














JAN - SENIOR CENTER 385-201-1065  **UNITED WAY BUS 801- 374-9306**

September 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MEALS MUST BE CANCELLED AS SOON AS POSSIBLE! WE WILL ONLY HAVE PICK UP UNTIL NOON! 385-201-1065</p>	<p>1 Creamed Chicken / Rice California Blend Vegetables Pineapple Tidbits Roll </p>	<p>2 Malibu Chicken Au Gratin Potatoes Green Beans Cottage Cheese w/ Fruit Roll</p>	<p>3 Cheesy Beef Lasagna Fresh Squash Garlic Bread Apple Cookie Bar </p>	<p>4 Kalua Pork Hawaiian Rice Corn Pineapple Roll </p>
<p>7 </p>	<p>8 Rigatoni Pasta/Meat Sauce Tossed Salad / Dressing Green Beans Garlic Roll Fruit Crisp</p>	<p>9 Grilled Chicken Breast Mashed Potatoes/Gravy Carrots Roll Apple </p>	<p>10 Santa Fe Shredded Turkey on Brown Rice Black Beans Corn Orange / Roll</p>	<p>11 Garlic Beef Roasted Baby Potatoes Peas Fruit Cocktail Roll </p>
<p>14 Meatloaf Mashed Potatoes / Gravy Corn Jello w/ Fruit Roll </p>	<p>15 Honey Baked Ham Scalloped Potatoes Beets Corn Bread Tropical Fruit</p>	<p>16 Chicken Salad Wrap Italian Pasta Salad Pickles Pears </p>	<p>17 Teriyaki Chicken Bowl Steamed Brown Rice Broccoli Apple Fortune Cookie</p>	<p>18 Roast Turkey Mashed Potatoes/Gravy Carrots Mandarin Oranges Roll</p>
<p>21 Salisbury Steak Mashed Potatoes/Gravy Mixed Vegetables Pears Roll </p>	<p>22 Chicken Pot Pie Biscuit Tossed Salad w/Dressing Jackie's Cake</p>	<p>23 BBQ Pork Rib Sandwich Potato Wedges Fresh Squash Jello w/ Fruit </p>	<p>24 Beef & Vegetable Stew Brown Rice Corn Bread Applesauce </p>	<p>25 Hamburgers w/ Bun Lettuce & Tomato Corn Cinnamon Applesauce</p>
<p>28 Sweet & Sour Chicken Steamed White Rice Stir Fry Vegetables Mandarin Oranges Fortune Cookie</p>	<p>29 Swedish Meatballs/Rice Carrots Peaches Roll </p>	<p>30 Country Fried Steak Mashed Potatoes/Gravy Mixed Vegetables Pears Roll </p>	<p>ALL MEALS MUST BE CALLED INTO THE CENTER BY NOON THE DAY BEFORE TO RESERVE A MEAL 385-201-1065</p>	<p>MEALS MUST BE PICKED UP BETWEEN 11:30 - 12:00</p>