



Lehi Senior Center

Daily Meals Information

Lunches are served daily, Monday through Friday at 12:00 noon. **Reservations for lunch need to be called into the Senior Center at 385.201.1065 by noon the day before.** There is an option to order a chef salad in place of the scheduled meal—you can make this request when you call in your reservation.

Mountainland Association of Governments and the State of Utah provide the meals. We are the nearest facility to seniors from Lehi, Saratoga Springs, Eagle Mountain, and Cedar Fort. However, we are happy to accommodate seniors from any area! Please come and join us!

The suggested donation amount for lunch meals is \$3. Whether you can donate the full amount, more or less, please donate what you can by placing your donation in the box that is provided at the Senior Center.

- An eligible senior will not be denied a meal because of their ability to make a donation. Some seniors cannot afford to make a donation. When donations are made by those who can donate, it helps cover the cost of those who cannot; this keeps the program available for all participating seniors.

Mountainland Meals Information

Show up at any senior center throughout Utah County weekdays at noon and you will find a multitude of seniors enjoying a hot, delicious and nutritious meal provided through Mountainland Aging and Family Services Department. It is suggested that a \$3.00 donation be made for each meal for those age 60 and

older. Those who are 59 and younger must pay \$6.00 per meal. Please call your senior center in advance to make meal reservations (by noon on the day before you want to come to lunch).

“What happens if someone doesn’t make that donation?” As with any program that relies on donations to continue running, the meal program could suffer. An eligible senior will not be denied a meal because of their ability to make a donation. In fact, some seniors cannot afford to make a donation. When donations are made by those who can donate, it helps cover the cost of those who cannot; this keeps the program available for all participating seniors.

Whether you can donate the full amount, more or less, please donate what you can by placing your donation in the box that is provided at the senior center.

Another purpose of the meal program is to provide an opportunity for seniors to become socially engaged by participating at the center. The meals are intended to be eaten on site. However, if you or your loved one is homebound and unable to travel to a senior center, and could still benefit from the senior meal program, you can contact Meals-on-Wheels at

[\(801\) 229-3802](tel:8012293802) to see if you qualify to have it delivered to your home.

Thank you so much for helping us continue this program.