

Location

123 North Center Street Lehi, UT 84043

P 385.201.1065

Hours

Monday - Friday 9:00 am - 1:00 pm

HAPPY HOLIDAYS!

Tis the Season of Love, Giving, Christmas Carols, Snow, Hot Cocoa, and fun times with family and friends.

During this chilly month, the best way to spread Christmas Cheer is singing loud for all to here. We love you! MERRY CHRISTMAS!

Website www.lehi-ut.gov/recreation/seniors

www.facebook.com/LehiSeniorCenter

WEEKLY CLASSES & CLUBS

*Classes with a red asterisk require call-ahead registration

Lunch * Call by noon the day before	Monday - Friday (must reserve)			
to make a reservation	Served at Noon.			
Tai Chi Class	Mondays 9:30 a.m.			
Watercolor Class*	Tuesday, December 6, 13, 20, and January 10. (4 sessions per class) 9:30 a.m.			
	Advanced Watercolor also available. Let us know if you are interested or have questions.			
Crochet Club	Tuesdays 10:15 a.m.			
Line Dancing	Fridays 10:00 a.m. December 2, and 16			
BINGO	Tuesdays 11:30a.m. Friday 11:30 a.m. December 2, and 16			
Bunco Bash	Wednesday, December 14, 12:30 p.m.			
Monday Movie Mania	Monday, December 12, 12:30 p.m. "The Christmas Choir"			
Winning Wednesdays	Sign up, come to lunch Wednesdays, and be entered to win a treat or pizza.			

LEHI SENIOR CENTER



Senior Spotlight — Annette Young

Birthday: October 22 Born: Delta, but lives in Lehi

• Favorite Food: Salmon



Hobbies: Loves to read



• Words of Wisdom: Be kind to everyone. You never know what someone else is going through.

Sweet Annette has 6 children; 2 girls and 4 boys. Annette is very lucky they all live in Utah. She has been Married to Syd for 67 years. We are so thankful for Annette. You always have a friend when she is here. WE LOVE YOU!



12:30 pm at the Senior Center

Join us for a great game of Bunco.

Bunco is a fun and easy game to learn. It can be played in teams or as individuals.

Those coming are encouraged to bring their own set of 3 dice. Score cards (and dice, if needed) will be provided.

Prizes are available for participants.
Please have a current Senior Center
Membership to participate.

All skill levels are welcome!

Monday Movie Mania! Monday,



December 12

12:30 pm at the Senior Center

This month, we will watch, "The Christmas Choir." A workaholic accountant is inspired to start a choir at a homeless shelter, allowing him to find a purpose to his life and discover the power of music, while providing the choir members with a chance at a new, better life.

A small popcorn or treat will be provided during the movie.

HAPPY BIRTHDAY

November and December Birthday Celebration

Friday, December 2 and 16

Please note the date change for this month due to holiday scheduling.

Sponsored by Mission at Alpine Valley Care Center and Rehabilitation



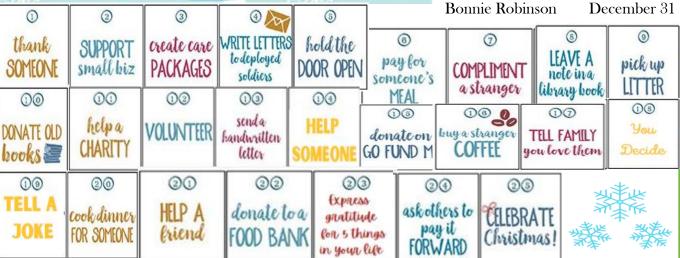
On the 4th Friday of the month (unless otherwise noted), we have a small birthday celebration for all those who had a birthday during the month!

We will sing to celebrate during lunch.

If we've missed your birthday, let us know so we can update our records. Have a great month!



Susan Bankhead December 1 Charlene Rowley December 1 Donna Sindorf December 1 Kerry Everly December 2 December 3 Wendy McClellan December 5 Cristina Rascon Jeffrey Horkman December 8 Syd Young December 9 Louis Rawlings December 11 December 13 Pat Bowser Michael Helmantoler December 14 Lloyd Gurney December 14 Jan Hudec December 16 Linda Laird December 16 December 23 Lyn Twinning Janet Williamson December 26 December 27 Kathryn Gazaway Blaine Thomas December 27 Evah Bullock December 28 Suzanna Ray December 28 December 29 Gisela Myers December 29 Danny McClellan December 29 Karla Nielsen Lynette Wright December 29



UPCOMING EVENTS

Lunch Events:

Christmas and Noon Day Carnival and Luncheon

Friday, December 9 Must sign up by Wednesday, December 8

11:00 am—1:00 pm Christmas Luncheon (\$3 lunch donation suggested)

We'd love to get into the Holiday spirit with you and celebrate at our annual Christmas party and lunch. We know this will be an event you won't want to miss. We will also have a nice lunch, games, raffle, and a ugly sweater contest.

Friday, December 30 Must sign up by Monday, December 27

11am—1:00pm Noon Years Carnival (\$3 lunch donation suggested)

Come join us for carnival games and a yummy meal. Let's celebrate the new year in style.

www.lehi-ut.gov/recreation/seniors/ | 5

DECEMBER MENU

JAN - SENIOR CENTER 385-201-1065

		DECEMBER MEN	J
26 Wern Earlisting		Swedish Meatballs Rice Carrots Applesauce Roll Roll Country Fried Steak Mashed Potatoes/Gravy Mixed Vegetables Roll Apple	MONDAY Alternat Dec 1 - 2 Chef's Salad Dec 5 - 6 Cr. of Potato Dec 7 - 9 Chicken Noodle Dec 12 - 16 Chef's Salad Dec 19 - 20 Vegetable Beef
Salisbury Steak Mashed Potatoes/Gravy Mixed Vegetable: Fruit Fluff Salad Roll	Chicken Salad Wrap Italian Pasta Salad Pickles Pears	Chicken Pot Pie Resh Biscuit Fresh Biscuit Tossed Salad w/ Dressing Mandarin Oranges Cookie Tariyaki Chicken Bowl Brown Rice Broccoli / Roll Fruit Cocktail Chocolate Brownie	Alternate Meals Dec 21 - 23 Cr. of Broccoli to Dec 27 - 30 Chef's Salad odle llad Beef
Santa Fe Shredded Turkey on Brown Rice Black Beans Corn Orange / Roll	Chicken Parmesan w/ Sauce & Spaghetti Green Beans Roll Apple Crisp	BBQ Pulled Pork Loaded Mashed Potatoes Com / Roll Apple 14 Cheesy Sausage Pasta Green Bean: Applesauce Garlic Roll	WEDNESDAY WEDNESDAY
Rigatoni Pasta w/Sauce Green Beans Roll Apple Brownie	Shephers's Pie Carrots Pears Brownie	Chicken Salad Wrap Italian Pasta Salad Pickles Pears Pears 1 Sloppy Joe w/Bun Potato Wedges Pork & Beans Apple	THURSDAY 1 Meatloaf Mashed Potatoes / Gravy Corn Orange Roll
Kalua Pork Hawaiian Rice Black Beans Pineapple Roll		Roast Turkey Mashed Potatoes/Gravy Carrots Fruit Cocktail Roll / Pecan Pie Sweet & Sour Chicken Steamed White Rice Stir Fry Vegetables Fruit Cocktail Roll	FRIDAY 2 Three Bean Chili Tossed Salad / Dressing Corn Bread Fruit Crisp CHRISTMAS LUNCH 9

ACTIVITIES CALENDAR

ACTIVITIES CALLINDAN							
26 SENIOR CENTER CLOSED	ADV. Watercolor-9:30am Tai Chi -9:30 am	Choir"	ADV. Watercolor-9:30am	ADV. Watercolor-9:30am Tai Chi -9:30 am Last chance to sign up for Christmas Lights Excursion	NOTE: Our <i>Novemb</i> will be on Decem Birthday Celebrati	MONDAY	TO REGISTER FOR ACTIVITIES CALL: LACEY 385-201-2349
27 Crochet Club - 10:15am Bingo 11:30am	Watercolor Class- 9:30am Crochet Club - 10:15am Bingo 11:30am	Bingo 11:30am	13 Watercolor Class- 9:30am Crochet Club - 10:15am	Watercolor Class- 9:30am Crochet Club - 10:15am Bingo 11:30am Christmas Lights Excursion 4-8pm	NOTE: Our <i>November</i> Birthday Celebration will be on December 2rd. Our December Birthday Celebration will be on December 16th.	TUESDAY	OCHRESTMAS IN
WINNING WEDNESDAYS CARNIVAL SIGN UP DUE	WINNING WEDNESDAYS	12:30 -BUNCO BASH	3 WINNING WEDNESDAYS	6 WINNING WEDNESDAYS CHRISTMAS LUNCH SIGN UP DUE	MERRY BEIGHT	WEDNESDAY	ACTIVITIES CALENDAR DECEMBER 2022
29	22 A A A A A A A A A A A A A A A A A A	ST CO	15		-	THURSDAY	R
NOON YEARS CARNIVAL 11 am- 1pm	SENIOR CENTER CLOSED	11:30 am Bingo	16 Birthday Celebration Line Dance - 10 am	CHRISTMAS PARTY & LUNCH 11 am-1pm	Birthday Celebration Line Dance - 10 am 11:30 am Bingo 11-12 Blood Pressure Clinic sponsored by Dignity Health	FRIDAY	

JUST FOR FUN!

diday Tunes

Away in a Manger Choir of the Bells Dominick the Donkey Frosty the Snowman Holly Jolly Christmas Jingle Bell Rock Jingle Bells Let it Snow Little Drummer Boy Little St Nick O Holy Night Rudolph Santa Baby Silent Nigh Silver Bells The Christmas Song The First Noel Winter Wonderland

S G Z A 0 В R E M U R D E L Т L M K 0 R G D U J 0 S E C Z D W T Z E D B Y R T G C K S T H C E Т N Н 0 Y G R 0 D D D S X E 0 X R Т B N W N Т 0 J P X W T E C M В E U U B T S S S S H A Y A A N 0 N G B X R W F N 0 Z Т K L N X C S O U 0 G F B M 0 0 N K C Y Z E U Y S G R 0 M V J D K U W 0 H K Т K B M E Q 0 A 0 I Y N Q S E G U 0 T Ε B G J G C Z S Ε R E V E Н N B E 0 D E H T C N 1 S 0 D S E B E H T F R C 0 0 X B

CHRISTMAS TRIVIA 1. Name Santa's Reindeer. 2. What magic article of clothing brings Frosty the Snowman to life? The Grinch tried to take Christmas away from the residents of what town? 3. 4. Ralphie (in A Christmas Story) only wants one thing for Christmas. What is it? 5. What is the name of the main character in Elf? 6. Name the three ghosts that come to visit Scrooge. 7. Who is most known for singing Blue Christmas? On the 11th day of Christmas, my true love sent to me 8 9. How many times does Santa check his Naughty & Nice list? 10. In the song, I Saw Mommy Kissing Santa Claus, where were Mommy & Santa?

SIGN UP NOW!





www.lehi-ut.gov/recreation/seniors/ | 9

JUST FOR FUN

CHRISTMAS TRIVIA ANSWERS

- Dasher, Dancer, Prancer, Vixen, Comet, Cupid, Donner, Blitzen, Rudolph 1.
- 2. His hat
- Whoville 3.
- 4. A Red Ryder BB Gun
- 5. Buddy
- Ghost of Christmas Past, Ghost of Christmas Present, Ghost of Christmas Yet 6. to Come
- 7. Elvis Presley
- **Eleven Pipers Piping** 8.
- 9. Twice
- 10. Underneath the mistletoe



What's a snowman's favorite food?

Chili!



Why is it so cold at Christmas?

Because it's in Decembrrrrr.



How does Santa take photos?

With a Pole-aroid camera, of course.



Where would you find a snowman dancing? At a snowball!





How did Scrooge win the football game?

The ghost of Christmas passed.



What did one Christmas tree say to another? Lighten up!



Knock, knock! Who's there? Alaska.

Alaska who? Alaska again. hat do you want for Christmas?



What kind of motorbike does Santa ride?

A Holly Davidson!

THANK YOU!

We had so much fun at our **Annual Thanksgiving** Luncheon. A Special Thanks to

SENIOR CENTER CLOSED FOR THE HOILDAYS

The Senior Center will NOT be serving lunches on

• December 23rd, 26th and January 2

Please enjoy your holiday.

