



**Fire Chief
Dale Ekins**

**INSIDE THIS
ISSUE:**

Firefighter of the Quarter	2
Fire Marshal Message	3
Intern Update	5
Month End Totals	6
Sub-4-Santa	7
Featured Call	8
Calendar	9

PASSION FOR WHAT WE DO

As we close out the year and enter 2013 with the challenges and uncertainties that lie ahead, we can be sure of a number of things. 1) Taxes are due and payable by April 15th, 2) People will continue to have health problems and need our services. 3) Our personal success' will depend on our "contributions" and efforts to our profession. There is something incredibly inspiring about watching people doing something they love. When you show people that you love what you do and have a passion for it, you fire people up to want to be more, reach more, and achieve more.

How was Dr. Martin Luther King Jr. able to lead the largest non-violent revolution in American history for the rights of African Americans? How did Winston Churchill overcome a speech impediment to become one of the world's greatest orators and political leaders? How did Mahatma Gandhi, a man with no title, no wealth and no desire for fame, bring freedom to millions of people? What made it possible for Mary Kay Ash to launch a business with only a \$5,000 investment and turn it into a \$2 billion a year company? What was it that made Alan Brunacini an authority in customer service among the fire service?

All of these people and countless others who have inspired millions of people around the globe share a common thread: passion and love for the job. When you have passion and a love for what you are doing, or passion for the mission, vision, and core values, you inspire people.

As I have interviewed prospective firefighters and officers over the years, there have been a number of our people that we hired that stood out from the others. Not with their written scores, not with their physical fitness times but with their passion to be in a vocation that allows them to offer service to others and the satisfaction that come with that attitude. Passion fires people up. Passion drives people to press on when others give up. Passion shows people that you care deeply about something and that draws people in.

This passion for our jobs ties into our attitudes on how we ultimately get along with our fellow firefighters, do our jobs, conform with policies and procedures and are satisfied and happy. What is rewarding about what you do that makes it all worth it? When you focus on these aspects of what you do, you will find it much easier to endure the more difficult aspects of your job. When you continue to focus on the negative that is all you eventually see. You will be amazed at how your attitudes and dispositions will change if you only focused on the positive

aspects of your jobs. One chief actually made a list entitled “Things I love about my job”. He typed it up and hung it in his office to remind him and others who came in of the many positive aspects of his job he loved. It seemed to inspire others to be more positive.

I am not one to make resolutions that usually end up being forgotten or discarded but I do suggest that we all introspectively look at ourselves and try to be “contributors” to the positive direction for our department. Look for the things you love about this job and focus on those things. We all have elements in our jobs that we do not like, but we need to put up with those areas and get to those things we love. It will make us all more unified. If you want to make Lehi Fire Department a better place and increase morale, the quickest and surest way to accomplish those two things is to show people that you love what you do!

—Chief Ekins

Firefighter of the Quarter



Captain Kim Beck

We are proud to present the name of Captain Kim Beck for Lehi’s Firefighter of the Quarter. In his nomination memo Battalion Chief Rick Howard has this to say.

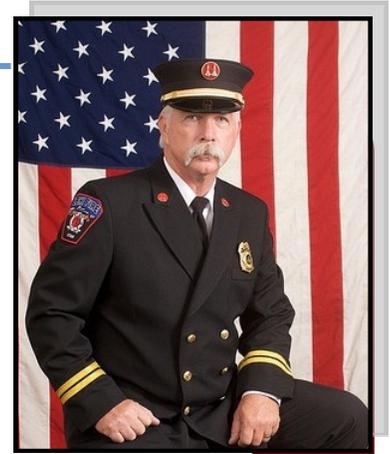
“I think that one of the most important assets we have is our rolling stock, engines, trucks, and ambulances. This past year has been a nightmare with one or more of our apparatus. In light of the ongoing problems with our apparatus, keeping them stocked and ready for service is a fulltime job. Captain Kim Beck has been able to maintain our rolling stock, provide training, and attend specialized training for the apparatus. All of this while his wife has been ill, and runs a truck crew. Kim takes his job very seriously.”

Congratulations Captain Kim Beck for a well deserved award.

WINTER STORM FIRE SAFETY

A wide range of disasters can occur within Lehi City each year. Any disaster can have a devastating effect on you and your home.

The Lehi Fire Department encourages you to use the following safety tips to help protect yourself, your family and your home from the potential threat of fire during or after a winter storm. You can greatly reduce your chances of becoming a fire casualty by being able to identify potential hazards and following the outlined safety tips.



**Fire Marshal
Kerry Evans**

SOME TYPES OF FIRE RELATED HAZARDS PRESENT DURING AND AFTER A WINTER STORM

- Alternative heating devices used incorrectly can create a fire hazard.
- Damaged or downed utility lines can present a fire and life safety hazard.
- Water damaged appliances and utilities can be electrically charged.
- Frozen water pipes can burst and cause safety hazards.
- Leaking gas lines, damaged or leaking gas propane containers and leaking vehicle gas tanks may explode or ignite.
- Generators are often used during power outages. Generators that are not properly used and maintained can be hazardous.

CHEMICAL SAFETY

- Look for combustible liquids like gasoline, lighter fluid, and paint thinner that may have spilled. Thoroughly clean the spill and place containers in a well ventilated area.
- Keep combustible liquids away from heat sources.

ELECTRICAL SAFETY

- If your home has sustained flood or water damage, and you can safely get to the main breaker or fuse box, turn off the power.
- Assume all wires on the ground are electrically charged. This includes cable TV feeds.
- Look for and replace frayed or cracked extension and appliance cords, loose prongs, and plugs.
- Exposed outlets and wiring could present a fire and life safety hazard.
- Appliances that emit smoke or sparks should be repaired or replaced.
- Have a licensed electrician check your home for damage.

GAS SAFETY

- Smell and listen for leaky gas connections. If you believe there is a gas leak, immediately leave the house and leave the door(s) open.
- Never strike a match. Any size flame or spark can cause an explosion.
- Before turning the gas back on, have the gas system checked by a professional.

GENERATOR SAFETY

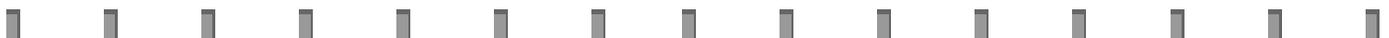
- Follow the manufacturer's instructions and guidelines when using generators.
- Use a generator or other fuel powered machines outside the home. CO fumes are odorless and can quickly overwhelm you indoors.
- Use the appropriate sized and type power cords to carry the electric load. Overloaded cords can overheat and cause fires.
- Never run cords under rugs or carpets where heat might build up or damage to a cord may go unnoticed.
- Never connect generators to another power source such as power lines. The reverse flow of electricity or "back feed" can electrocute an unsuspecting utility worker.

HEATING SAFETY

- Kerosene heaters may not be legal in your area and should only be used where approved by authorities.
- Do not use the kitchen oven range to heat your home. In addition to being a fire hazard, it can be a source of toxic fumes.
- Alternative heaters need their space. Keep anything combustible at least 3 feet away.
- Make sure your alternative heaters have "tip switches." These "tip switches" are designed to automatically turn off the heater in the event they tip over.
- Only use the type of fuel recommended by the manufacturer and follow suggested guidelines.
- Never refill a space heater while it is operating or still hot.
- Refuel heaters only outdoors.
- Make sure wood stoves are properly installed and at least 3 feet away from combustible materials. Ensure they have the proper floor support and adequate ventilation.
- Use a glass or metal screen in front of your fireplace to prevent sparks from igniting nearby carpets, furniture or other combustible items.

AND REMEMBER...

- Be careful when using candles. Keep the flame away from combustible objects and out of the reach of children. Make sure they are out completely before going to bed.
- Some smoke alarms may be dependent on your home's electrical service and could be inoperative during a power outage. Check to see if your smoke alarm uses a back-up battery and install a new battery at least once a year.
- Smoke and CO alarms should be installed on every level of your home.
- All smoke alarms should be tested monthly. All batteries should be replaced with new ones at least once a year.
- If there is a fire hydrant near your home, keep it clear of debris for easy access by the fire department.





Engineer Randy Harding

GETTING TO KNOW OUR INTERNS

I am excited to introduce our current group of interns. We have had the good fortune of meeting some great people through this program.

I would also like to thank those who have made an effort to mentor these firefighters and make them a part of your crews.

Bronson Smith

Bronson Tyler Smith I was named after Charles Bronson the actor, ok not really my parents just liked the name.

I was born in Pennsylvania, moved all around and ended up in Lehi, Utah.

I met my now wife the beautiful Chelsea in high school. We stayed friends while I had my after high school adventures, moving to Hawaii for a year to surf, then my two years in California. We were married in March of 2008; we now live in the Ranches in Eagle Mountain.

I work for Sprint Nextel, I also work part time for Eagle Mountain Fire Department (as of January 1 UFA) as a Firefighter/Paramedic, and I intern at Lehi Fire Department.

As far as my spare time, I don't have any. However, if I ever see some again I would either go snowboarding, ride my Honda 200S three wheeler, surf behind the boat, wakeboard, rock climb, surf, or go mountain biking all weather permitting. Someday I'll get back to my hobbies when I'm done with school.

I am currently going to Utah Valley University I will graduate this summer with my Bachelors degree in Emergency Services Management. I attended the Recruit Candidate Academy at UVU and that is where I got my Firefighter I, Firefighter II, HazMat Awareness, and HazMat Ops.

I just finished up with Paramedic School and became a Paramedic this last October. I am also planning on doing the January wildland training to get my Red Card Certification.

I started working with Lehi in July for my paramedic ride alongs. I rode with 81A, I learned a lot from Captain Stanley, Engineer Walker, Firefighter Berendson, and especially Paramedic Kimball.

Thank you to Paramedic Kimball for all the evaluations and advice. I was picked up as an intern in August and was moved to 82C. Captain J Beck, Engineer Hales, Firefighter Dorton, Firefighter Taylor, and Firefighter Stanley have been a phenomenal crew to work with they have taught me a ton, and we had fun along the way.

Thank you to Firefighter Stanley for putting in the extra effort to do evaluations and help me progress. I have recently been reassigned to 82B I look forward to working with Captain Robinson and his crew.

Cody Whatcott

I come from a family of five- my dad Jay, my mom Wendy, and two brothers, Todd who is older, married and has two kids and my younger brother Ryan.

I have been trained as a firefighter through the Utah Fire & Rescue Academy. I was in day class 58. I loved the Academy; it was a lot of fun and a great experience.

I have been through paramedic school and I am now working to pass the national written test. I am planning on taking it later in January. I also currently work part time for Pleasant Grove Fire Department, which I really like it's a great place. I'm also interning here at Lehi Fire Department, which has been such a great experience. I've really enjoyed it and learned a lot.

I feel like I'm in a great department. My hobbies include hunting, fishing, camping, and pretty much anything outdoors. I really enjoy the elk archery hunt and the duck hunt. They are always a lot of fun for me and my family.

Mike Stevens

I grew up in Pleasant Grove, Utah. I have been married to Kylee, my wonderful wife, for seven years. We have two amazing children: my six year old Quincee, who is daddy's little girl and my four year old Crew who wants to be a firefighter when he grows up.

I enjoy camping, hunting, snowmobiling, boating, wake/surfing boarding and staying physically fit. Since high school I've worked primarily in the construction industry.

I've attended school at UVU, and graduated from RCA fire academy in the winter class of 2010. I am presently enrolled in Paramedic school and will start classes in January. For the last two years I have dedicated my time and efforts to pursue a career with the Firefighting/EMT services.

I have chosen this profession because I enjoy a challenge, love being a part of a team and love the camaraderie and brotherhood it offers. I am grateful and most satisfied when I have truly helped someone and have contributed to my community.

I have enjoyed my associations and experiences with the Lehi Fire Department and admire it's professionalism. I appreciate the opportunities to work with great people in an amazing department and hope these opportunities will continue.

Call Totals for the Month of December...

Station 81

Fire: 27
Medical: 80
Total: 107



Station 82

Fire: 51
Medical: 32
Total: 83

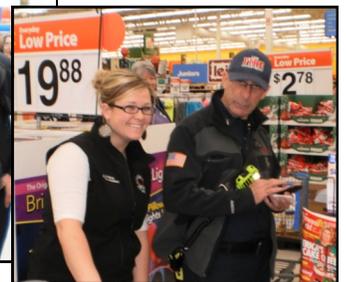
Sub-4-Santa 2012



**Firefighter
Ryan Kimball**

Lehi Fire Department Association:

This year we were fortunate enough to participate in our annual Sub 4 Santa program. All 3 shifts were able to make the Christmas Holiday brighter for several families in need. We would like to thank Broadbent's, and other donors for their generosity. With their help our Association put on this great service for several families less fortunate in our community. Several firefighters mentioned how exciting it was to give to others less fortunate, and who were in need around this time of year. As service is the backbone of our fire department, we can all agree that leaving a mass of gifts and Christmas dinner with the families in need, felt a lot like running a good call with a positive outcome. It is that feeling we get that keeps us hungry for that next run. As we venture into another new year, we look forward to participating in this great cause again next December. Thanks again for all your help in making this such a huge success.



S
H
O
P
P
I
N
G

Delivering
gifts to
the
families



Featured Call

On December 10, 2012, Tower 82 was dispatched to American Fork to assist in an extrication on an accident involving a pickup truck and a semi. While Tower 82 was en-route to the call, American Fork I-15 Command requested that the tower be set up at 300 West and 200 South, in order to get access to the accident on the bridge structure. Upon arriving we could see the pickup truck upside down and squashed between the semi-trailers and the side structure of the bridge.

Tower 82 set up was completed by PM/ENG Wilbur. Captain Beck made his way to the bucket. The bucket was readied with the brackets to hold a stokes basket for the rescue or recovery. Capt. Beck and a firefighter from American Fork went up in the bucket to help with the rescue. As the bucket got closer to the vehicle the patient was visible, and he was still in the vehicle, and he was conscious and breathing.



Firefighter Scott Wilbur



The patient who was in the pickup truck was extricated and readied for the move to the stokes basket. Because of the angle of the pickup the patient had a seat harness placed on him by the American Fork crew, who were gaining access to the patient from the Freeway. Once in the harness, the patient was rolled into the stokes basket and secured. Once the patient and stokes were secured to the Tower, the patient was lowered down to 300 West to awaiting paramedics, who moved the patient to the American Fork Ambulance for transport.

January Birthdays

- Bryce Pace 1/1
- Eddie Hales 1/6
- Brandon Prestwich 1/7
- Paul Parks 1/20



Year End Call Totals for 2012:

Medical = 1476

Fire = 756

Total Calls = 2232

January 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 Bountiful Baskets Food Co-op - station 82
6	7 Payroll	8	9 State EMS Com- mittee Meeting	10	11	12 Bountiful Baskets Food Co-op - station 81 & 82
			-----Winter Fire School-----			
13	14	15 Red Card Course	16	17 Red Card Course	18	19 Bountiful Baskets Food Co-op - station 81 & 82 Red Card Course
20	21 Payroll Martin Luther King Day City offices closed	22 Red Card Course	23	24 Red Card Course	25 Awards Banquet @ Thanksgiving Point @6pm	26 Bountiful Baskets Food Co-op - station 81 & 82 Red Card Course
27	28	29	30	31		