

# Lehi Fire Department

## Return to Duty Authorization

Lehi Fire employee \_\_\_\_\_ has appeared on / / for a release to return to duty. I have reviewed the following Essential Job Functions with the employee.

**To the Physician:** The following items describe the essential job functions of a firefighter as identified in chapter 5 of NFPA 1582: *Standard on Comprehensive Occupational Medical Programs for Fire Departments*, 2007 edition. All essential job functions are completed wearing a full ensemble of protective equipment including a Self-Contained Breathing Apparatus that may add in excess of fifty (50) pounds of additional weight to the firefighter. Additionally, all essential job functions are expected to take place without warm-up or stretching and in all types of environmental conditions. Please indicate whether the Lehi Firefighter can perform the following essential job functions in their current medical condition, *independently*, under the conditions noted above.

### Essential Job Functions:

- |   |   |   |
|---|---|---|
| Y | N | Perform firefighting tasks (e.g. hose line operations, extensive crawling, lifting, and carrying heavy objects, ventilating roofs or walls using power or hand tools, forcible entry), rescue operations, and other emergency response actions under stressful conditions while wearing personal protective ensembles and self-contained breathing apparatus (SCBA), including working in extremely hot or cold environments for prolonged time periods. (5.1.1(1)) |
| Y | N | Wearing an SCBA , which includes a demand valve-type positive pressure face piece or HEPA filter masks which requires the ability to tolerate increased respiratory workloads. (5.1.1(2))   |
| Y | N | Exposure to toxic fumes, irritants, particulates, biological (infectious) and non-biological hazards, and /or heated gases, despite the use of personal protective ensembles and SCBA (J. 1.1(3))   |
| Y | N | Climbing six (6) or more flights of stairs while wearing fire protective ensemble weighing at least fifty (50) pounds or more and carrying equipment/tools weighing an additional forty (40) pounds. (5.1.1(4))   |
| Y | N | Wearing fire protective ensemble that is encapsulating and insulated, which will result in significant fluid loss that frequently progresses to clinical dehydration and can elevate core temperature to levels exceeding 102.2°F. (5.1.1(5))   |
| Y | N | Searching, finding, and rescue-dragging or carrying victims ranging from newborns to adults weighing over two hundred (200) pounds to safety despite hazardous conditions and low visibility. (5.1.1(6))  |
| Y | N | Advancing water filled hose lines up to 2 inches in diameter from fire apparatus to occupancy [approximately 150 feet] which can involve multiple flights of  |

stairs, ladders, and other obstacles. (5.1.1(7))

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|---|---|---|
| Y | N | Climbing ladders, operating from heights, walking or crawling in the dark along narrow and uneven surfaces and operating in proximity to electrical power lines and/or other hazards. (5.1.1(8))  |
| Y | N | Unpredictable emergency requirements for prolonged periods of extreme physical exertion without benefit of warm-up scheduled rest periods, meals, access to medication(s) or hydration. (5.1.1(9))  |
| Y | N | Operating fire apparatus or other vehicles in emergency mode with emergency lights and sirens. (5.1.1 (10))   |
| Y | N | Critical time-sensitive, complex problem solving during physical exertion in stressful hazardous environments, including hot, dark, tightly enclosed spaces, that is further aggravated by fatigue, flashing lights, sirens, and other distractions. (5.1.1(11))  |
| Y | N | Ability to communicate (give and comprehend verbal orders) while wearing personal protective ensembles and SCBA under conditions of high background noise poor visibility, and drenching from hose lines and/or fixed protection systems (sprinklers) (5.1.1(12)) |
| Y | N | Functioning as an integral component of a team where sudden incapacitation of a member can result in mission failure or in risk of injury or death to civilians or other team members. (5.1.1 (13));  |
| Y | N | Perform the Red card physical fitness assessment which includes donning a 45lbs weight vest and walking 3 miles in 45 minutes or less.  |

**Specific Restrictions:**

- 1.
- 2.

I have reviewed each of the essential job functions and release the employee for:

- Full Duty
- Modified Duty
- No Release for Duty Granted

Physician Signature

Printed Physician Name and Phone Number