



# BASKETBALL CAMP

SUMMER 2020

## QUICK FACTS

WHAT .....Basketball Camp, including 3 days of quality instruction and a t-shirt.

WHERE .....Lehi Legacy Center or Skyridge HS (3000 N Center St. )

WHO .....Boys  
Grades K-12 (2020-21)

WHEN .....Summer 2020

TIME .....See chart below

## SUMMER BASKETBALL CAMPS

The summer basketball camps are coached by the head coach of Skyridge High School Boys Basketball team, Jeff Gardner. Jeff offers a long history of playing and coaching basketball. This camp will provide participants with the basic fundamentals of basketball. Sign up today for the camps held at the Lehi Legacy Center or Skyridge High School!



## BOYS

### JULY 13-15 @ Lehi Legacy Center

*Register online*

BOYS GRADES	TIMES	COST
K-2nd	8:00 a.m.-9:30 a.m.	\$45
3rd-5th	9:30 a.m.-12:30 p.m.	\$90
6th-8th	1:00 p.m.- 4:00 p.m.	\$90

## REGISTRATION

**Resident Registration Starts: April 1, 2020**  
**Open Registration Starts: May 1, 2020**  
**Registration Deadline: July 29, 2020 or until full.**

Register at the Legacy Center Registration Office during normal business hours or online at [www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center).

## MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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### JULY 27-29 @ Skyridge HS Gym

*Register online or at the door until full*

BOYS GRADES	TIMES	COST
K-2nd	2:00 p.m.-4:30 p.m.	\$75
3rd-5th	11:00 a.m.-1:45 p.m.	\$85
6th-11th	8:00 a.m.-10:45 a.m.	\$85

LEHI LEGACY CENTER  
 123 North Center Street  
 385.201.2000

[www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center)



REGISTRATION HOURS  
 Monday-Friday  
 8 a.m. to 6 p.m.  
 or register online.

# Summer Basketball Camps 2020

## Skills Taught During the Camps

- 1) Shooting Fundamentals
  - a) Developing proper shooting technique
  - b) How and when to shoot a layup with each hand
  
- 2) Basic Fundamentals
  - a) Different types of passes
  - b) One on One moves / Footwork
  - c) How to set a screen
  - d) System for shooting a free-throw
  - e) Defensive Stance/Slides
  
- 3) Contests
  - a) Speed, lighting, knock-out
  - b) Free-throw contests
  - c) Shooting contests
  - d) Five on five basketball
  - e) Partner shooting
  - f) 1 on 1
  - g) 2 on 2
  - h) Hotshot
  - i) Junction to Junction