



LIFEGUARD TRAINING

JUNE 2022

QUICK FACTS

WHERELehi Legacy Center
 WHOAnyone 15yrs or Older
 WHENSee chart
 TIMEtimes vary
 FEES\$200 (Mask included, \$10 non-refundable fee for pre-test)

RED CROSS LIFEGUARD TRAINING

with administering emergency oxygen course

Do you want to take the lifeguard class for **FREE**? Apply to be a lifeguard and work for Lehi this summer and the cost will be covered. This training is certified through the American Red Cross.

* THIS IS A BLENDED LEARNING COURSE

DATES	TIMES	REG. STARTS
June 13th-16th	9:00 a.m. - 3:00 p.m. L.L.C.	May 28th
June 17th	7:00 a.m. - 11:00 a.m. O.D.P.	
June 18th	9:00 a.m - 12:00 p.m. L.L.C.	

REGISTRATION

Register at the Legacy Center Registration Office during normal business hours or online at www.lehi-ut.gov/legacy-center

Fee includes CPR mask \$10 non-refundable for pre-test.

PARTICIPATION REQUIREMENTS

In order to participate in the Lifeguard Training Program you must:

- Must be at least 15 years old by the last day of class.
- Must pass the pretest on the first day of class. The pretest is a 300 yard swim (100 yards freestyle/front crawl, 100 yards breaststroke, 100 yards freestyle or breaststroke), 25 yard swim to deep end to retrieve a 10 lb. brick and swim back to shallow end, and tread water adequately for 2 minutes. Lifeguarding, First Aid, CPR, AED and Administering Emergency Oxygen Certifications included in the class.
- This is a Blended Learning Course so some work is done on-line before the first class.

MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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* ADDITIONAL INFORMATION

If you need additional information please contact 385-201-2320. This blended learning course includes an on-line portion and an instructor-led classroom skills session. The on-line portion must be completed before attending the in-class portion. Most learners complete the on-line portion in approximately (7 hours).

LEHI LEGACY CENTER

123 North Center Street

385.201.2000

www.lehi-ut.gov/legacy-center



REGISTRATION HOURS

Monday-Friday

8 a.m. to 6 p.m.

or register online.