




**TO REGISTER FOR ACTIVITIES
CALL CORINNE: 385-201-2349**

ACTIVITIES CALENDAR

MARCH 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>View this Calendar ONLINE! lehi-ut.gov/recreation/seniors & like us on Facebook! LehiSeniorCenter</p>	<p align="center">COMING UP IN APRIL... Event: Making Friends with Tech Weeks: Apr 8-12, 16-18 Trip: Heber Creeper Train Ride: April 4 Sign up now!</p>			<p>1 10-11 Line Dance 11:30-12:00 BINGO</p>
<p>4 Available Weekly: Comp or Family Hstry 1-on-1's *call for appointment 10:30-11:30 Tai Chi (live)</p>	<p>5 10:15 Crochet Club 11-12 Medicare & Molina 11:30-12:00 BINGO 12:30-1:30 Tai Chi (Live)</p>	<p>6 10:30-11:30 Meditation 10:30-12 Dr Humphreys 11-12 Learn Sign Language 12:15 - PIZZA RAFFLE <i>must attend lunch to enter</i></p>	<p>7 9:30-12:00 Watercolor 11-12 Quilting Club 12:30-1:30 Tai Chi (Live)</p> 	<p>8 10-11 Line Dance 11:30-12:00 BINGO 11:00-12:00 B/P Clinic</p>
<p>11 Available Weekly: Comp or Family Hstry 1-on-1's *call for appointment 10:30-11:30 Tai Chi (live)</p>	<p>12 10:15 Crochet Club 11:30-12:00 BINGO 12:30-1:30 Tai Chi (Live) 12:30 - BUNCO BASH & Games</p>	<p>13 10:30-11:30 Mindfulness & Meditation Class 11-12 Learn Sign Language 12:15 - PIZZA RAFFLE <i>must attend lunch to enter</i></p> <p align="center">Wendover Overnight Trip 13-14</p>	<p>14 9:30-12:00 Watercolor 11-12 Quilting Club 12:30-1:30 Tai Chi (Live)</p>   	<p>15 10-11 Line Dance 11:30-12:00 BINGO</p>
<p>  Tech Help Available *call for appointment 10:30-11:30 Tai Chi (live) 12:30 Monday Movie Mania! <i>Darby O'Gill & The Little People</i></p>	<p>18 10:15 Crochet Club 11:30-12:00 BINGO 12:30-1:30 Tai Chi (Live)</p> 	<p>19 10:30-11:30 Mindfulness & Meditation Class 11:30 Caregiver Survival Tips 12:15 - PIZZA RAFFLE <i>must attend lunch to enter</i></p>	<p>20 9:30-12:00 Watercolor 11-12 Quilting Club 12:30-1:30 Tai Chi (Live)</p>	<p>21 10-11 Line Dance 11:30-12:00 BINGO 11:00-12:00 B/P Clinic 12:00 Birthday Celebration</p>
<p> Available Weekly: Comp or Family Hstry 1-on-1's *call for appointment 10:30-11:30 Tai Chi (live)</p>	<p>25 10:15 Crochet Club 11:30-12:00 BINGO 12:30-1:30 Tai Chi (Live)</p>	<p>26 10:30-11:30 Mindfulness & Meditation Class 11-12 Learn Sign Language 12:15 - PIZZA RAFFLE <i>must attend lunch to enter</i></p>	<p>27 11-12 Quilting Club 12:30-1:30 Tai Chi (Live)</p> 	<p>28 10-11 Line Dance 11-11:30 Smoothie Demo 11:30-12:00 BINGO Talent Show! 12:30 PM</p>
<p>29</p>	<p>29</p>	<p>29</p>	<p>29</p>	<p>29</p>