickleball Tournament
- SEPT 4** -Weight & Cardio Room Orientation Class 6:00pm
- SEPT 6** -Registration begins: Babysitters Course Session 2
- SEPT 17** -Registration begins: Fall Wrestling (K-4th grade)
- SEPT 20** -Registration begins: CPR Session 2, Concealed Weapons Class 2, Swim Lessons Session 2
- SEPT 26** -Registration begins: Itty Bitty All Ball
-Open Registration: October Gymnastics, Cheer, Dance, Preschool, Martial Arts
- OCT 1** -Halloween Tickets on sale at registration office
-Registration begins: Men's Basketball (Lehi residents), Ski & Snowboarding, Youth Market
-Open Registration: Youth Basketball 9-12th grade

- OCT 2** -Weight & Cardio Room Orientation Class 6:00pm
- OCT 11** -Registration begins: Youth/Adult Swim Lessons Session 3
- OCT 15** -Registration begins: Youth Basketball 3-8th grade
- OCT 24** -Halloween Party 5:00-8:00pm (facility closes at 12:00pm)
- OCT 26** -Open Registration: November Gymnastics, Preschool, Martial Arts
- NOV 1** -Open Registration: Men's Basketball
- NOV 5** -Registration begins: Youth Basketball 9-12th grade
- NOV 6** -Registration begins: Women on Weights
- NOV 14** -Weight & Cardio Room Orientation Class 6:00pm
- NOV 15** -Registration begins: Itty Bitty Basketball
- NOV 26** -Registration begins: Youth/Adult Swim Lessons Session 4
- NOV 28-29** -Black Friday Membership Sale: 10% OFF Annual Passes
- DEC 1** -Registration begins: Indoor Soccer
- DEC 3** -Registration begins: Men's Basketball
- DEC 4** -Weight & Cardio Room Orientation Class 6:00pm
- DEC 26** -Open Registration: January Gymnastics, Preschool, Martial Arts



**LEHI CITY
RECREATION**

123 N. Center, Lehi, Utah 84043

Lehi Resident
Lehi UT 84043

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**LEHI CITY
RECREATION**

Fall 2025 Community Programs



LEHI LEGACY CENTER

Follow us on: [f](#) [@](#)

385.201.2000 • www.lehi-ut.gov/legacy-center

FALL SPORTS PROGRAMS*

*Members receive 10% OFF select programs

Parent must take F.A.N.S. for all youth sports programs (see below)

Men's Basketball

Who: Men 18 years & older

When: Starts January 7; Wednesday nights from 5:00-11:00pm (subject to change)

Post Season Tournament: Begins April 1

Team Registration Fee: \$855 Resident;

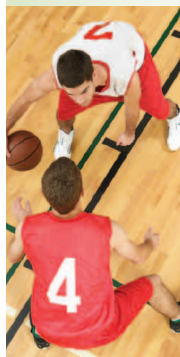
\$1285 Non-Resident

Includes: 12 games plus double elimination post-season tournament; high school certified officials

Resident Registration: October 1

Open Registration: November 1

Registration Deadline: December 3



Youth Basketball

F.A.N.S. Required*

Who: Boys & Girls K-2nd grade ('25-26 school year)

When (K-2nd): Practices/games start October 7 on weeknights and/or Saturdays (by choice)

***Fee (K-2nd):** \$53 Resident; \$72 Non-Resident

Includes: 8 games, jersey and participation award

***10% OFF MEMBER DISCOUNT**

Resident Registration: July 1

Open Registration: August 1

Registration Deadline: August 20

Register at the Legacy Center or online!

Who: Boys & Girls 3-8th grade

('25-26 school year)

When (3-6th): Practices/games start January 6 on weeknights and/or Saturdays

When (7-8th): Practices start in December; games start in January on weeknights and/or Saturdays

***Fee (3-4th):** \$53 Resident; \$72 Non-Resident

Includes: 8 games, jersey, participation award



***Fee (5-6th):** \$67 Resident; \$90 Non-Resident
Includes: 8 games & jersey

***Fee (7-8th):** \$81 Resident; \$109 Non-Resident
Includes: 8 games, jersey and post-season tournament/placement awards

***10% OFF MEMBER DISCOUNT**

Resident Registration: July 1

Open Registration: September 1

Registration Deadline: October 15

Register at the Legacy Center or online!

Who: Boys & Girls 9-10th grade

('25-26 school year)

May have 7-15 players on team

When: Games start after Thanksgiving on weeknights and/or Saturdays (ID must be shown before every game)

Team Registration Fee:

\$810 Resident; \$1095 Non-Resident

Includes: 8 games, Jr. Jazz jersey, post-season sportsmanship tournament, awards to top 2 teams (may purchase own custom jerseys)

Resident Registration: July 1

Open Registration: October 1

Registration Deadline: November 5

Register at the Legacy Center or online!

Who: Boys & Girls 11-12th grade

('25-26 school year)

May have 7-15 players on team

When: Games start after Thanksgiving on weeknights and/or Saturdays (ID must be shown before every game)

Team Registration Fee:

\$810 Resident; \$1095 Non-Resident

Includes: 8 games, post-season sportsmanship tournament, awards to top 2 teams

(all teams must purchase own custom jerseys)

Resident Registration:

July 1

Open Registration:

October 1

Registration Deadline:

November 5

Register at the Legacy Center or online!



Fall Basketball Camp

Who: 3-8th grade ('25-26 school year)

When: October 28, 29, November 4, 5, 6

Where: Skyridge High School

Time (3-5th): 6:00-8:00pm

Time (6-8th): 8:00-10:00pm

Fee: \$98

Includes: 5 camp days, 10 hours of quality basketball instruction

Resident Registration: August 1

Open Registration: September 1

Registration Deadline: October 29



Fall Doubles Pickleball Tournament

Who: 14 years & older

When: September 20

Where: Viewpoint Middle School

Team Registration Fee:

\$36 Resident; \$43 Non-Resident

Includes: Pool play games followed by single elimination bracket by rank (every team guaranteed at least 4 games)



Resident Registration: August 1

Open Registration: September 1

Registration Deadline: September 18 or until full

*F.A.N.S.

AGAINST NEGATIVE SPORTSMANSHIP

Each participant who signs up for any of our youth leagues will be required to have a parent take the online F.A.N.S. class prior to registration. Those who fail to participate in the F.A.N.S. class will not be allowed to sign up their youth for any youth leagues until they have completed it.

Please visit www.lehi-ut.gov/FANS



Wrestling

F.A.N.S. Required*

Who: K-4th grade ('25-26 school year)

When: Starts October 6; Monday nights

***Fee:** \$52 Resident;

\$70 Non-Resident

Parent Meeting: September 22

Includes: 6 practices/2 inter-squad meets, wrestling t-shirt, medal & singlet rental

***10% OFF MEMBER DISCOUNT**

Resident Registration: July 1

Open Registration: September 1

Registration Deadline: September 17



FALL EVENTS

Legacy Center Halloween Party



Put on your best costume and join us on October 24 for a hauntingly good time at our spooktacular Halloween Party! Tickets needed for all participating children; adults are free!

Who: All ages

When: October 24

Time: 5:00-8:00pm

Fee: \$5 in advance, \$6 at the door

Registration Office hours:

Monday-Friday 8:00am-6:00pm

Tickets on sale starting October 1 (in person) at the registration office

Bunco Game Night

Join us for a night of prizes, food, and fun! For ages 14 and older, no experience is needed to play. See flyer online for game play rules.

Who: 14 years & older

When: November 14

Time: 7:00-9:00pm

Fee: \$15 Resident;

\$18 Non-Resident

Registration begins August 1



FALL LEGACY PROGRAMS

Evil Scientist Academy

Register early—classes fill up quickly!

Each session, students will participate in amazing and hands-on experiments.

Who: K-6th grade

When: (Mondays)
September 22, 29,
October 6, 13, 27,
November 3

Fee: \$99 Resident;
\$134 Non-Resident

SESSION 1

Disaster Zone Science

Students explore natural disasters and dig into Earth's crazy past.

Class 1: 4:00-5:00pm

Class 2: 5:00-6:00pm

Registration begins August 1



Snapology STEAM Club

Register early—classes fill up quickly!

Class includes engineering challenges, innovative builds with LEGO® bricks, engaging robotics and coding projects. This is a "build and destroy" style class; LEGO® bricks will not be taken home.

Who: 6-12 years

When: September 8, 15, 22, 29, October 6, 13

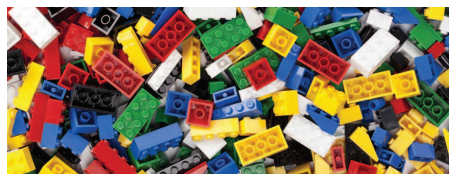
Fee: \$102 Resident; \$138 Non-Resident

SESSION 1

Class 1: 4:30-6:00pm (Ages 6-8)

Class 2: 6:15-7:45pm (Ages 9-12)

Registration begins August 1



Youth Market

Register early—spots fill up quickly!

Give your child the perfect opportunity to showcase their talents and sell their creations! Fee is for youth that register to have a booth.

Come shop at the market between 10:00am-12:00pm!

Who: 8-15 years

When: November 15

Market Time:

10:00am-12:00pm

Booth Fee:

\$20 Resident;

\$30 Non-Resident

Registration begins
October 1



Youth Art Class

Register early—classes fill up quickly!

Learn different art concepts while exploring different mediums.

Who: 8-15 years

When: September 23, 24, 25

Time: 6:00-8:00pm

Fee: \$70 Resident;

\$105 Non-Resident

Includes: Take home projects, supplies, and instruction

Registration begins August 1



Birthday Parties

Several options available. Must book at least one week in advance. \$50 deposit and party fee paid in full upon booking.

\$95 Room Only

\$110 Room & Rock Wall

\$120 Room & Swim

\$150 Room, Swim & Rock Wall



Legacy Dance

Register early—classes fill up quickly!
Monthly Program

Who: 3-14 years

When: August 25-
December 5

Classes offered at various days/times; see dance flyer online.

(No classes: Sept. 1, Oct.

16, 17, Nov. 26, 27, 28;

MP#1 Oct. 20-24;

Aerobics room Oct. 24)



Fee 40min: (Ages 3-7)

\$42 Resident; \$50 Non-Resident

Fee 50min: (Ages 8-12)

\$45 Resident; \$54 Non-Resident

One-time Enrollment Fee: \$36

Classes offered: Creative, Jazz, Ballet,
Coed Hip Hop, Combo, Broadway

Fees due by 20th of the previous month

Registration begins August 1

Legacy Cheer

Register early—classes fill up quickly!
Monthly Program

This program will improve cheer and dance skills.

Who: 3-12 years

When: August 25-December 8

Classes offered at various days/times; see cheer flyer online. (No classes September 1, October 20, 22)

Fee 40min: (Ages 3-7)

\$41 Resident; \$49 Non-Resident

Fee 50min:

(Ages 8-12)

\$45 Resident;

\$54 Non-Resident

One-time Enrollment Fee: \$25

Registration begins
August 1



Gymnastics

Register early—classes fill up quickly!
Monthly Program

We have one of the best gymnastics programs in the state with qualified, friendly instructors!

45-minute class

(1 day a week)

Fee: \$43 Resident;

\$65 Non-Resident

60-minute class

(1 day a week)

Fee: \$47 Resident;

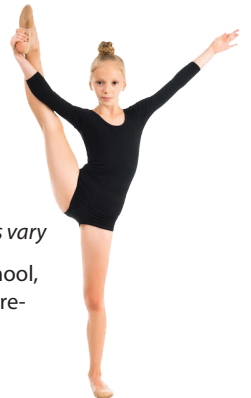
\$71 Non-Resident

Pre-Team and Team fees vary

Classes offered: Preschool,
Boys, Girls, Tumbling, Pre-
Team, and Team

Fees due by 20th of the
previous month

New student open registration begins on the
26th of each month



Martial Arts Hapkido

Taught by the Intermountain Hapkido Alliance
Monthly Program

This program will increase strength, flexibility, balance, agility, coordination and respect for self and others.

Who: 5 years & older

When: September 2-
December 18;

Tuesdays and Thursdays

(No classes October 21, 23, November 27; there WILL be class on October 16)



Class 1: (5 years & older) 4:30-5:30pm

Class 2: (5 years & older) 5:30-6:30pm

Class 3: (5 years & older) 6:30-7:30pm

Class 4: (12 years & older) 7:30-8:30pm

Fee: \$83 Resident; \$112 Non-Resident

Fees due by 20th of the previous month

New student open registration begins on the
26th of each month

Itty Bitty Ball

Register early—classes fill up quickly!

This program helps develop coordination, basic sports skills and social interaction.

Who: 3-5 years (Pre-K)

Fee: \$44 Resident; \$53 Non-Resident

10% OFF for Legacy Center Members

Includes: 6 classes, t-shirt, and treats

FOOTBALL

Monday/Wednesday/Friday

When: September 15, 17, 19, 22, 24, 26

Class 1: 9:30-10:30am

Class 2: 10:45-11:45am

Tuesday/Thursday

When: September 16, 18, 23, 25, 30, October 2

Class 1: 9:30-10:30am

Class 2: 10:45-11:45am

Registration begins June 2



ALL BALL

Monday/Wednesday/Friday

When: November 3, 5, 7, 10, 12, 14

Class 1: 9:30-10:30am

Class 2: 10:45-11:45am

Tuesday/Thursday

When: November 4, 6, 11, 13, 18, 20

Class 1: 9:30-10:30am

Class 2: 10:45-11:45am

Registration begins September 26



BASKETBALL

Registration begins November 14



Babysitters Course

Taught by Certified Instructors

Learn to be the best babysitter on the block!
(Must bring own lunch/snacks)

Who: 11 years & older

Time: 8:00am-3:00pm

Fee: \$72 Resident;

\$108 Non-Resident

SESSION 1

When: September 6

Registration begins August 2

SESSION 2

When: October 11

Registration begins September 6



Parenting with Love & Logic

Find answers and actions for those difficult moments during child raising, focusing on ages birth-6 years.

SESSION 1

When: October 22, 29, November 5, 12

Time: 6:00-7:30pm

Fee: \$42 Resident;

\$50 Non-Resident

Registration begins August 1



CPR & First Aid Course

Taught by Red Cross Certified Instructors

Who: 10 years & older

Time: 8:00am-3:00pm

Fee: \$70 Resident; \$95 Non-Resident

SESSION 1

When: September 20 (Saturday)

Registration begins June 14

SESSION 2

When: November 8 (Saturday)

Registration begins September 20



Fall Preschool

Monthly Program

Who: 3-5 years

3-DAY SESSIONS

When: Starts September 3

Mon/Wed/Fri Morning Class: 9:30-11:30am

Advanced Pre-K Class (going to kindergarten in the fall)

Mon/Wed/Fri Afternoon Class: 1:00-3:00pm

Fee: (per month) \$108 Resident;

\$146 Non-Resident; \$30 one-time material fee

2-DAY SESSIONS

When: Starts September 2

Tue/Thur Morning Class: 9:30-11:30am

Tue/Thur Afternoon Class: 1:00-3:00pm

Fee: (per month) \$87 Resident;

\$117 Non-Resident; \$30 one-time material fee

Registration begins June 1

Hunter Safety

Must purchase Hunter Education Registration Certificate at sporting goods store before registering. Register in person only; see flyer online for more details.

Who: 10 years & older (under 10 years must have parent attend)

Time: 6:00-9:00pm

Fee: \$8 Resident; \$12 Non-Resident

SESSION 1 (Wednesdays)

When: September 3, 10, 17

SESSION 2 (Thursdays)

When: September 4, 11, 18

Registration begins August 1 (Session 1 & 2)

SESSION 3 (Wednesdays)

When: November 5, 12, 19

SESSION 4 (Thursdays)

When: November 6, 13, 20

Registration begins September 6 (Session 3 & 4)



Lehi Senior Center

Who: 60 years & older

Fee: \$10 per calendar year
Call to register 385-201-2350

Hours: Monday–Friday, 9:00am-1:00pm

Web: lehi-ut.gov/recreation/seniors/
Facebook ("Lehi Senior Center")

Info: 385-201-1065

Where: 123 North Center Street, Lehi

SENIOR PROGRAMS

Tai Chi, Line Dancing, Sit and Fit, Watercolor, Advanced Watercolor, Crochet Club, Bingo, Monday Movies, and more!

EVENTS AND TRIPS

Check with staff for current information and offerings. All trips and events are tentative and subject to change.

CALENDAR

September: Timpanogos Storytelling Festival; Tuacahn (overnight)

October: Spooky Senior Shindig; Fall Foliage Tour

November: Thanksgiving Luncheon

December: Christmas Party; Christmas Lights Tour



Adult Concealed Weapons

No weapons allowed in class



Who: 18 years & older (Must bring valid driver's license)

Time: 8:00am–12:00pm

Fee: \$56 (A separate application fee will be paid to the state)

Includes: Classroom instruction, fingerprinting, and curriculum information

SESSION 1

When: September 20 (Saturday)

Registration begins August 1

SESSION 2

When: November 15 (Saturday)

Registration begins September 20

LEHI LEGACY AQUATICS CENTER

10% OFF
for
Members

Fall hours begin August 18

Public Swimming

Includes hot tub, lazy river and more!

Monday-Friday: 9:00am-8:50pm

Saturday: 9:00am-7:50pm

LAP POOL

Monday-Saturday: 8:00am-8:50pm

(up to 4 lanes, except during swim meets)

Schedules and times subject to change without prior notice. For more details call the Legacy Center 385-201-2000.

MEMBERS ONLY HOURS

Lap pool/hot tub/lazy river

Monday-Saturday: 5:00-8:00am and

9:00-11:00pm

(up to 4 lanes, except during swim meets)

Members only hours are intended for conditioning purposes only. It is not a recreational swimming time for children or adults. No water basketball.

LAP POOL CLOSURES (for swim meets)

November 1 (7am-1pm) / **November 14**

(1-7pm) / **November 22** (7am-1pm) / **November 26**

(1-7pm) / **December 13** (7am-1pm; entire Aquatic Center) / **December 17**

(1-7pm)

AEROBICS CLASSES

Leisure/lap pool

Monday-Friday: See water aerobics flyer (membership required for some classes)

POOL RENTALS

Leisure pool/hot tub/lazy river/slide/toys and half of lap pool are available for private rentals year-round.

Monday-Friday: 9:00-10:50pm

Saturday: 8:00-9:50pm

Fee: \$400 plus \$200 refundable deposit

Reservations: 385-201-2320

SPECIAL PROGRAMS

Large group swim lesson programs, special group rental rates and water aerobics geared for school groups are available from 9:00am-1:00pm Mon-Fri. For reservations call 385-201-2320.

Swim Lessons

REGISTER

www.lehi-ut.gov/legacy-center or at the Legacy Center Registration Office

Fee: (per session)

\$41 Resident; \$62 Nonresident

No classes Saturday, Sunday, holidays

YOUTH SWIM LESSONS

Who: 6 months-14 years

Time: 10:00am-12:00pm; 4:00-6:00pm

Sessions: 30-minute classes

SESSION 1

September 8-18 (M-F, M-Th)

Registration begins August 9

SESSION 2

September 30-October 10 (T-F, M-F)

Registration begins September 20

SESSION 3

November 3-13 (M-F, M-Th)

Registration begins October 11

SESSION 4

December 1-11 (M-F, M-Th)

Registration begins November 15

ADULT SWIM LESSONS

Who: 15 years & older

Time: 9:00-10:15pm

Sessions: 75-minute class

SESSION 1

September 8-18 (M/W or T/Th)

Registration begins August 9

SESSION 2

September 29-October 9 (M/W or T/Th)

Registration begins September 20

SESSION 3

November 3-13 (M/W or T/Th)

Registration begins October 11

SESSION 4

December 1-11 (M/W or T/Th)

Registration begins November 15



HOMESCHOOL SWIM LESSONS

Who: 6-14 years

Time: 9:00-10:00am

Sessions: 30-minute classes

SESSION 1

October 1, 8, 15, 22, 29, November 5, 12,

19, 26

Registration begins August 9

ADULT MASTERS SWIMMING

Master swimming is for proficient swimmers to get a workout with fellow swimmers and a coach.

MASTERS MON/WED/FRI

Time: 5:00-6:00am

Fee: (per session)

\$37 Resident; \$50 Non-Resident

SESSION 1

September 1, 3, 5, 8, 10, 12, 15, 17, 19, 22,

24, 26, 29

SESSION 2

October 1, 3, 6, 8, 10, 13, 15, 17, 20, 22, 24,

27, 29, 31

SESSION 3

November 3, 5, 7, 10, 12, 14, 17, 19, 21, 24, 26, 28

SESSION 4

December 1, 3, 5, 8, 10, 12, 15, 17, 19, 22,

24, 26, 29, 31

MASTERS TUE/THUR

Time: 10:00-11:00am

Fee: (per session)

\$25 Resident; \$34 Non-Resident

SESSION 1

September 2, 4, 9, 11, 16, 18, 23, 25, 30

SESSION 2

October 2, 7, 9, 14, 16, 21, 23, 28, 30

SESSION 3

November 4, 6, 11, 13, 18,

20, 25

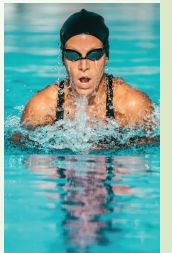
SESSION 4

December 2, 4, 9, 11, 16,

18, 23, 30

Registration begins

August 15



LEGACY CENTER MEMBERSHIPS

MEMBERSHIP BENEFITS

- Member-Only Hours
- Three Full-Size Gyms/Indoor Track
- Cardio & Weight Rooms
- Aquatics Center
- Clean Locker Rooms
- Free Aerobic Classes (land/water)
- Free WIFI during workouts
- Free Cycling
- Free Rock Climbing
- Free Weight/Cardio Equipment training (first Thursday each month 6:00pm; meet upstairs)
- 10% OFF some youth sports registration & select programs



DAILY ACTIVITY FEES

Adult Full Facility (Ages 18-59)\$6.00
Youth Full Facility (Ages 12-17)\$6.00
Child Full Facility (Ages 3-11)\$5.00
Toddler (Ages 2 and under)FREE
Senior Full Facility (Ages 60+)\$5.00
Group Fitness Classes\$4.50
Weight and Cardio\$3.50
Gym\$3.50
Track\$1.25
Climbing Wall (Includes Full Facility)	..\$8.00

Paying the daily fee does not include member-extended hours. For more information contact the Legacy Center 385-201-2000.

LEGACY CENTER HOURS

Monday-Saturday: 8:00am-9:00pm

Pass holders: Extended hours 5:00am-11:00pm

All schedules and times are subject to change without prior notice

MEMBERSHIP FEES

Pass Type	Resident MONTHLY	Resident ANNUAL	Non-Resident MONTHLY	Non-Resident ANNUAL
- Adult Individual (18-59)	\$29	\$300	\$49	\$495
- Youth Individual (12-17)	\$17	\$170	\$28	\$280
- Child Individual (3-11)	\$13	\$135	\$22	\$225
- Toddler (2 & Under)	Free	Free	Free	Free
- Senior Individual (60+)	\$17	\$170	\$28	\$280
- Adult Couple (18-59)	\$44	\$435	\$72	\$720
- Senior Couple (60+)	\$29	\$300	\$49	\$495
- Family/Group (6)	\$54	\$535	\$88	\$885
- Additional Person	\$3.50	\$35	\$6	\$57

Low enrollment and monthly fees without yearly contract requirements. Automatic withdrawal is required for *monthly only*. Enrollment fee is \$30 for an individual; \$30 for a couple; \$40 for a family. *Monthly fee requires a minimum of two months plus enrollment fee.*

10% OFF
many
programs

LEGACY FITNESS & WELLNESS

BODY FAT TESTING

To make an appointment, call 385-201-2000.

Fee: \$14 Resident; \$21 Non-Resident

PERSONAL TRAINING

Get a custom exercise plan made just for you! Training packages are available. For more information, call 385-201-2000.

Legacy Day Care

We have the greatest staff to help your kids have fun while you workout!

Who: 3 months-7 years

When: 8:00am-12:00pm (Monday-Friday); 4:00-8:00pm (Monday-Thursday)

Fee: \$2.50 per hour for first child; \$1.50 each additional child per hour
Two hours maximum; Punch cards available to purchase at front desk

Kid Fit

Kids will learn to exercise, play games and interact with other kids (*must be potty-trained and behave well with others*).

Who: 3-6 years

When: 9:30-10:30am (Monday-Friday)

Fee: \$2.50 per hour for first child; \$1.50 each additional child per hour



Weight & Cardio Room Orientation



The Legacy Center offers an instructional class on the use of our equipment.

When: August 7, September 4, October 2, November 6, December 4

Time: 6:00pm (Thursday)

Fee: Free for passholders; full facility daily admittance for non-pass holders
14-59 years: \$6 / **60 & older:** \$5

Group meets on the mezzanine area next to the weight room

Center Court

Legacy Center's Snack Bar

We have a wide variety of food including salads, sub sandwiches, hot dogs, chicken strips, frozen yogurt, smoothies and much more!

Monday-Friday: 9:00am-9:00pm

Saturday: 9:00am-7:00pm



Women on Weights

This class provides guidelines that target and improve total body strength through different principles of strength training.

When: September 2-November 20

Time: 10:30-11:30am (Tuesday & Thursday)



Fee: \$155 Resident; \$185 Non-Resident
(Price subject to change)

Registration begins July 2

Climbing Wall

Mon/Wed/Thurs:

5:00-9:00pm

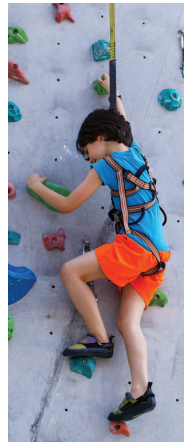
Saturday: 12:00-4:00pm

Legacy Members: Free

Non-Member: (per hour)

\$8 includes daily full facility

Rentals available outside open climb times: \$45 per hour includes 2 autobelay cables; one week notice; up to 10 kids upon availability.
Must weigh at least 40lbs; closed toe shoes only



GROUP EXERCISE

	TIME	MON	TUES	WED	THUR	FRI	SAT
MEMBERS ONLY CLASSES	5:00 AM Aero Room	PUMP MIX	SPORTS CYCLE	MUSCLE MIX	YOGA	STRONGER RX	
	5:00 AM Cycling Room		SPORTS CYCLE				
	6:00 AM Aero Room	RIPPED®	MUSCLE MIX	STRONGER RX	KICK BOX	SURGE FIT	
	6:00 AM North Gym	CARDIO FUSE	HIGH FITNESS®	HIGH POWER	BARRE	HIGH FITNESS®	
	6:00 AM MP #1		POWER YOGA	PIYO®	POWER YOGA		
	6:00 AM Cycling Room	INDOOR CYCLING	CYCLE & CORE		SPORTS CYCLING		
	7:00 AM North Gym						HIGH FITNESS®
	7:00 AM Cycling Room						INDOOR CYCLING
	7:00 AM Aero Room						MUSCLE MIX
	8:15 AM Aero Room	KICK BOX	PUMP MIX	STEP & STRENGTH	STRONGER RX	BARRE	SURGE FIT
PUBLIC FITNESS CLASSES	9:30 AM Aero Room	TRIPLE THREAT*	HIGH FITNESS®	PURE STRENGTH	HIGH FITNESS®	BODY BLAST	ZUMBA®
	9:30 AM Cardio Room			TREAD & STRENGTH*			
	9:30 AM North Gym	KID FITNESS**	KID FITNESS**	KID FITNESS**	KID FITNESS**	KID FITNESS**	
	9:30 AM Cycling Room		INDOOR CYCLING	INDOOR CYCLING	INDOOR CYCLING	INDOOR CYCLING	
	10:45 AM Aero Room	ZUMBA® GOLD	SILVER SNEAKER®	ZUMBA® GOLD	SILVER SNEAKER®	SENIOR FIT CHAIR YOGA	
	6:00 PM Aero Room	WERQ DANCE FITNESS		FUSE		* Check-in required at front desk ** Class fee: \$2.50 first child, \$1.50 each additional child -Must be 14+ for fitness classes and 16+ for cycling classes -Unless noted, fitness classes are free to members. Non-Member: \$4.50 per class. All classes are 55 minutes	
	7:00 PM Aero Room	BARRE	PURE STRENGTH	ZUMBA®	STEP IT		
	7:00 PM Cycling Room	INDOOR CYCLING	INDOOR CYCLING				
	8:00 PM Aero Room	BREATHWORK RESET	ZUMBA®	YOGA	ZUMBA®		

All are amazing workouts! Class schedules are online at www.lehi-ut.gov/legacy-center