

# ADULT MASTERS-T SWIMMING

**WINTER 2023** 

**UICK FACTS** 

WHERE .....Lehi Legacy Center
Pool

WHO ......Ages 16 yrs and up
WHEN ......Tuesday/Thursday

mornings

TIME......10:00 a.m.-11:00 a.m.

FEES .....Resident \$24

Non-Resident \$28

#### REGISTRATION

Register at the Legacy Center Registration Office during normal business hours or online at <a href="https://www.lehi-ut.gov/legacy-center">www.lehi-ut.gov/legacy-center</a>. Registration fee is non-refundable, non-transferable.

## MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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## **ADULT MASTERS SWIM TEAM**

This Masters swimming is an organized adult swim workout for those 16 yrs and older who have the basic knowledge of swimming.

## **PARTICIPATION REQUIREMENTS**

In order to participate on the Adult Masters Swim team, swimmers must:

- Be proficient in the freestyle and able to swim 300 yards continuously.
- Must be evaluated by coach.

SESSION	DATES	REGISTRATION START
Session 1	Feb. 2, 7, 9, 14, 16, 21, 23, 28	January 19
Session 2	March 2, 7, 9, 14, 16, 21, 23, 28, 30	January 19
Session 3	April 4, 6, 11, 13, 18, 20, 25, 27	January 19
Session 4	May 2, 4, 9, 11, 16, 18, 23, 25, 30	January 19

## **EQUIPMENT REQUIREMENTS**

- Fins
- · Pull Buoy
- Paddles
- Center mount snorkel (optional but highly recommended)

\*For more information and for evaluation, please contact Diane Peterson dipeterson@lehi-ut.gov

> 10% off Registration with a Legacy Center

LEHI LEGACY CENTER
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385.201.2000
www.lehi-ut.gov/legacy-cente

