



# ADAPTIVE SWIMMING

SPRING 2026

## QUICK FACTS

WHAT..... Adaptive Swimming  
 WHERE ..... Lehi Legacy Center, Pool  
 WHO ..... 8yrs and Older  
 WHEN ..... March 30 - May 18  
 DAYS ..... Monday and Wednesday  
 TIME ..... 6:00 p.m. - 7:00 p.m.  
 FEES ..... \$46 resident discount  
               \$55 non-resident  
 INCLUDES Classes, practice meets and t-shirt.

## ADAPTIVE SWIMMING

This program is for participants that are intellectually disabled. Participants must be able to swim across the 25 yard lap pool with limited assistance. This is a swim team. Coaches will not be in the water. Participants must have some basic swim skills. Swimmers must be registered before they can participate. If they are not registered they will not be allowed into the pool. All participants must have a medical form signed by a physician and a JFK Athletics Medical Release Form signed by a parent or guardian to participate. All forms can be found by scanning the QR Code below or on line at <https://www.lehi-ut.gov/legacy-center/adaptive-programs>

PRACTICE SWIM MEETS WILL BE HELD:

April 15  
 May 13

## REGISTRATION

Registration Start Date: March 1, 2026  
 Registration Deadline: Until Full  
 Register at the Legacy Center Registration Office during normal business hours or online at [www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center)

There is a mandatory parents meeting on **March 30** during the first 20 minutes of the practice in the MP#3 room.

## MORE INFORMATION



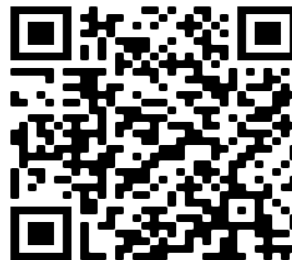
For more information contact Michelle Holbrook at 801-376-3567.



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LEHI LEGACY CENTER  
 123 North Center Street  
 385.201.2000  
[www.lehi-ut.gov/legacy-center](http://www.lehi-ut.gov/legacy-center)



REGISTRATION HOURS  
 Monday-Friday  
 8 a.m. to 6 p.m.  
 or register online.