



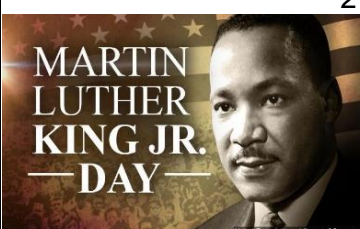




JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ALTERNATE MEALS</p> <p>12/31 - 1/4 Chef's Salad</p> <p>1/7 - 1/8 Cr.Broccoli/Sandwich</p> <p>1/9 - 1/11 Veg Beef/Sandwich</p> <p>1/14 - 1/18 Chef's Salad</p> <p>1/21 - 1/22 Chicken/Rice/Sand</p> <p>1/23 - 1/25 Minestrone/Sand</p> <p>1/28 - 2/1 Chef's Salad</p>	<p>1</p> 	<p>2</p> <p>Meatloaf</p> <p>Garlic Mashed Potatoes</p> <p>Corn</p> <p>Orange</p> <p>Roll</p> <p>12:15 - PIZZA RAFFLE ONE PER FAMILY</p>	<p>3</p> <p>Spaghetti w/ Meat Sauce</p> <p>Green Beans</p> <p>Garlic Bread</p> <p>Apple</p> 	<p>4</p> <p>Garlic Roast Beef</p> <p>Roasted Baby Potatoes</p> <p>Peas</p> <p>Fruit Cocktail</p> <p>Roll</p>
<p>7</p> <p>Sweet & Sour Chicken</p> <p>White Rice</p> <p>Stir Fried Vegetables</p> <p>Orange</p> <p>Roll</p>	<p>8</p> <p>Country Fried Steak</p> <p>Mashed Potatoes/Gravy</p> <p>Mixed Vegetables</p> <p>Peaches</p> <p>Roll</p> 	<p>9</p> <p>Tortellini / Meat Sauce</p> <p>Tossed Salad / Dressing</p> <p>Carrots</p> <p>Roll</p> <p>Apple Crisp</p> <p>12:15 - PIZZA RAFFLE ONE PER FAMILY</p>	<p>10</p> <p>Nachos</p> <p>Ground Beef, Chips, Olives, Nacho Cheese</p> <p>Refried Beans, Salsa</p> <p>Mandarin Oranges</p>	<p>11</p> <p>Curried Chicken / Rice</p> <p>California Blend Vegetables</p> <p>Rolls</p> <p>Pineapple</p>
<p>14</p> <p>Swedish Meatballs</p> <p>Rice</p> <p>Carrots</p> <p>Peaches</p> <p>Roll</p> 	<p>15</p> <p>Biscuits / Country Gravy</p> <p>Scrambled Eggs</p> <p>Pork Sausage</p> <p>Orange</p>	<p>16</p> <p>Chicken Salad Wrap</p> <p>Italian Pasta Salad</p> <p>Pickles</p> <p>Pears</p> <p>12:15 - PIZZA RAFFLE ONE PER FAMILY</p>	<p>17</p> <p>Corn Chowder</p> <p>Green Beans</p> <p>Roll</p> <p>Apple Crisp</p>	<p>18</p> <p>Roast Turkey</p> <p>Garlic Potatoes/Gravy</p> <p>Carrots</p> <p>Mandarin Oranges / Roll</p>
<p>21</p> 	<p>22</p> <p>Cheesy Beef Lasagna</p> <p>Green Beans</p> <p>Garlic Bread</p> <p>Fruit Crisp</p>	<p>23</p> <p>Beef & Vegetable Stew</p> <p>Tossed Salad / Dressing</p> <p>Corn Bread Muffin</p> <p>Apple</p> <p>12:15 - PIZZA RAFFLE ONE PER FAMILY</p>	<p>24</p> <p>Chicken Pot Pie / Biscuit</p> <p>Tossed Salad / Dressing</p> <p>Pears</p> <p>Brownie</p> 	<p>25</p> <p>Salisbury Steak</p> <p>Mashed Potatoes/Gravy</p> <p>Mixed Vegetables</p> <p>Pears</p> <p>Roll</p> <p>BIRTHDAY CELEBRATION</p>
<p>28</p> <p>Beef Chili</p> <p>California Blend Vegetables</p> <p>Corn Bread</p> <p>Fruit Crisp</p> 	<p>29</p> <p>Ham</p> <p>Scalloped Potatoes</p> <p>Beets</p> <p>Corn Bread</p> <p>Tropical Fruit</p>	<p>30</p> <p>Malibu Chicken</p> <p>Au Gratin Potatoes</p> <p>Green Beans</p> <p>Mandarin Oranges/Roll</p> <p>12:15 - PIZZA RAFFLE ONE PER FAMILY</p>	<p>31</p> <p>Creamed Chicken / Rice</p> <p>California Blend Vegetables</p> <p>Pineapple Tidbits</p> <p>Roll</p>	<p>MEALS MUST BE CALLED INTO THE SENIOR CENTER BY NOON THE DAY BEFORE TO RESERVE A MEAL 385-201-1065</p>