

JAN - SENIOR CENTER 385-201-1065

MAY 2023

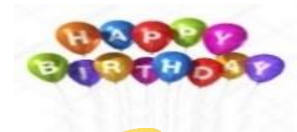


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Teriyaki Beef Bowl Brown Rice Broccoli Mandarin Oranges Roll / Cookie 	2 Cheesy Sausage Pasta Tossed Salad w/Dressing Green Beans Roll Fruit Crisp 	3 Roasted Pork Au Gratin Potatoes Green Beans Applesauce Roll 	4 Chicken Wrap Italian Pasta Salad Pickle Peaches 	5 Taco Salad w/Beef Black Beans w/Cheese Tossed Salad w/Dressing Salsa/Ranch Tropical Fruit 
8 Swedish Meatballs / Rice Carrots Mixed Fruit Roll 	9 Hawaiian Haystacks Creamed Chicken w/ Rice Peas, Pineapple, Cheese, Chow Mein Noodles	10 Sloppy Joe w/ Bun Pork & Beans Mixed Vegetables Peaches 	11 Shepherd's Pie Peas Pears Roll / Brownie 	12 Roast Turkey Mashed Potatoes/Gravy Carrots / Roll Mandarin Oranges 
15 Sweet & Sour Chicken Rice Stir Fry Vegetables Apple Fortune Cookie 	16 Beef Stroganoff w/Rice Tossed Salad w/Dressing Carrots Mandarin Oranges Cookie Bar 	17 Ham & Turkey Hoagie Provolone Cheese, Lettuce, Tomato Potato Chips Jello w/ Fruit 	18 Kalua Pork Hawaiian Rice Peas Pineapple Roll 	19 LUAU 
22 Country Fried Steak Mashed Potatoes / Gravy Mixed Vegetables Applesauce Roll 	23 Chicken Pot Pie / Biscuit Cottage Cheese w/ Fruit Tossed Salad w/Dressing Brownie 	24 BBQ Pulled Pork Au Gratin Potatoes Broccoli Applesauce Roll 	25 Meatloaf Mashed Potatoes / Gravy Corn Orange Roll 	26 Roast Beef Roasted Potatoes Peas Peaches Roll  BIRTHDAY CELEBRATION
29  Memorial Day	30 Malibu Chicken Scalloped Potatoes Corn Mandarin Oranges Roll 	31 BBQ Chicken Au Gratin Potatoes Green Beans Orange Corn Bread 	ALTERNATE MEALS May 1-5 Chef's Salad May 8-9 Vegetable Beef May 10-12 Chicken Noodle May 15-19 Chef's Salad May 22-23 Cr of Broccoli May 24-26 Cr of Potato May 30-31 Chef's Salad TURKEY SANDWICH W/ SOUP	



Honey Baked Ham
Scalloped Potatoes
Beets / Corn Bread
Tropical Fruit
Roll





Hello weekend



