























DECEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Alternate Meals				
Dec 1 - 3 Chef's Salad Dec 6 - 7 Cr. of Potato Dec 8 - 10 Vegetable Beef Dec 13 - 17 Chef's Salad Dec 20 - 21 Chicken Noodle	Dec 22 - 24 Cr. of Broccoli Dec 27 - 31 Chef's Salad 	Meatloaf Mashed Potatoes / Gravy Corn Orange Roll 	1 2 Three Bean Chili Tossed Salad / Dressing Corn Bread Fruit Crisp 	3 Garlic Beef Mashed Potatoes/Gravy Peas Applesauce Roll 
6 Swedish Meatballs Rice Carrots Pears Roll 	7 Corn Chowder Green Beans Applesauce Roll 	8 Chicken Pot Pie Fresh Biscuit Tossed Salad w/ Dressing Oatmeal Raisin Cookie 	9 Sweet & Sour Chicken Steamed White Rice Stir Fry Vegetables Fruit Cocktail Roll 	10 CHRISTMAS LUNCH Roast Turkey Mashed Potatoes/Gravy Carrots Mandarin Oranges Roll / Pumpkin Cookie 
13 Country Fried Steak Mashed Potatoes/Gravy Mixed Vegetables Cottage Cheese & Fruit Roll	14 Teriyaki Chicken Bowl Brown Rice Broccoli / Roll Orange Chocolate Brownie 	15 Cheesy Beef Pasta Peas Applesauce Garlic Roll 	16 Beef & Vegetable Stew Tossed Salad / Dressing Corn Bread Apple Cookie 	17 Honey Baked Ham Scalloped Potatoes Beets Pineapple Roll 
20 Malibu Chicken Au Gratin Potatoes Green Beans Mandarin Oranges Roll 	21 Chicken Salad Wrap Italian Pasta Salad Pickles Pears 	22 Salisbury Steak Mashed Potatoes/Gravy Mixed Vegetables Jello w/ Fruit Roll 	23 	24 
CHRISTMAS HOLIDAYS				
27 Chicken Parmesan w/ Sauce & Spaghetti Green Beans Roll Apple Crisp 	28 Creamed Chicken / Rice California Vegetables Pineapple Roll 	29 Santa Fe Shredded Turkey on Brown Rice Black Beans Corn Orange / Roll 	30 Roast Pork Roasted Baby Potatoes Carrots Jello w/ Fruit Roll 	31 