



# Adaptive Bowling

## LEHI LEGACY CENTER ADAPTIVE BOWLING 2014

*Come learn bowling skills and have fun!!!*

This class is designed and modified to meet the needs of athletes with disabilities. Bowling is a particularly beneficial sport to people with intellectual disabilities, irrespective of their age or sports abilities, since it ensures physical exercise and at the same time participation and social integration. Participants will learn the skills of

bowling, develop the discipline of the game and find friendship. Plus, it's great fun! Athletes must be 8 years of age to participate. Supervision of individual athletes may be required. Participation in this class requires a medical form signed by a physician. Register soon, space is limited.

**Mandatory Parents meeting will be the first 20 minutes of practice on January 21<sup>st</sup>.**



### ×QUICK FACTS

What..... Adaptive Bowling  
Where..... Jack and Jill Bowling, Lehi  
When..... January 21<sup>st</sup>, 2014 – March 25, 2014  
Who..... 8 yrs and older  
Time ..... 4pm-5pm  
Days ..... Wednesdays  
Fee..... \$35  
Tournament..... Friday March 27, 2014

### REGISTRATION

Registration begins December 1, 2013  
Registration office opens at 8am-6pm or on-line @ [www.lehi-ut.gov](http://www.lehi-ut.gov)

### INFORMATION

For more information call April Beatty 801-602-3408 OR  
Genine Fulcher 801-471-3134



Lehi Legacy Center  
123 N Center St.  
801-768-7124

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[www.lehi-ut.gov/legacycenter](http://www.lehi-ut.gov/legacycenter)

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Post Until January 23, 2014

# Adaptive Bowling Schedule 2015

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Practice will be held at Jack and Jill's Bowling Alley in Lehi. Practice lasts approximately 1 hour. You may drop your child off if they don't require supervision. If coaches deem they do need supervision parents will be asked to stay or provide supervision. Thank you!

Wednesday, January 21	4:00 pm
Wednesday, January 28	4:00 pm
Wednesday, February 4	4:00 pm
Wednesday, February 11	4:00 pm
Wednesday, February 18	4:00 pm
Wednesday, February 25	4:00 pm
Wednesday, March 4	4:00 pm
Wednesday, March 11	4:00 pm
Wednesday, March 18	4:00 pm
Wednesday, March 25	4:00 pm
Wednesday, April 1	JFK Athletics 3 <sup>rd</sup> Annual Bowling Tournament 9 am – 1:00 pm @ Jack and Jills Bowling Alley.

For questions please call Genine Fulcher 801-471-3134 or April Beatty 801-602-3408