



MARTIAL ARTS

FALL 2019

QUICK FACTS

WHERELehi Legacy Center
 WHOAges 5 and older
 WHENTuesday/Thursday,
 recurs monthly
 TIMESee Class Schedule
 FEESResidents: \$55
 Non-Residents: \$65
 (due by the 20th of
 the previous month)

HAPKIDO CLASSES

Hapkido is a Korean martial art of tactical self defense and combat with the focus of efficiently and effectively using your opponent's aggression to your advantage. Students develop self confidence, self control and preservation for self and others. Instruction will increase fitness, strength, flexibility, balance, agility, coordination and respect for self and others.

Hapkido classes are run by Intermountain Hapkido Alliance. Elements of instructional development include: evasive movements, blocking, trapping, deflecting, kicking, striking, break-falls and rolls, joint-locks, throwing, grappling, pressure point and vital point anatomy. Hapkido is a true martial art, NOT a competitive sport or tournament style karate.

For more information about Intermountain Hapkido Alliance, visit www.imhapkido.com.

REGISTRATION

Monthly registration. Payments are due by the 20th of the previous month for current students. For current students a **balance** is created and must be **paid on-line** by the 20th to secure a spot for the next month. New student registration opens on the 26th of each month.

Register at the Legacy Center Registration Office during normal business hours or online at www.lehi-ut.gov/legacy-center.

MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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CLASS SCHEDULE

Classes are available for ages 5 and older. All classes are held on Tuesday and Thursday at the Lehi Legacy Center.

Class	Age Group	Day	Time
Class #1	Age 5 and older	Tue/Thu	5:30-6:30 p.m.
Class #2	Age 5 and older	Tue/Thu	6:30-7:30 p.m.
Class #3	Age 12 and older	Tue/Thu	7:30-8:30 p.m.

There is a one-time registration fee and testing fees. Contact the instructor for details. No classes on October 22-24, 31, November 28, and December 24, 26 & 31. If there are any questions, please email Nate @ mr.summers@imhapkido.com

LEHI LEGACY CENTER
 123 North Center Street
 385.201.2000

www.lehi-ut.gov/legacy-center



REGISTRATION HOURS
 Monday-Friday
 8 a.m. to 6 p.m.
 or register online.

MARTIAL ARTS PROGRAM

lehilegacycenter.activityreg.com

Here are a few Legacy Center program policies that we would like to make you aware of.

- 1) Your child can not participate in our Martial Arts program unless they are registered and on the class roll.
- 2) Tuition payments are due **BY** the 20th of the previous month.
- 3) Once you are registered as a student you can pay your **BALANCE ONLINE**, after you log onto your account, anytime between the **1st-20th** to secure your spot for the next month. It is your responsibility to secure your child's spot in the class by paying before the due date. If not paid by the 20th of the previous month, there is no guarantee that your child will be allowed to participate in our program.

lehilegacycenter.activityreg.com

4) New student open enrollment is on the 26th of each month and can be registered online or at the registration office if spots are still available. Your spot could be taken if you are not registered for the next month.

5) For more information about Intermountain Hapkido Alliance, please visit www.imhapkido.com or email questions to mr.summers@imhapkido.com.

Pay your balance online lehilegacycenter.activityreg.com

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