JAN - SENIOR CENTER 385-201-1065

NOVEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEALS MUST BE CALLED INTO THE CENTER BY NOON THE DAY BEFORE TO RESERVE A MEAL 385-201-1065	1 Swedish Meatballs Rice Carrots Applesauce Roll	2 Cheesy Pasta Bake Green Beans Garlic Roll Fruit Crisp	3 Honey Baked Ham Scalloped Potatoes Beets Fruit Roll Brownie	4 Salisbury Steak Mashed Potatoes/Gravy Mixed Vegetables Pears Roll
7 Creamed Chicken / Rice California Vegetables Pineapple Roll	8 Chicken Salad Wrap Italian Pasta Salad Pickles Pears	9 Ham & White Beans Cabbage Corn Bread Applesauce	10 Garlic Beef Roasted Baby Potatoes Peas Mixed Fruit Fluff Roll	11 Veterans Day
14 Country Fried Steak Mashed Potatoes/Gravy Mixed Vegetables Peaches Roll	15 Shepherd's Pie Carrots Pears Brownie	16 Teriyaki Chicken Bowl Steamed Rice Broccoli Apple Roll	17 BBQ Pulled Pork Sandwich Steamed Rice Corn Pineapple	18 Turkey / Stuffing Mashed Potatoes/Gravy Carrots / Pumpkin Pie Mandarin Oranges/Roll Stuffing
21 Sweet & Sour Chicken Steamed White Rice Stir Fry Vegetables Jello w/Fruit Fortune Cookie	22 Meatloaf Mashed Potatoes / Gravy Corn Orange Roll	23 Chicken Salad Wrap Italian Pasta Salad Pickles Pears	24 Happy Thanksgiving	25
28 Malibu Chicken Au Gratin Potatoes Mixed Vegetables Mandarin Oranges Roll	29 Kalua Pork Hawaiian Rice Beans / Pineapple Rolls	30 Chicken Pot Pie w/ Biscuit Tossed Salad w/ Dressing Mandarin Oranges/Cookie	**ALTERNATE MEALS** **Nov 1-4 Chef's Salad** **Nov 7-8 Vegetable Beef** **Nov 9-10 Cr of Potato** **Nov 14-18 Chef's Salad** **Nov 21-22 Chicken Noodle**	**Nov 23 Cr of Broccoli** **Nov 28-30 Chef's Salad**