



# YOUTH CROSS COUNTRY

2019

## QUICK FACTS

WHERE ..... Northlake Park  
(500 W 2000 S, Lehi)

WHO ..... based on birth year  
(2004-2012)

WHEN ..... Season is August 15  
- October 14, 2019

FEES ..... Residents: \$40  
Non-Residents: \$50

## REGISTRATION

**Resident Registration Starts: June 1, 2019**

**Open Registration Starts: July 1, 2019**

**Registration Deadline: July 31, 2019**

Space is limited and the program may fill up before the deadline date. Register at the Legacy Center Registration Office during normal business hours or online at [www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center).

*If you are called off the waiting list, there is a \$10 late fee.*

## MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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## CROSS COUNTRY

The Cross Country program is for boys and girls ages 7-15 (Birth Year 2004-2012). The program is designed to offer skills and condition training in a cooperative environment. The coaches are currently on the High School Cross Country teams. Throughout the season, participants will have the opportunity to participate in meet distances ranging from 1k to 4k. The meets will be held on Monday nights at various locations throughout Utah County (Provo to Saratoga Springs) Starting September 9th and going through October 7th. The regional Invitational will be held at Provo Kiwanis Park and will be a 3k.

## PRACTICES (@ Northlake Park)

Cross Country practices will be held on Thursday afternoons starting on August 16th. Practices will be held from 5:30pm-6:30pm at Northlake Park (500 West 2000 South, Lehi).

## PARENTS MEETING

The parent/participant meeting will be held on the first day of practice, August 15, 2019 @ 5:00pm at Northlake Park. Participants will receive their shirts during this meeting. Parents will also receive an informational email prior to this date.

## PROGRAM INCLUDES

This program includes practices and meets (cross country meets will be held at other locations in the county). Participants receive a t-shirt and participant certificate. Parents must provide transportation to all meets. Shirt sizes may run big. There will be an end of the season popsicle party on the last day to hand out certificates and any ribbons received.

## FANS PROGRAM

A parent or guardian of each player must participate in the FANS Program before registering. See the back of this flyer for details. You can also visit [www.lehi-ut.gov/fans](http://www.lehi-ut.gov/fans).

LEHI LEGACY CENTER  
123 North Center Street  
385.201.2000

[www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center)



REGISTRATION HOURS  
Monday-Friday  
8 a.m. to 6 p.m.  
or register online.



# FANS

## Mandatory Sportsmanship Program

### QUICK FACTS

WHAT ..... Fans Against Negative Sportsmanship (FANS)  
WHO ..... At least one Parent/ Guardian of youth sport participants  
WHERE ..... Lehi Legacy Center  
FEES ..... None  
HOW ..... Watch a 20-minute video and answer 5 questions about the content. Participation required before registration for any youth sport league.

## FANS (FANS AGAINST NEGATIVE SPORTSMANSHIP)

FANS is a mandatory sportsmanship program that will help create a positive atmosphere at games to help kids, coaches, and participants have a positive experience.

Parent(s) or guardian(s) of youth sport participants will be required to watch the FANS video and answer a few questions. A passing score is required in order to register your child for youth sport leagues. Those who have not participated will not be allowed to register.

At the end of the program the parent/guardian will receive a unique number that is valid for 12 months. The number is required when registering for any youth sport. The number will cover all children in the household. The course must be completed every 12 months.

## REGISTRATION

To watch the video, go to [www.lehi-ut.gov/FANS](http://www.lehi-ut.gov/FANS) or come to the Legacy Center. A computer is available for use in the front lobby.

## MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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## FANS-REQUIRED YOUTH SPORTS

The following youth sports require FANS participation:

Boys Baseball	Girls Softball	Flag Football
Coach Pitch	Girls Volleyball	Indoor Soccer
Machine Pitch	Track & Field	Outdoor Soccer
Tee Ball	Wrestling	Youth Basketball

## FANS PARTICIPATION

To participate in the FANS Program, visit [www.lehi-ut.gov/FANS](http://www.lehi-ut.gov/FANS), watch the video, and answer a few questions. A passing score is required in order to register for youth sports leagues.

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# RECREATION

REGISTRATION HOURS  
Monday-Friday  
8 a.m. to 6 p.m.  
or register online.