LEHI CITY
SENIOR SERVICES DIVISION

FUN-FILLED FALL!

Q: Why do trees try new things so often?

A: Because every autumn, then turn over a new leaf (hahaha!)

This Fall may be a time to try something new! Even though the Center is still closed, we have classes, and DIY events for you to try!

Check out this newsletter for details on all our offerings. Can't wait to have you join us!

Location
123 North Center Street
Lehi, UT 84043

P 385.201.1065

Hours
Monday-Thursday
7:00 am - 3:00 pm

Friday
7:00 am - 2:00 pm

Website www.lehi-ut.gov/recreation/seniors www.facebook.com/LehiSeniorCenter

ONLINE OFFERINGS!

DIY EVENT: Talk Like a Pirate Day!

Friday, September 18

11:30 am-12:00 pm (Drive-by pick up only)

Free of charge. **Must sign up by September 15**

Shiver me Timbers!!! It's "Talk Like A Pirate Day!" On September 19th, this silly, but fun holiday is celebrated. So we will supply you with treasure, jokes, an eye patch and more to help you enjoy the party at home or with family. You can pick up a DIY kit on September 18. **You must sign up by Tuesday, September 15** to recieve your kit to take home.

You can pick up your kit during the "Drive-by Lunch" hour (11:30 am-12:00 pm) on Friday, September 18 . To register, please call or email Jan or Corinne.

Bunco Bash Online

Wednesday, September 9

12:30 pm Facebook Video Conferencing Room

Join our Online Game of Bunco! Use our Facebook page to join the video conference "room". The link will be posted on Facebook.
You will need your own set of 3 dice and a score card. You can print off a score card from our webpage, or pick one up during the "Drive-by Lunch" hour. We also have individually bagged dice to pick up if you don't have your own.
Let Corinne know if you have any questions!

Monday Movie Mania!

Monday, September 21

12:30 pm Facebook Video

We can't watch a full movie yet, but we will still be entertained!

This month, we will watch an episode of "The Beverly Hillbillies". Go to our Facebook page to see the link to watch from your own computer.

Pick up a small bag of popcorn with your lunch. Must be ordered by noon on Friday, September 18.

Enjoy the show!

NEW UPDATE TO ACCESS CLASSES AND EVENTS

FACEBOOK CLASSES AND VIDEO CONFERENCING ROOMS

We are switching to Facebook Video Conferencing, instead of Go To Meeting. Hopefully, this will be easier to use and find the links.

Our games and events will now be on Facebook. We will post a link on Facebook that you will need to click to "join the room." You don't have to download anything, but it will work like our video conferencing program. They will be live and a lot of fun.

Bingo, Bunco and Crochet Club will use this feature the most. Other classes, including Monday Movie–Movie Clip and Birthday Celebration will also be videos on Facebook.

Tai Chi, Chair Yoga, Watercolor and Line dance class will continue to be posted by 9 am the morning of the class, but can be viewed anything during the day or week that fits your schedule.

Facebook Rooms will be available at the time specified on the activities calendar. Let Corinne know if you have any questions.

BINGO, BUNCO, CROCHET ARE ON FACEBOOK VIDEO CONFERENCING! JOIN US!

Note: David Shoaf is also willing to host an email group for Tai Chi lessons and assignments. Let me know if you are interested in joining the group.

ONLINE UPCOMING EVENTS

Online August Birthday Celebration

Friday, September 25

12:30 pm - See our Facebook Live Video for the song.

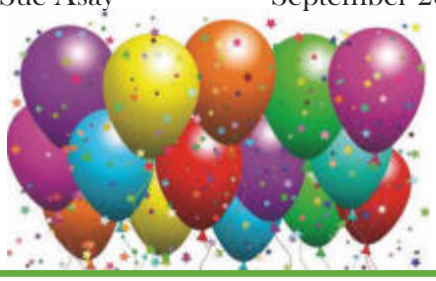
RSVP for Lunch by noon on Thursday to get a sweet treat.

On the 4th Friday of every month, we have a small birthday celebration for all those who had a birthday during the month!

Reserve your Drive-by lunch for *Friday, September 25* to enjoy a sweet treat. *Be sure to call ahead to reserve your lunch.*

If we've missed your birthday, let us know so we can update our records. Have a great month!

Dawn Hanks	September 1
Grace Emmanuel	September 1
Mary Ellen Ferrin	September 3
Sherie Littlefield	September 3
Pauline Whitehead	September 3
Shirley Hall	September 4
James Lambson	September 4
Lucille Tuttle	September 4
Reed Powell	September 4
Debra Salter	September 4
Dahl Gardner	September 5
Vard Lunnen	September 6
Marty Martin	September 6
Joyce Davies	September 8
Lori Farrell-Coats	September 8
Janice Smith	September 8
Scott Rosenberg	September 9
Lane Clarke	September 11
Thomas Ellis	September 12
Joyce Jacobson	September 12
Daniel Wilkins	September 13
John Amendola	September 14
Ginette Maria	September 14
Myra Sharp	September 15
David Wilkey	September 15
Carole Malmstrom	September 16
Diane Stocks	September 16
Annette Klein	September 18
Katie Beecher	September 20
Carolyn Steck	September 20
Richard Cater	September 21
Philip Huntington	September 22
Virginia Moore	September 22
Glade Symes	September 23
Donna Lachaga	September 23
Ricki Carter	September 24
Cheryl Wilsted	September 24
Carol Beachley	September 24
Karran Danielson	September 24
Robert McEwan	September 26
Jana McGettingan	September 26
Julie Summers	September 26
Allie Brown	September 27
Olla Saglime	September 27
Bert Rogers	September 27
Sue Asay	September 28



THANK YOU!! You all have been so kind and patient with us during this time. We know it isn't easy for anyone, but you are handling it well. We love seeing you drive-by and hearing from you on the phone or email. And thank you for all the sweet words, cards and gifts. We love you all so much!!!

DIY FIELD TRIP: San Diego Zoo Virtual Tour

Thursday, September 3

Lions, and Tigers, and Bears! Oh My!

This month, we get to check in with the animals at the San Diego Zoo. The zoo has live web cams and pre-recorded video footage of all your favorite animals there. You can click on the different animals and see what they are up to during the day. The webpage also suggests the best times for the various animals to be viewed– all from your own home. It's a great way to skip the lines and beat the heat.

The link to these virtural tours will be posted on our facebook page on Thursday, September 3. Let Corinne know if you have questions. Enjoy and stay safe!

NEVER MISS A NEWSLETTER !

Sign up to have our newsletter emailed to you at www.ourseniorcenter.com

For ad info. call 1-800-950-9952 • www.lpiseniors.com Lehi Senior Citizens Center, Lehi, UT A 4C 05-1178

SEPTEMBER MENU

JAN - SENIOR CENTER 385-201-1065 UNITED WAY BUS 801- 374-9306

September 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEALS MUST BE CANCELLED AS SOON AS POSSIBLE! WE WILL ONLY HAVE PICK UP UNTIL NOON! 385-201-1065	1 Creamed Chicken / Rice California Blend Vegetables Pineapple Tidbits Roll	2 Malibu Chicken Au Gratin Potatoes Green Beans Cottage Cheese w/ Fruit Roll	3 Cheesy Beef Lasagna Fresh Squash Garlic Bread Apple Cookie Bar	4 Kalua Pork Hawaiian Rice Corn Pineapple Roll
7 HAPPY LABOR DAY	8 Rigatoni Pasta/Meat Sauce Tossed Salad / Dressing Green Beans Garlic Roll Fruit Crisp	9 Grilled Chicken Breast Mashed Potatoes/Gravy Carrots Roll Apple	10 Santa Fe Shredded Turkey on Brown Rice Black Beans Corn Orange / Roll	11 Garlic Beef Roasted Baby Potatoes Peas Fruit Cocktail Roll
14 Meatloaf Mashed Potatoes / Gravy Corn Jello w/ Fruit Roll	15 Honey Baked Ham Scalloped Potatoes Beets Corn Bread Tropical Fruit	16 Chicken Salad Wrap Italian Pasta Salad Pickles Pears	17 Teriyaki Chicken Bowl Steamed Brown Rice Broccoli Apple Fortune Cookie	18 Roast Turkey Mashed Potatoes/Gravy Carrots Mandarin Oranges Roll
21 Salisbury Steak Mashed Potatoes/Gravy Mixed Vegetables Pears Roll	22 Chicken Pot Pie Biscuit Tossed Salad w/Dressing Jackie's Cake	23 BBQ Pork Rib Sandwich Potato Wedges Fresh Squash Jello w/ Fruit	24 Beef & Vegetable Stew Brown Rice Corn Bread Applesauce	25 Hamburgers w/ Bun Lettuce & Tomato Corn Cinnamon Applesauce
28 Sweet & Sour Chicken Steamed White Rice Stir Fry Vegetables Mandarin Oranges Fortune Cookie	29 Swedish Meatballs/Rice Carrots Peaches Roll	30 Country Fried Steak Mashed Potatoes/Gravy Mixed Vegetables Pears Roll	**ALL MEALS MUST BE CALLED INTO THE CENTER BY NOON THE DAY BEFORE TO RESERVE A MEAL 385-201-1065**	**MEALS MUST BE PICKED UP BETWEEN 11:30 - 12:00**

TO REGISTER FOR ACTIVITIES
CALL CORINNE: 385-201-2349

ACTIVITIES CALENDAR
SEPTEMBER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 10:15 Crochet Club- Facebook Video Conference Room	2 Chair Yoga - Facebook Video	3 Watercolor - Facebook Video DIY TRIP: San Diego Zoo Virtual Tour- Facebook Video	4 Line Dance - Facebook Video 11 am Bingo - Facebook Video Conference Room
7 LABOR Day SENIOR CENTER CLOSED	8 10:15 Crochet Club- Facebook Video Conference Room	9 Chair Yoga - Facebook Video 12:30 -BUNCO BASH & Games- Facebook Video Conference Room	10 Watercolor - Facebook Video	11 Line Dance - Facebook Video 11 am Bingo - Facebook Video Conference Room
14 Tai Chi - Facebook Video	15 10:15 Crochet Club- Facebook Video Conference Room Talk Like A Pirate Kit sign up due!	16 Chair Yoga - Facebook Video	17 Watercolor - Facebook Video	18 Line Dance - Facebook Video 11 am Bingo - Facebook Video Conference Room DIY EVENT: "Talk Like A Pirate Day Kit"
21 Tai Chi - Facebook Video 12:30 Monday Movie Mania! Video Clip - Facebook Video	22 10:15 Crochet Club- Facebook Video Conference Room	23 Chair Yoga - Facebook Video	24 Watercolor - Facebook Video	25 Line Dance - Facebook Video 11 am Bingo - Facebook Video Conference Room 12:30 Birthday Celebration- Facebook Video
28 Tai Chi - Facebook Video	29 10:15 Crochet Club- Facebook Video Conference Room	30 Chair Yoga - Facebook Video	September	

ONLINE WEEKLY CLASSES & CLUBS

***Classes with a red asterisk require call-ahead registration**

Lunch* *Call by noon the day before to make a reservation*	Monday – Friday served at 11:30-12:00pm. Drive-by pick up only
Tai Chi Class	Mondays Facebook Video Online Videos posted each Monday morning
Crochet Club	Tuesdays 10:15 a.m. Facebook Video Conference Room Get a link on Facebook to Join the Room
Chair Yoga for Seniors	Wednesdays Facebook Video Online Videos posted each Wednesday morning
Watercolor Class	Thursdays Facebook Video Online Videos posted each Thursday morning
BINGO	Friday 11:00 a.m. Facebook Video Conference Room Get a link on Facebook to Join the Room
Line Dancing	Fridays Facebook Video Online Videos posted each Friday morning
Bunco Bash	*Wednesday, September 9 ,12:30 p.m.* Facebook Video Conference Room Get a link on Facebook to Join the Room
Monday Movie Mania—Video Clip	*Monday, September 21, 12:30 p.m.* Facebook Video Online Videos posted by noon

Lunches for Seniors

We offer complimentary "drive by lunch" at the Senior Center.

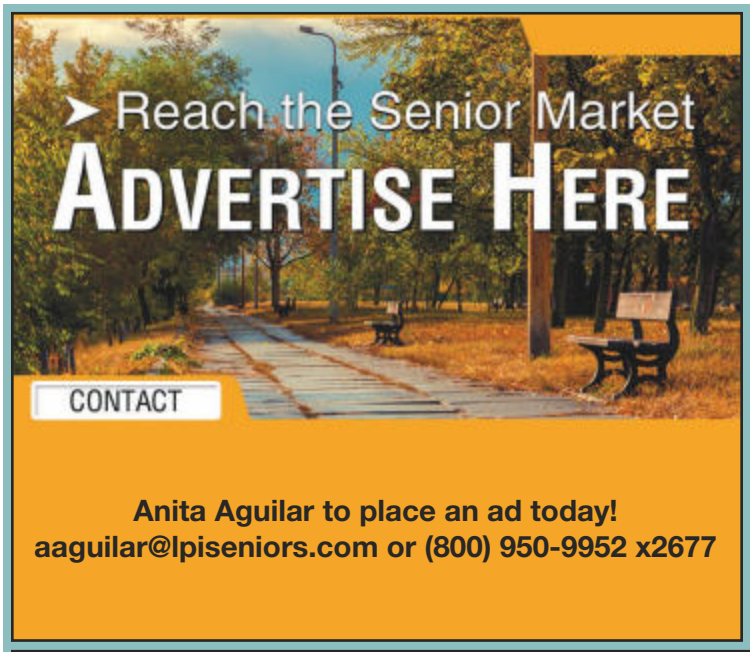
1. You still need to call in **by noon the day before** to reserve a lunch. Call Jan to reserve your lunch.

385-201-1065

2. **Drive by** the Senior Center to pickup your lunch.

3. Lunch will be served between **11:30 am - 12:00 pm.**

Lunches are ONLY the regular meal and 1% white milk. We do not have any alternate meals. No gluten free; no salads; no soups, etc. Just the regular meal.



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CRYPTIC QUIZ

1. Why does Beethoven now spend all his time erasing music?

16	6	−4	10	−3	6	−9	7	20	−5	7	10	−4	3	21

2. What is it called when a sea bird lands on a channel marker?

−36	9	7	−8	20	6	6	−2	10	21	9	11	11

3. How does a tree feel after a hard day at work?

−36	9	10	16	6	−3

TO DECODE THE ANSWERS TO THESE QUESTIONS:

Solve each equation below and find your answer in the code. Each time the solution appears, write the letter of that exercise above it.

(O) $8u = 3u + 35$

(N) $7y = 33 - 4y$

(E) $2x + 48 = 10x$

(T) $5t - 26 = 18t$

(I) $k = 8k + 28$

(G) $-30n = -27n - 63$

(H) $4x + 4 = 2x + 36$

(D) $9y - 1 = y - 25$

(P) $14p - 8 = 22 + 20p$

(L) $z + 81 = 9z - 7$

(Y) $39 - 12w = 7 - 16w$

(C) $-15v - 40 = 23 - 8v$

(M) $63 - x = 2x + 3$

(U) $3n + 46 = 1 + 8n$

(B) $12r - 18 = 13r + 18$

(S) $-x - 1 = x - 21$

Hint and Answers on the next page...

HINT FOR THE EQUATIONS:

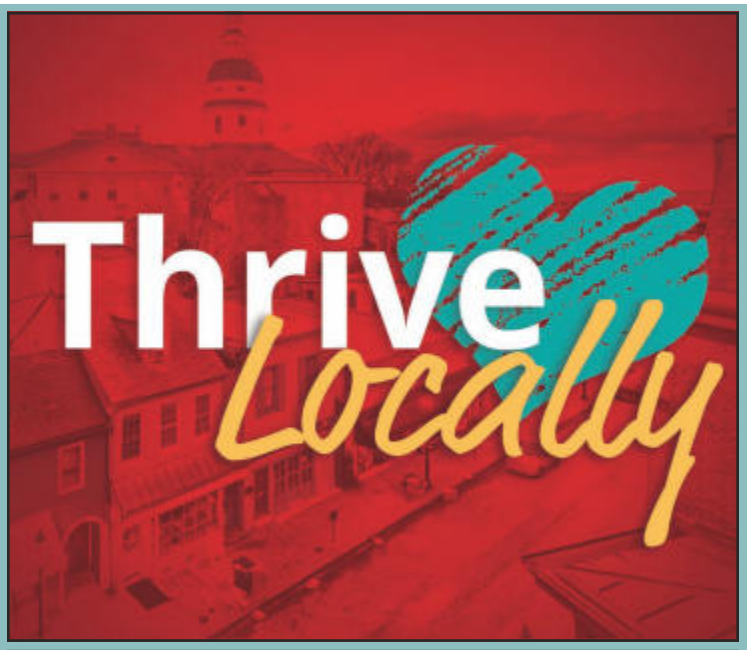
What you do to one side, you have to do to the other

-3u on one side, -3u on the other to get 5u=35.

Then you can divide by 5 to get the answer of 7.

Answers to the Cryptic Quiz on page 10:

1. He is Decomposing
2. Buoy Meets Gull
3. Bushed



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