



LIFEGUARD TRAINING

JUNE 2023

QUICK FACTS

WHERELehi Legacy Center
 WHOAnyone 15yrs or Older
 WHENSee chart
 TIMEtimes vary
 FEES\$205 (Mask included, \$10 non-refundable fee for pre-test)

RED CROSS LIFEGUARD TRAINING

with administering emergency oxygen course

Do you want to become a lifeguard? Come take our course here at the Legacy Center. This training is certified through the American Red Cross.

* THIS IS A BLENDED LEARNING COURSE

CLASS	DATES	TIMES	REG. STARTS
Class #1	June 5	10:00 a.m.-3:00 p.m. LLC	May 6
	June 6, 7	9:00 a.m.-3:00 p.m. LLC	
	June 8, 9	7:00 a.m.-2:00 p.m. ODP	

REGISTRATION

Register at the Legacy Center Registration Office during normal business hours or online at www.lehi-ut.gov/legacy-center.

Fee includes CPR mask \$10 non-refundable for pre-test.

PARTICIPATION REQUIREMENTS

In order to participate in the Lifeguard Training Program you must:

- Must be at least 15 years old by the last day of class.
- Must pass the pretest on the first day of class. The pretest is a 300 yard swim (100 yards freestyle/front crawl, 100 yards breaststroke, 100 yards freestyle or breaststroke), 25 yard swim to deep end to retrieve a 10 lb. brick and swim back to shallow end, and tread water adequately for 2 minutes. Lifeguarding, First Aid, CPR, AED and Administering Emergency Oxygen Certifications included in the class.
- This is a Blended Learning Course so some work is done on-line before the first class.

MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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[lehilegacy](https://www.instagram.com/lehilegacy)

* ADDITIONAL INFORMATION

If you need additional information please contact 385-201-2320. This blended learning course includes an on-line portion and an instructor-led classroom skills session. The on-line portion must be completed before attending the in-class portion. Most learners complete the on-line portion in approximately (7 hours).

LEHI LEGACY CENTER

123 North Center Street
385.201.2000

www.lehi-ut.gov/legacy-center



REGISTRATION HOURS

Monday-Friday
8 a.m. to 6 p.m.
or register online.