Lehi Legacy Center

Dance Class Description and What To Wear

Beginning Dance

For children 3, 4, & 5 years old. Introduction to a dance classroom setting and to basic dance concepts. Objectives include improving coordination, cooperation, and comprehension through locomotors and axial movement and basic ballet technique. *Clothing: comfortable, moveable clothing and ballet shoes, jazz shoes, or bare feet.*

Kindergarten Combo Class

For children in Kindergarten. Dancers will learn technique from all major dance forms. Kindergartners will be introduced to classical ballet, jazz, creative dance, and modern dance.

Clothing: leotard and tights; ballet shoes, jazz shoes, or bare feet

Get Up & Go!

Jazz and hip hop techniques.

Clothing: leotard and tights (no shorts), jazz shoes.

Sugar & Spice

Classical ballet, modern dance, creative and interpretive dance. *Clothing: leotard, tights and ballet slippers (no shorts).*

World Dance (8yrs & Up, co-ed)

Traditional and Recreational dances from around the world.

Clothing: Comfortable, movable clothing, tennis or jazz shoes, sometimes bare feet.

Beginning Clogging (8yrs & Up)

For children 8yrs and up. Beginning clogging techniques. *Clothing:* please attend 1st class for the dance attire description

Combo Dance (10-12yrs)

Combo Dance is our version of **"So You Think You Can Dance"** – the dancers will learn whatever the instructor can throw at them. This class has ballet, Jazz, Creative Dance, Funky Jazz & Hip Hop.

Clothing: please attend 1st class for the dance attire description

Please come to the first class for clothing requirements. Your teacher may require a certain color leotard, tights and shoes.

Please let us know if you have any questions.

Thank You!

Polynesian Dance Class (5yrs-10yrs)

This dance class is designed to introduce Polynesian dance to children at an early age and focuses mainly around the cultural dances of the islands of Tahiti. The lessons include the slow, graceful movements that tell stories through hand motions and also the fast hipshaking techniques danced to Polynesian drums. This fun and interactive class is open to girls ages 5yrs-8yrs. *Clothing: please attend 1st class for the dance attire description*

*Every class offered by the Legacy Center dance is a combination class. The genres of dance are grouped by age appropriateness and style. We look forward to working with your dancers!

DANCE CONCERT May 5th