

















TO REGISTER FOR ACTIVITIES
CALL : 385-201-1065



ACTIVITIES CALENDAR



OCTOBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>WONKA WEDNESDAYS: Sign up for a lunch on Wednesdays and see if you win the Golden Ticket. Willy Wonka's Golden Ticket will be hidden on the lunch tables or in a take-out meal. Bring it back for a prize.</p>				<p>1</p> <p>Line Dance - 10 am 11:30 am Bingo</p> <p>11-12 Blood Pressure Clinic <i>sponsored by Dignity Health</i></p>
<p>4</p> <p>Tai Chi -9:30 am ADV. Watercolor-9:30am</p> 	<p>5</p> <p>Watercolor Class- 9:30am Crochet Club - 10:15am</p>	<p>6</p> <p>Chair Yoga -10 am WONKA WEDNESDAYS</p> 	<p>7</p> <p>Quilting Club- 10:00 am</p> 	<p>8</p> <p>Line Dance - 10 am 11:30 am Bingo</p> 
<p>11</p> <p>Tai Chi -9:30 am ADV. Watercolor-9:30am Columbus Day- No Meals</p> <p>LUNCH BUNCH DAY TRIP: Riverwoods 11 am- 2:30 pm</p>	<p>12</p> <p>Watercolor Class- 9:30am Crochet Club - 10:15am</p> 	<p>13</p> <p>Chair Yoga -10 am WONKA WEDNESDAYS</p> <p>12:30 -BUNCO BASH</p>	<p>14</p> <p>Quilting Club- 10:00 am</p> 	<p>15</p> <p>Line Dance - 10 am 11:30 am Bingo</p> 
<p>18</p> <p>Tai Chi -9:30 am ADV. Watercolor-9:30am 12:30 Monday Movie Mania! "Hocus Pocus"</p>  	<p>19</p> <p>Watercolor Class- 9:30am Crochet Club - 10:15am</p>	<p>20</p> <p>Chair Yoga -10 am WONKA WEDNESDAYS</p> 	<p>21</p> <p>Quilting Club- 10:00 am</p> 	<p>22</p> <p>Line Dance - 10 am 11:30 am Bingo</p> <p>12:30 Birthday Celebration <i>sponsored by Mission at Alpine</i></p> 
<p>25</p> <p>Tai Chi -9:30 am ADV. Watercolor-9:30am</p> 	<p>26</p> <p>Watercolor Class- 9:30am Crochet Club - 10:15am</p> <p>Spooky Shindig sign up due</p>	<p>27</p> <p>Chair Yoga -10 am WONKA WEDNESDAYS</p>	<p>28</p> <p>Quilting Club- 10:00 am</p> 	<p>29</p> <p>Line Dance - 10 am</p> <p>Spooky Senior Shindig 11am - 1pm</p>