

OCTOBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Alternate Meals</b></p> <p>Oct 1 Cr. Potato Soup                      Oct 4 - 8 Chef's Salad                      Oct 11 - 12 Chicken Noodle                      Oct 13 - 15 Cr. Of Broccoli                      Oct 18 - 22 Chef's Salad</p>	<p>Oct 25 - 26 Chicken Noodle                      Oct 27 - 29 Cr. Potato</p> 	<p><b>MEALS MUST BE CALLED INTO THE CENTER BY NOON THE DAY BEFORE TO RESERVE A MEAL 385-201-1065 MEALS SUBJECT TO CHANGE</b></p>		<p>1                      Roast Turkey                      Mashed Potatoes/Gravy                      Carrots                      Mandarin Oranges                      Roll</p> 
<p>4                      Swedish Meatballs                      Steamed Rice                      Carrots                      Orange                      Roll</p> 	<p>5                      Broiled Bratwurst w/ Bun                      Sauerkraut                      Hot Potato Salad                      Jackie's Cake</p>	<p>6                      Creamed Chicken / Rice                      California Blend Vegetables                      Cottage Cheese w/ Fruit                      Roll</p> 	<p>7                      Malibu Chicken                      Au Gratin Potatoes                      Mixed Vegetables                      Mandarin Oranges                      Roll</p>	<p>8                      Kalua Pork                      Hawaiian Rice                      Corn                      Pineapple                      Roll</p> 
<p>11  </p>	<p>12                      Teriyaki Chicken Bowl                      Brown Rice                      Broccoli                      Roll                      Apple</p>	<p>13                      Chicken Salad Wrap                      Italian Pasta Salad                      Pickle                      Pears</p> 	<p>14                      Shepherd's Pie                      Corn                      Roll                      Apple Crisp</p>	<p>15                      Country Fried Steak                      Mashed Potatoes / Gravy                      Mixed Vegetables                      Peaches                      Roll</p> 
<p>18                      Honey Baked Ham                      Scalloped Potatoes                      Beets                      Tropical Fruit                      Corn Bread</p> 	<p>19                      Chicken Pot Pie w/ Biscuit                      Tossed Salad w/ Dressing                      Jackie's Cake</p>	<p>20                      Meatloaf                      Mashed Potatoes / Gravy                      Corn                      Roll                      Orange</p> 	<p>21                      Beef &amp; Vegetable Stew                      Brown Rice                      Corn Bread                      Apple</p> 	<p>22                      Salisbury Steak                      Mashed Potatoes / Gravy                      Peas / Roll                      Jello w/ Fruit  <b>BIRTHDAY CELEBRATION</b></p> 
<p>25                      Sweet &amp; Sour Chicken                      Steamed White Rice                      Stir Fry Vegetables                      Mandarin Oranges                      Roll</p> 	<p>26                      Cheesy Beef Lasagna                      Green Beans                      Garlic Roll                      Applesauce</p> 	<p>27                      Santa Fe Shredded Turkey                      on Brown Rice                      Black Beans                      Corn                      Orange / Roll</p> 	<p>28                      Sloppy Joe w/ Bun                      Potato Salad                      Pork &amp; Beans                      Orange</p> 	<p>29                      My Mummy's Chili                      California Blend Vegetables                      Corn Bread                      Apple                      Halloween Cookie</p> 