

LEHI LEDGER

March 2023



LEHI CITY

Lehi, the Community That Cares

WRITTEN BY MAYOR MARK JOHNSON



Our youth are a vital part of our community. We love watching them excel and grow into productive young adults. Unfortunately, children are faced with an increasing amount of pressure and temptation that can lead them down rough paths. As a city, we are making an extensive effort to give our kids and parents tools to help them succeed in life. In 2022, our Police Department created the community coalition, Lehi Cares, to focus on preventative methods for our youth.

They have selected the Communities That Care (CTC) framework to guide the coalition in identifying proven solutions that meet the specific needs of Lehi's youth. To help move the mission of the coalition, the department hired Chelsea Macdonald as the coordinator.

Chelsea shares her personal account below of the importance of the Lehi Cares Coalition.

I was born in Utah but grew up in the small town of Gettysburg, Pennsylvania. When I was 13, however, my family moved to Reno, Nevada, which was a major culture shock. Three years later, we moved to Maryland. Experiencing that level of mobility, combined with several other risk factors for depression and several missing protective factors against depression, led me to develop mental health problems in my teen years. My parents were like most people—they didn't know about risk and protective factors. They didn't know about prevention science and what they could do to support me as I struggled during that time. Fortunately, 20 years later, we know a lot more about these things, and cities like Lehi are taking on the charge to help everyone in our community better support our youth.

City Information

INFORMATION CENTER: 385.201.1000
LEGACY CENTER: 385.201.2000
POLICE: 385.201.1005
FIRE: 385.201.1081
LIBRARY: 385.201.1050
POWER: 385.201.1040
STREETS: 385.201.1900
UTILITIES: 385.201.1000
WATER: 385.201.1900
LITERACY CENTER: 385.201.1060
SENIOR CENTER: 385.201.1065

2023 ACTIVITIES

- Conduct an assessment of problem behaviors and community resources in Lehi
- Design a 3- to 5-year Community Action Plan and Evaluation Plan
- Educate the community about the coalition's work
- Involve youth in the coalition's activities
- Coalition members meet 1-2 times per month and participate in a workgroup that aligns with their interests

FOUNDING MEMBER ORIENTATION:

March 20, 2023 at 5:30pm

As the coordinator for the newly organized Lehi Cares Coalition, I have the privilege of organizing a community board that will act as a force that can not only help prevent problems like depression in youth but also things like substance abuse, delinquency, teen pregnancy, and school dropout. The framework that will guide the coalition's work has a long history of research behind it, so we know the actions that the coalition takes over the coming years will have a real impact. I hope to see eventual outcomes similar to other cities that utilize this framework and have produced results like a 25% decrease in the likelihood of youth engaging in crime.

It's been thrilling already to see 50 community leaders from across a dozen different sectors in Lehi pledge to support this coalition as it moves forward. The exciting part now is inviting members of the community to join us in the trenches as we assess the needs that are specific to Lehi's youth so that we can then begin enacting prevention efforts in our city. The founding members of the community board will have a unique opportunity to be a driving force in laying the foundation for how youth risk factors will be addressed in Lehi for years to come. And the beautiful thing is, we don't require a specific background or set of skills. If you live in Lehi and have a heart to make a difference for our youth, we want your help. But no matter your level of involvement, Lehi Cares looks forward to working with you as a coalition member or serving you as a community member, because when our youth are better off, we're all better off.

The Lehi Cares Coalition is inviting local citizens and community leaders to get involved in the coalition. To learn more visit www.lehi-ut.gov/departments/police/lehi-cares-coalition/.

Library News

We would like to give huge THANK YOU to all of our sponsors for this year's Library Gala.

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|---|---------------------------|
| D.R. Horton, Inc | AltaBank |
| Civil Science, Inc | Hadco Construction, LLC |
| Lehi Round-Up Rodeo | The Meadows/Woodbury Corp |
| Lehi City | Central Bank |
| Geneva Rock Products, Inc | |
| Highland Hideaway Storage, LLC | |
| Lehi Vision Care | |
| LEI, Consulting Engineer & Surveyors, Inc | |

It was a great evening. Thank you to Steve Soelberg and all who attended!

Spring Puppet Shows will be February 28 - March 2 with five sessions each day. This is a free event. Registration opens on Monday, February 27 at 10 a.m. on our website. Must register to attend.

Check our website and follow us on Facebook and Instagram for the most up to date information on library programs.

Library Hours: Monday-Thursday 9:00 a.m. -8 p.m.
and Friday-Saturday 10 a.m.-4 p.m.

Closed the last Saturday of each month

Come in and browse or use our curbside pick-up!

For more information, please visit our website

www.lehi-ut.gov/library

Literacy Center

Our Winter/Spring ABC session began in January and will run through May 10 & 11, 2023. Our next ABC Session will be fall of 2023. Classes are 2 hours twice a week, Mon/Wed OR Tues/Thurs from 9:30 a.m. to 11:30 a.m. Eligible students for our Fall Session must be 4 years old as of September 1, 2023. Students may only attend one session of our ABC program.

Open registration for new students for our Spring After-School Session will be March 1 & 2 from 1:30 p.m. to 5:30 p.m. at the Literacy Center. Bring any students you are interested in registering for a short placement assessment and we can see what days & times we have available for classes. Our After-School program offers Reading classes for Lehi students K through 4th grade and Math classes for Lehi students 1st through 4th grade. Classes are 45 min twice a week, Mon/Wed OR Tues/Thurs 3 p.m. Our Spring After-School Reading & Math session begins March 15 and runs through May 18.

Dates To Remember:

March 1 & 2 Spring After-School Open Registration

March 13 & 14 ASD Prof Dev – No Classes

March 15 & 16 Winter After-School Session Last Days

For updates and information visit:

www.lehi-ut.gov/recreation/literacy/

www.facebook.com/LehiLiteracyCenter

Energy Saving Tips

How can I off set my bill?

- Raise thermostat in summer by 5 degrees.
- Adjusting thermostat temperature a few degrees can lower your monthly bill.
- Unplug “vampire” appliances (i.e., cable boxes, toasters, coffee makers, etc.)
- Newer appliances are more efficient.
- Change air filter regularly.
- Proper insulation and updated windows may also help reduce costs.

For year-round energy and water assistance, visit

<https://mountainland.org/home/>



Senior Center

News & Updates:

Check out the Lehi Senior Center webpage online www.lehi-ut.gov/recreation/seniors/ or visit our Facebook page @LehiSeniorCenter to see details about meals, events, and our newsletter.

Weekly Classes:

Monday: Tai Chi 9:30 a.m.
Monday: Adv. Watercolor
Tuesday: Beginning Watercolor
Tuesday: Crochet Cub 10:15 a.m.
Tuesday: Bingo 11:30 a.m.
Wednesday: Winning Wednesday Drawing
Friday: Line Dance 10 a.m.
Friday: Bingo 11:30 a.m.

Special Events and Activities:

March 3 - Blood Pressure Clinic sponsored by Dignity Heath Starts at 11 a.m.

March 8– BUNCO Bash. A fun, easy game with dice. At the Senior Center. Starts at 12:30 p.m.

March 17 - St. Patrick's Shenanigans with lunch
Must sign up by Monday, March 14.

March 21– Monday Movie Mania. Senior Center Starting at 12:30 p.m.

March 24- Birthday Celebration

March Trip TBA

Daily Lunches (Monday-Friday):

Inside meals now available with required reservations. Call 385-201-1065 and leave a message. A \$3 donation per meal is encouraged. Lunch served at noon.

Lehi City March Events

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| 3/7 | City Council Meeting 7 p.m. @ City Hall |
| 3/9 | Planning Commission 7 p.m. @ City Hall |
| 3/14 | City Council Meeting 7 p.m. @ City Hall |
| 3/23 | Planning Commission 7 p.m. @ City Hall |
| 3/28 | City Council Meeting 7 p.m. @ City Hall |

Easter Egg Hunts

Lehi City's Annual Easter Egg Hunt

The year's hunt is scheduled on Saturday, April 1 at 11 a.m. at Sports Park (2000 West 700 South)

The Easter Egg Hunt will have designated areas by age group for infant-3, 4-6, 7-9, 10-12, and an area for children with special needs. Each area will contain a special egg. The child who finds the special egg will receive a prize.



Teen Flashlight Easter Egg Hunt

Bring your flashlights for Lehi's Teen Flashlight Easter Egg Hunt for cash and candy filled eggs at Sports Park (2000 West 700 South) on Friday, March 31 at 9 p.m. Teens ages 13-18 need to be in place ready to go at 9 p.m. sharp. Don't be late or you'll miss all the fun!

Make sure to bundle up to stay warm and bring your flashlights and Easter baskets!

RECREATION NEWS

We have lots of exciting activities happening!
Don't miss out!

Spring Sports Information:

Boys Baseball – 3rd-8th Grade – Season Starts April 19
Girls Softball – 3rd-12th Grade – Season Starts April 24
Spring Soccer – K-9th Grade – Season Starts April 15
Track & Field – Ages 6-14 – Season Starts April 17
T-Ball – Kindergarten – Season Starts May 20
Coach Pitch – 1st Grade – Season Starts May 20
Machine Pitch – 2nd Grade – Season Starts May 20

Summer Camps (Registration Starting April 1):

Tennis Lessons – 2 Week Sessions starting in May
Kids Sports Camp – 2 week sessions starting in June
Summer Basketball Camp – 2 Camps

- June 5-7 at Skyridge High School and
- July 17-19 at the Lehi Legacy Center

Golf – Thursdays in June
Volleyball Camp - (Registration Opens May 1) – July 25-28

Programs Registering NOW!

Babysitters Course, Cheer, Dance, Evil Science Class, First Aid & CPR, Gymnastics, Itty Bitty Baseball, Martial Arts, Preschool, Safety on Wheels Bike Fair, and Swimming Lessons

Sports Registering NOW!

Track & Field, Spring Wrestling, T-Ball, Coach Pitch, Machine Pitch, and Tennis League.



Follow the Legacy Center on Facebook at
www.facebook.com/lehilegacycenter or at
www.lehi-ut-gov/legacy-center/.



PARC Grant

The Cultural Organization Grant application opened Monday, February 13 at 9:00am and closes Friday, April 14 at 11:59pm.

The grant is funded by the the Parks, Arts, Recreation, and Culture (PARC) tax. Visit <https://www.lehi-ut.gov/cultural-org-grants/> to see if your organization, or facility qualifies for the grant.

Need help with the application? The PARC Advisory Committee is hosting an application workshop Thursday, March 16th at 7pm. Visit the 'Grant' page to RSVP. Location of the workshop will be sent after you reserve your spot.