



# ADULT MASTERS SWIMMING

FALL 2018

## QUICK FACTS

WHERE .....Lehi Legacy Center Pool  
 WHO .....Ages 16 yrs and up  
 WHEN .....Wednesday and Friday mornings  
 TIME .....5:00 a.m.-6:00 a.m.  
 FEES .....\$22 per month

## ADULT MASTERS SWIM TEAM

This Masters swimming is an organized adult swim workout for those 16 yrs and older who have the basic knowledge of swimming, up to advanced swimmers.

## PARTICIPATION REQUIREMENTS

In order to participate on the Adult Masters Swim team, swimmers must:

- Be proficient in the freestyle and able to swim 300 yards continuously.

## REGISTRATION

Register at the Legacy Center Registration Office during normal business hours or online at [www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center).

**\*MUST BE A LEGACY CENTER MEMBER**

*Registration fee is non-refundable, non-transferable.*

## MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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SESSION	DATES	REGISTRATION START
Session 1	Sept. 5, 7, 12, 14, 19, 21, 26, 28	August 15
Session 2	Oct. 3, 5, 10, 12, 17, 19, 24, 26, 31	August 15
Session 3	Nov. 2, 7, 9, 14, 16, 21, 23, 28, 30	August 15
Session 4	Dec. 5, 7, 12, 14, 19, 21, 26, 28	August 15

## EQUIPMENT REQUIREMENTS

- Fins
- Pull Buoy
- Paddles
- Center mount snorkel (optional but highly recommended)

## ADDITIONAL INFORMATION

For more information, contact Diane Peterson 801-592-1138 or [swimcoach23@hotmail.com](mailto:swimcoach23@hotmail.com)

LEHI LEGACY CENTER  
123 North Center Street  
385.201.2000

[www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center)



REGISTRATION HOURS  
Monday-Friday  
8 a.m. to 6 p.m.  
or register online.