

# MERRY CHRISTMAS



## Location

123 North Center Street  
Lehi, UT 84043  
P 385.201.1065

## Hours

Monday - Friday  
9:00 am - 1:00 pm

## HAPPY HOLIDAYS!

'Tis the Season of Love, Giving, Christmas Carols, Snow, Hot Cocoa, and fun times with family and friends.

During this chilly month, the best way to spread Christmas Cheer is singing loud for all to hear. We love you! MERRY CHRISTMAS!

## Website

[www.lehi-ut.gov/recreation/seniors](http://www.lehi-ut.gov/recreation/seniors)

[www.facebook.com/LehiSeniorCenter](https://www.facebook.com/LehiSeniorCenter)

DECEMBER 2023

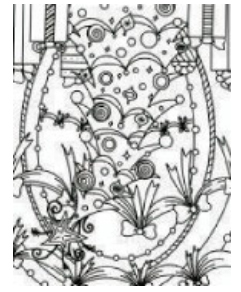
## WEEKLY CLASSES & CLUBS

**\*Classes with a red asterisk require call-ahead registration**

Lunch* <i>Call by noon the day before to make a reservation</i>	Monday – Friday (must reserve) Served at Noon.
Tai Chi Class	Mondays 9:30 a.m.
Watercolor Class*	<i>Tuesday, December 5, (Nov. session) December's session 12th and 19th 9:30 a.m.</i>  Advanced Watercolor also available. Let us know if you are interested or have questions.
Crochet Club	Tuesdays 10:15 a.m.
Line Dancing	Fridays 10:00 a.m. <i>December 1, 15, and 22</i>
BINGO	Tuesdays 11:30a.m. Friday 11:30 a.m. December 1, 15, and 22
Bunco Bash	<i>Wednesday, December 13, 12:30 p.m.</i>
Monday Movie Mania	<i>Monday, December 18 12:30 p.m. "A Christmas Story"</i>
Sit and Fit	Wednesdays at 11:00am.

## COLORING CONTEST

**SHOW OFF YOUR SKILLS BY ENTERING  
OUR COLORING CONTEST! PICK UP AT  
THE SENIOR CENTER.  
IF YOU HAVE QUESTIONS CALL LACEY AT  
385-201-2349**



### Bunco Bash

Wednesday,

December 13

12:30 pm at the Senior Center

Join us for a great game of Bunco.

Bunco is a fun and easy game to learn. It can be played in teams or as individuals.

Those coming are encouraged to bring their own set of 3 dice. Score cards (and dice, if needed) will be provided.

Prizes are available for participants. Please have a current Senior Center Membership to participate.

All skill levels are welcome!

### Monday Movie Mania!

Monday,

December 18

12:30 pm at the Senior Center

This month, we will watch, "A Christmas Story. This delightfully funny holiday gem tells the story of Ralphie Parker (Peter Billingsly) a 1940's nine-year-old who pulls out all the stops to obtain the ultimate Christmas present.

A small popcorn or treat will be provided during the movie.

Enjoy the show!





# HAPPY BIRTHDAY

## December Birthday Celebration

Friday, December 22

On the 4th Friday of the month (unless otherwise noted), we have a small birthday celebration for all those who had a birthday during the month!

We will sing to celebrate during lunch.

If we've missed your birthday let us know so we can update our records. Have a great month!



Happy  
Birthday

Susan Bankhead	December 1
Charlene Rowley	December 1
Brenda Grimsley	December 3
Cristina Rascon	December 5
Naomi Delp	December 6
Syd Young	December 8
Sam Howlett	December 9
Pat Bowser	December 12
Debra Calkins	December 13
Jan Hudec	December 15
John Chatterton	December 16
Janet Williamson	December 17
Kathryn Gazaway	December 26
Blaine Thomas	December 27
Sandy Halverson	December 29



Q: What does Santa use to measure?

A: Santimeters!



Q: Where do snowmen go dancing?

A: A snowball!



Q: What does the gingerbread man put on his bed?

A: Cookie sheets!



Q: What do you get if you cross an apple with a Christmas Tree?

A: A pineapple!



Q: Where does a snowman keep his money?

A: In a snowbank!



Q: What do road crews use at the North Pole?

A: Snow cones!



Q: What happens if you eat Christmas decorations?

A: You get tinselitus!



Q: What do you call Santa when he stops moving?

A: Santa Pause

## UPCOMING EVENTS

### Lunch Events:

### Christmas and Noon Day Carnival and Luncheon

Friday, December 8 *Must sign up by Wednesday, December 5*



- 11:00 am–1:00 pm Christmas Luncheon (\$3 lunch donation suggested) We'd love to get into the Holiday spirit with you and celebrate at our annual Christmas party and lunch. We know this will be an event you won't want to miss. We will also have a nice lunch, games, raffle, and a ugly sweater contest.
- Friday, December 29 *Must sign up by Monday, December 27*



11am–1:00pm Noon Years Carnival (\$3 lunch donation suggested)

Come join us for carnival games and a yummy meal. Let's celebrate the new year in style.

[www.lehi-ut.gov/recreation/seniors/](http://www.lehi-ut.gov/recreation/seniors/) | 5

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# DECEMBER MENU

JAN - SENIOR CENTER 385-201-1065

## DECEMBER 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ALTERNATE MEALS</b>				
Dec 1 Chef's Salad Dec 4-5 Cr of Potato Dec 6-8 Chicken Noodle Dec 11-15 Chef's Salad Dec 18-19 Vegetable Beef	Dec 20-22 Cr of Broccoli Dec 27-29 Chef's Salad	<b>MEALS MUST BE CALLED IN BY NOON THE DAY BEFORE. IF RESERVING FOR MONDAY, ORDERS MUST BE CALLED IN BY FRIDAY AT NOON!</b>		1 Beef Stroganoff w/ Rice Carrots Tossed Salad / Dressing Apple Crisp
4 Swedish Meatballs Steamed Rice Carrots Orange Roll 	5 Biscuit & Sausage Gravy Scrambled Eggs Tater Tots Cottage Cheese Peaches 	6 Roast Beef Potatoes & Gravy Mixed Veggies Apple Crisp Roll 	7 Three Bean Beef Chili Corn & Carrots Fruit Cocktail Corn Bread 	8 Roast Turkey Potatoes & Gravy/Carrots Mandarin Oranges / Roll Cherry Cobbler <b>CHRISTMAS LUNCH</b> 
11 Salisbury Steak Mashed Potatoes/Gravy Mixed Vegetables Mandarin Oranges Roll 	12 Chicken Wrap Italian Pasta Salad Pickle Pears 	13 Meatloaf Mashed Potatoes / Gravy Broccoli Jello Roll 	14 Teriyaki Chicken Bowl Brown Rice Broccoli Pineapple Roll 	15 Honey Baked Ham Scalloped Potatoes Beets / Corn Bread Jello w/ Fruit 
18 Malibu Chicken Au Gratin Potatoes Mixed Vegetables Mandarin Oranges Roll 	19 Beef Taco Salad Black Beans w/ Cheese Tossed Salad w/ Dressing Salsa, Ranch, Cheese Applesauce	20 Hawaiian Haystacks Creamed Chicken over Rice Peas, Pineapple, Cheese, Chow Mein Noodles 	21 Kalua Pork Hawaiian Rice Corn Pineapple Roll 	22 Beef & Vegetable Stew Tossed Salad w/ Dressing Corn Bread Apple Crisp 
25 	26 	27 Country Fried Steak Mashed Potatoes/Gravy Mixed Veggies Peaches Roll 	28 Sloppy Joe / Bun Mustard Potato Salad Pork & Beans Orange 	29 Fish Filets w/ Tartar Sauce Potato Wedges Mixed Vegetables Fruit Cocktail Roll 



















# ACTIVITIES CALENDAR

TO REGISTER FOR  
ACTIVITIES CALL : LACEY  
385-201-2349



## ACTIVITIES CALENDAR DECEMBER 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 ADV. Watercolor-9:30am Tai Chi -9:30am 4	 Watercolor Class- 9:30am Crochet Club - 10:15am Bingo 11:30am Christmas Sign Up Due! 5	 Sit and Fit 11:00am 6	 Line Dance - 10am Bingo 11:30am 11-12 Blood Pressure Clinic sponsored by Dignity Health 8	
 ADV. Watercolor-9:30am Tai Chi -9:30am Last chance to sign up for Christmas Lights Excursion 11	 Watercolor Class- 9:30am Crochet Club - 10:15am Bingo 11:30am Christmas Lights Excursion 4-8pm 12	 Sit and Fit 11:00am 12:30PM BUNCO BASH 13	 CHRISTMAS PARTY & LUNCH 11am- 1pm 15	
 ADV. Watercolor-9:30am Tai Chi -9:30am 18	 Watercolor Class- 9:30am Crochet Club - 10:15am Bingo 11:30am 19	 Sit and Fit 11:00am 20	 Birthday Celebration NO LINE DANCE Bingo 11:30am BINGO 22	
 ADV. Watercolor-9:30am Tai Chi -9:30am 12:30 Monday Movie Mania! "A Christmas Story" 25	 Watercolor Class- 9:30am Crochet Club - 10:15am Bingo 11:30am 26	 Sit and Fit 11:00am 27	 28	
 25	 26	 27	 28	
SENIOR CENTER CLOSED	SENIOR CENTER CLOSED	CARNIVAL SIGN UP DUE		

**Don't forget to sign up!**

Join The Lehi Senior Center

# **CHRISTMAS LIGHT EXCURSION**

**DATE:**

**December 12th  
4:00 pm – 8:00pm**

**\$5 per person (does NOT  
include dinner)**

**WE WILL DRIVE TO FEAST BUFFET  
FOR DINNER. AFTERWARDS, WE WILL  
DRIVE THE BUS TO SEE THE  
SPECTACULAR LIGHTS**

**To secure a spot, payment is  
due when signing up.**



**SIGN UP NOW!**



**THE LEHI SENIOR CENTER**

**CHRISTMAS PARTY**

friday, december 8th  
11:00am - 1:00pm

- Festive Sweater Contest
- Christmas Raffle
- Fun Games Through Out
- Delicious Lunch

**RSVP BY DECEMBER 5, 2023**  
**CALL 385-201-1065**



Come one, come all  
"Noon" years  
**CARNIVAL**  
Dec. 29  
11am-1pm

Come one come all as we count down to  
12... NOON!  
We'll have games, prizes, and  
Information about the upcoming year.  
**Welcome 2024**  
Please sign up by 12/27/2023 to reserve your spot

[www.lehi-ut.gov/recreation/seniors/](http://www.lehi-ut.gov/recreation/seniors/) | 9

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D C Z L F J S R V N U L B Z B  
C E L E B R A T E W M J E Y F  
Q F D C W G N R E I N D E E R  
P F Z E H J T G C O O K I E S  
G R A N C R A I R I W B I H C  
O M E M N O I U K S F V A Z A  
R I I S I N R S N D O H J D N  
N M M S E L E A T E C Q B W D  
A G Z D T N Y C T M J C P R Y  
M I I I U L T T W I A B T E C  
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N I E N A Q Q T F T P N J T N  
T N G E P Q I C O P Y Z S H E  
D G A R J W D E Q E Y P E B S

Decorations  
Celebrate  
Lights  
Giving

Candy Canes  
Ornament  
Presents  
Dinner

Christmas  
Reindeer  
Family  
Wreath

Mistletoe  
Cookies  
Elves  
Santa





## THANK YOU!

We had so much fun at our  
Annual Thanksgiving Luncheon.  
A Special Thanks to everyone  
who could attend.

### SENIOR CENTER CLOSED FOR THE HOILDAYS

The Senior Center will closed  
and NOT be serving lunches  
on December 25th, 26th and  
January 1



[www.lehi-ut.gov/recreation/seniors/](http://www.lehi-ut.gov/recreation/seniors/) | 11

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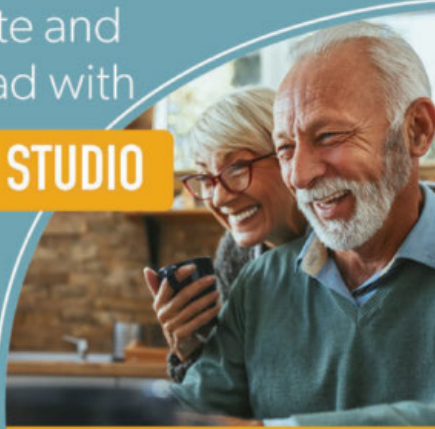
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