



RECREATION SWIM TEAM

SUMMER 2016

QUICK FACTS

WHERELehi Legacy Center Pool
 WHOAges 5 and 18
 STARTSMay 31, 2016
 DAYSMonday-Friday
 MEETSSaturdays to be announced
 FEES\$99 plus a team swim suit. Non-Res. \$124 plus suit

LEHI RECREATION SWIM TEAM

This is a recreational swim team that teaches swimmers hard work, as well as team work. The team focuses on developing beginner swimmers and introducing them to competition. Workouts are daily for an hour to an hour and a half each day. Swimmers will work on technique with the four competitive strokes: freestyle, backstroke, breaststroke, and butterfly. They will learn workouts and compete in weekly swim meets located throughout the county. The participation requirements are very strict. Swimmers should be able to swim the required strokes "legally", meaning that in a swim meet they would not be disqualified by a stroke judge for swimming incorrectly. The season begins May 31 and ends on July 30.

PARTICIPATION REQUIREMENTS

In order to participate on the Recreation Swim Team, swimmers must tryout and meet the minimum qualifications which are:

6YRS AND UNDER

- Be able to swim 25 yards of 2 strokes (1 stroke will be freestyle and the second stroke will be backstroke or breaststroke)

7YRS-10YRS

- Be able to swim 25 yards of 3 strokes (1 stroke will be freestyle and the second and third stroke will be backstroke, breaststroke or butterfly)

11YRS AND UP

- Be able to swim 50 yards of 4 strokes (50 yards of each stroke)

REGISTRATION

Must have a **pass off slip** to register. Register at the Legacy Center Back Office during normal business hours. *Registration fee is non-refundable, non-transferable.*

MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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TRYOUT INFORMATION

Tryouts will be held May 19 & 20 from 4:00 p.m. to 5:30 p.m. There is no fee for tryouts. You must have a pass off slip to register. There will be a preseason camp on May 9-11 or 16-18 from 7:00p.m. - 8:00p.m. See flyer for more details.

LEHI LEGACY CENTER

123 North Center Street

385.201.2000

www.lehi-ut.gov/legacy-center



RECREATION

REGISTRATION HOURS

Monday-Friday

8 a.m. to 6 p.m.



RECREATION SWIM CAMP

MAY 2016

QUICK FACTS

WHERELehi Legacy Center
Pool

WHOAges 5 and 18

DAYSMay 9-11
May 16-18

TIME7:00 p.m. - 8:00 p.m.

FEESResident \$18
Non-Resident \$25

LEHI RECREATION SWIM CAMP

The recreation swim camp is a preseason three day event. Swimmers should already be comfortable with the strokes necessary for their age group. During this camp swimmers will spend an hour a day working on technique and preparing for try-outs. The workouts will be similar to the workouts given during the swim team in the summer. We offer two separate camps. Space is limited per age group so get signed up!

CLASS	DATE	TIME	FEE
Class#1	May 9-11	7:00 p.m. - 8:00 p.m.	\$18 or \$25
Class #2	May 16-18	7:00 p.m. - 8:00 p.m.	\$18 or \$25

REGISTRATION

Registration start date is **March 14, 2016**. Register at the Legacy Center Back Office during normal business hours.

MORE INFORMATION



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RECREATION

REGISTRATION HOURS

Monday-Friday

8 a.m. to 6 p.m.

or register online.

Post Until May 16, 2016