



MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>ALTERNATE MEALS</b>                      March 1 - Chef's Salad                      March 4 - 5 Broccoli Soup / Sandwich                      March 6 - 8 Vegetable Beef Soup / Sandwich                      March 11 - 15 Chef's Salad                      March 18 - 19 Chicken &amp; Rice Soup / Sandwich                      March 20 - 22 Minestrone Soup / Sandwich                      March 25 - 29 Chef's Salad</p>		<p><b>MEALS MUST BE CANCELLED AS SOON AS POSSIBLE</b>                      385-201-1065</p> 	<p><b>MEALS MUST BE CALLED IN TO THE SENIOR CENTER BY NOON THE DAY BEFORE TO RESERVE A MEAL</b>                      385-201-1065</p>	<p>Roast Pork                      Au Gratin Potatoes                      Beets                      Mandarin Oranges                      Roll</p> 
<p>4                      Swedish Meatballs/Rice                      Carrots                      Fruit Cocktail                      Roll</p>	<p>5                      Meatloaf                      Mashed Potatoes / Gravy                      Corn                      Apple                      Roll</p> 	<p>6                      Rigatoni / Meat Sauce                      Tossed Salad / Dressing                      Green Beans                      Garlic Bread                      Applesauce</p>	<p>7                      Chicken Pot Pie / Biscuit                      Peaches                      Brownie</p> 	<p>8                      Roast Turkey                      Mashed Potatoes/Gravy                      Carrots                      Mandarin Oranges                      Roll</p>
<p>11                      Sweet &amp; Sour Chicken                      White Rice                      Stir Fried Vegetables                      Orange                      Fortune Cookie</p>	<p>12                      Three Bean/Beef Chili with Cheese                      California Blend Vegetables                      Corn Chips                      Peaches                      Corn Bread</p>	<p>13                      Chicken Salad Wrap                      Italian Pasta Salad                      Pickles                      Pears                      Potato Chips                      ***Dr. Humphreys***</p> 	<p>14                      Cheesy Beef Lasagna                      Green Beans                      Garlic Bread                      Applesauce</p>	<p>15                      Corned Beef &amp; Cabbage                      Braised Potatoes &amp; Carrots                      Lucky Green Jello w/ Pears                      Cookie</p> 
<p>18                      Salisbury Steak                      Mashed Potatoes/Gravy                      Beets                      Pears                      Roll</p>	<p>19                      Shepherd's Pie                      Carrots                      Cottage Cheese w/ Fruit                      Brownie</p>	<p>20                      Corn Chowder                      Green Beans                      Peaches                      Corn Bread</p> 	<p>21                      Creamed Chicken / Rice                      California Blend Vegetables                      Roll                      Fruit Crisp</p> 	<p>22                      Malibu Chicken                      Au Gratin Potatoes                      Broccoli                      Mandarin Oranges                      Roll</p>
<p>25                      Chicken Fried Steak                      Mashed Potatoes/Gravy                      Mixed Vegetables                      Pears                      Roll</p> 	<p>26                      Chicken Burrito with Green Sauce                      Refried Beans                      Spanish Rice                      Mandarin Oranges</p>	<p>27                      Tortellini / Meat Sauce                      Tossed Salad / Dressing                      Carrots                      Roll                      Apple Crisp</p>	<p>28                      Ham &amp; White Beans                      Cabbage                      Apple Sauce                      Corn Bread</p>	<p>29                      Garlic Roast Beef                      Baby Potatoes / Gravy                      Peas                      Peaches                      Roll                      Brownie</p> 