



# MEMBER APPRECIATION POOL BOAT RACE DAY + BREATHWORK CLASS 2025

## QUICK FACTS

WHERE .....Lehi Legacy Center  
WHO ..... Legacy Members  
WHEN ..... Friday, May 16  
TIME ..... 4:00 p.m. - 6:00 p.m.  
FEE..... Free; activities are for Legacy members only. Members must have badge. Check in at the front desk for a pool wristband

### FRIDAY, MAY 16

## BOAT RACES

Members come join us from 4:00 p.m.- 6:00 p.m. for a fun-filled boat-building adventure! Create your own mini boat, decorate it and set sail with your very own racing duck. But first don't forget to draw a life vest on your duck, because safety comes first. Once your boat is ready, compete in exciting heats for a chance to win prizes!



## REGISTRATION

No registration is required. These activities are for Legacy Center members only. *Members, please present and scan your membership card for all weekly activities.*

## MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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[www.facebook.com/lehilegacycenter](http://www.facebook.com/lehilegacycenter)



Follow us on Instagram!  
[lehilegacy](https://www.instagram.com/lehilegacy)

## BREATHWORK 7:00-8:00 P.M.

This class will help release tension, anxiety, stress, and restore balance to your mind and body with breathwork, meditation, and sound therapy. Please bring a yoga mat, blanket, and eye mask to class. Class will be held in multipurpose rooms #1 & 2.

## BRING A FRIEND TO WORKOUT ALL WEEK FOR FREE

(excludes kid fit and breathwork class)

If your friend signs up for a membership this week, you get a free month added to your membership.

**10% OFF ANNUAL PASS SALE THIS WEEK ONLY**

**Follow the Legacy Center's Facebook page and Instagram for more information!**

LEHI LEGACY CENTER  
123 North Center Street  
385.201.2000  
[www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center)



REGISTRATION HOURS  
Monday-Friday  
8 a.m. to 6 p.m.  
or register online.