

## HEALTH & FITNESS FAIR

2026

**UICK FACTS** 

WHAT.......Health & Fitness Fair WHERE ......Lehi Legacy Center WHO .......Everyone Welcome WHEN ......January 10, 2026 TIME.......10:00 a.m. - 2:00 p.m.

MEMBERSHIP LINES ARE FASTER FROM 12:00 p.m. - 2:00 p.m.

## REGISTRATION

For booth information contact Tina Strong at 385-201-2309 or email <a href="mailto:tstrong@lehi-ut.gov">tstrong@lehi-ut.gov</a>

## MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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## **HEALTH & FITNESS FAIR**

The Legacy Center is offering a free Health & Fitness Fair. This is a great opportunity to participate in free vision screenings, blood pressure checks, massages, body fat testing and spinal checks. Fitness assessments will be administered. There will be vendors, information booths and face painting for the children. Prizes and giveaways every hour.





