



TEAM GYMNASTICS

Fall 2025

QUICK FACTS

WHERELegacy Center East Gym

WHENMonthly Program

FEESFees dependent on class length and days per week (see fee schedule).

REGISTRATION

For current students, a balance is created each month and must be paid online by the 20th to secure a spot for the next month. Balances not paid will be taken off your account and you will lose your guaranteed spot. There is still an opportunity to register by going into the registration office. You will be limited to classes with available space. Visit the Registration Office during normal business hours.

MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



Like us on Facebook!

www.facebook.com/lehilegacycenter



Follow us on Instagram!

[lehilegacy](https://www.instagram.com/lehilegacy)

TEAM/PRE-TEAM STARZ SCHEDULE

LEVEL	DAY	TIME
Boys Rec Team (1 day)	Monday	3:45-5:45 p.m.
Girls Rec Team (1 day) or (2 day)	Tuesday and/ or Thursday	5:15-6:45 p.m.
Mini Twinklerz B	Tuesday and Thursday	10:15-11:15 a.m.
Mini Twinklerz A	Tuesday and Thursday	11:30-12:45 p.m.
Twinklerz	Tuesday and Thursday	5:30-6:45 p.m.
Sparklerz	Tuesday and Thursday	4:15-5:30 p.m.
Hot Shotz	Tuesday and Thursday	3:45-5:15 p.m.
All Starz	Tuesday and Thursday	3:45-5:15 p.m.
Team - Bronze	Monday and Wednesday	5:15-6:45 p.m.
Team - Silver	Monday and Wednesday	3:45-6:45 p.m.
Team - Gold/ Platinum	Monday, Wednesday and Friday	3:45-6:45 p.m.

MONTHLY FEE SCHEDULE

CLASS	HOURS	RESIDENT FEE	NON
Girls Rec Team (1 Day)	1.5	\$60	\$72
Mini Twinklerz B, Boys Rec Team (1 Day)	2	\$71	\$85
Twinklerz, Sparklerz, Mini Twinklerz A	2.5	\$88	\$106
Hot Shotz, All Starz, Bronze, Girls rec Team (2 Day)	3	\$103	\$124
Silver	6	\$153	\$184
Gold/ Platinum	9	\$205	\$246

NO CLASS DATES: August 11-16 (facility cleaning week); September 1, 2025 (Labor Day); October 23 & 24, 2025 (Halloween Party); October 31, 2025 (Halloween); November 26-29, 2025 (Thanksgiving Break); December 22-Jan 3 (Christmas Break); Class resumes Jan 6, 2026 - *Other dates may be announced*

LEHI LEGACY CENTER

123 North Center Street

385.201.2000

www.lehi-ut.gov/legacy-center



REGISTRATION HOURS

Monday-Friday

8 a.m. to 6 p.m.

or register online.

Pre-Team and Team Information

STARZ Pre-Team

Pre-Team gymnasts learn skills and routines at a quicker pace. The pre-team environment is designed to push the gymnasts to prepare them for our Excel gymnastics team experience. Our mission is to teach our athletes to build gymnastics skill confidence, personal goal setting, and pushing themselves to work and improve. Placement on Pre-team is through coach recommendation or the annual Pre-Team try-outs held in April.

Boys and Girls Recreation Team

Recreation Team focuses on more advanced fundamentals with an emphasis on form and technique. Gymnasts will also complete flexibility, strengthening, and conditioning required to complete the skills safely. Class placement is determined through coach evaluations and recommendations.

Recreation Team class is designed for higher level gymnasts to continue to participate in the sport regardless of their desire to participate on the competitive gymnastics team.

Placement in Rec team classes requires coach recommendation

Girls Team Xcel Program

Lehi Legacy Gymnastics participates in the Xcel gymnastics program through USAG. Our Xcel gymnastics team offers athletes the opportunity of competing with less time commitment required compared to other programs. Our team program mission is to highlight the individuality and unique skills each gymnast. We teach our athletes to build gymnastics skill confidence, personal goal setting, and pushing themselves to work and improve.

We compete the following Xcel Levels, Bronze, Silver, Gold and Platinum as needed.

Placement on Team is through coach recommendation or the annual Team try-outs held in April.

LEHI LEGACY CENTER
123 North Center Street
385.201.2000
www.lehi-ut.gov/legacy-center



REGISTRATION HOURS
Monday-Friday
8 a.m. to 6 p.m.
or register online.