



# ZUMBA ADAPTIVE

## QUICK FACTS

WHERE .....Aerobic Room

WHO .....Patrons with limitations (Guardian/caregiver need to stay at the Legacy Center during the class).

DAYS .....Wednesday nights

TIME .....6:00pm - 6:45pm

FEES .....\$4 per class, or FREE for Legacy Members.

## ZUMBA (Adaptive)

This fun class is designed and modified exclusively for patrons with limitations of any age. Attendees will enjoy a 45-minute dance fitness class filled with upbeat music to encourage improvements in balance and coordination. Anyone with or without limitations may join the class.



## REGISTRATION

There is no registration for this class. You can pay the front desk the daily class fee of \$4 or scan your current membership card.

## MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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LEHI LEGACY CENTER  
123 North Center Street  
385.201.2000  
[www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center)



REGISTRATION HOURS  
Monday-Friday  
8 a.m. to 6 p.m.  
or register online.