

# ADULT MASTERS SWIMMING

**FALL 2025** 

**UICK FACTS** 

WHERE .....Lehi Legacy Center

Pool

WHO .....Ages 16 yrs and up

WHEN ...... Monday, Wednesday,

and Friday

mornings

TIME ......5:00 - 6:00 a.m.

FEES .....Resident \$37

Non-Resident \$50

### REGISTRATION

Register at the Legacy Center Registration Office during normal business hours or online at <a href="https://www.lehi-ut.gov/legacy-center">www.lehi-ut.gov/legacy-center</a>. Registration fee is non-refundable, non-transferable.

### MORE INFORMATION



For more information contact the Legacy Center Front Desk at 385.201.2000.



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### **ADULT MASTERS SWIM TEAM**

This Masters swimming is an organized adult swim workout for those 16 yrs and older who are *advanced swimmers*.

# **PARTICIPATION REQUIREMENTS**

In order to participate on the Adult Masters Swim class, swimmers must:

- Be proficient in the freestyle and able to swim 500 yards continuously.
- Must be evaluated by coach.

SESSION	DATES	REGISTRATION START
Session 1	Sept. 1, 3, 5, 8, 10, 12, 15, 17, 19, 22,	August 15
	24, 26, 29	
Session 2	Oct. 1, 3, 6, 8, 10, 13, 15, 15, 17, 20,	August 15
	22, 24, 27, 29, 31	
Session 3	Nov. 3, 5, 7, 10, 12, 14, 17, 19, 21, 24,	August 15
	26, 28	
Session 4	Dec. 1, 3, 5, 8, 10, 12, 15, 17, 19, 22,	August 15
	24, 26, 29, 31	

## **EQUIPMENT REQUIREMENTS**

- Fins
- · Pull Buoy
- Paddles
- Center mount snorkel (optional but highly recommended)

\*For more information and for evaluation please contact
Diane Peterson dipeterson@lehi-ut.gov

10% off registration with a Legacy Center membership.

LEHI LEGACY CENTER
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