



Recreational Gymnastics

LEHI LEGACY CENTER SUMMER RECREATIONAL GYMNASTICS

2015

Recreation

Monday

10:30-11:15am
10:30-11:15am
11:15-12:00pm

Classes

3 yr. olds
Parent & Child*
3 & 4 yr. olds

Tuesday

10:15-11:00am
11:00-11:45am
11:00-11:45am
1:00-1:45pm

Classes

4 yr. olds
4 yr. olds
Parent & Child*
4 yr. olds

Wednesday

10:30-11:15am
11:15-12:00pm

Classes

3 yr. olds
3 yr olds

Thursday

10:15-11:00am
11:00-11:45am
11:00-11:45am
1:00-1:45pm

Classes

3&4 yr. olds
4 yr. olds
Parent & Child*
4 yr. olds

Friday

9:45-10:30am
10:30-11:15am
11:15-12:00pm

Classes

3 & 4 yr. olds
4 yr. olds
Boys 4 yr. olds

Monday

9:30-10:30am
5:45-6:45pm
5:45-6:45pm

Classes

Kindergarten
Level 1
Boys Level 1

Tuesday

1:45-2:45pm
2:45-3:45pm
2:45-3:45pm
3:45-5:15pm
3:45-5:15pm
5:15-6:45pm
5:15-6:45pm
5:45-6:45pm

Classes

Kindergarten
Level 1
Boys Level 1
Level 2
Boys Level 2
Level 3
Boys Level 3
Level 1

Wednesday

9:30-10:30am
12:30-1:30pm
12:30-1:30pm

Classes

Kindergarten
Level 1
Beginning Tumbling
Level 2

Thursday

1:00-2:30pm
1:30-2:30pm
1:30-2:30pm
2:30-3:30pm
2:30-4:00pm
5:45-6:45pm
5:45-6:45pm

Classes

Intermediate Tumbling
Level 1
Advanced Tumbling
Level 3
Level 1
Boys Level 1

Friday

1:45-2:45pm
2:45-3:45pm
3:45-5:15pm
3:45-5:15pm
5:15-6:45pm
5:15-6:45pm
5:45-6:45pm

Classes

Kindergarten
Level 1
Level 2
Boys Level 2
Level 3
Boys Level 3
Level 1

Session Tuition Prices

<u>Class Length</u>	<u>Days per week</u>	<u>Fee</u>
45 minutes	1	\$41
45 minutes	2	\$69
1 hour	1	\$45
1 hour	2	\$77
1 ½ hours	1	\$57
1 ½ hours	2	\$102
1 ½ hours	3	\$153

× QUICK FACTS

What.....Summer Gymnastic New 5 week sessions

When.....Session 1 – June 3 – July 10

Session 2 – July 13 – August 14

Where.....Lehi Legacy Center (East Gym)

Who.....All ages starting at (2 years old)

*** Parent Involvement class- All other siblings/children need to be attended to by another adult or placed in daycare.**

REGISTRATION

Legacy Center Registration Office Mon-Fri (8am-6pm) OR www.lehi-ut.gov

****Dates classes will not be held: July 1st – 4th (this is subject to change)**

September Classes Start August 31



Lehi Legacy Center
123 N Center St.
801-768-7124



www.lehi-ut.gov/legacycenter



Post Until 8/20/15



WELCOME TO GYMNASTICS

Welcome to our Lehi Gymnastics recreation program. This letter is to orient you with our program and to answer some commonly asked questions.

WHAT TO WEAR?

Gymnastic leotards are requested but other clothing is permitted. The clothing needs to be comfortable, non-restrictive and form fitting. Please **NO Levis**, zippers, or fasteners (buttons & snaps) around the waist. Large loose clothing and long drawstrings pose safety hazards. Shorts are allowed, but **NO LONG PANTS**.

Please remove all jewelry before gymnastics.

Hair needs to be pulled back into pigtails or braids if possible. One pony tail in the back can hurt when your child is doing roles, but it is better to have it up than not at all. If your child's hair is short please clip back any pieces that would fall in front of their face.

CLASS DAY

We would like all gymnasts to arrive five minutes before their class time. They can leave their shoes, socks, etc. by the wall or lockers are available in the restrooms.

WHEN IS TUITION DUE?

Tuition is due the 20th of the prior month. For example, March's tuition is due February 20th. This will ensure your child's spot in the class for the upcoming month. Tuition is paid at the registration office in the blue envelope sent home with your gymnast each month. Blue envelopes will not be accepted unless all information is filled out.

ARE SPECTATORS ENCOURAGED?

You are welcome to stay and watch your child. There is seating provided upstairs behind the glass partition where you can see and hear what is going on in the class. If you have small children with you, for safety reasons we encourage you to take advantage of the seating upstairs.

If your child is enrolled in a preschool gymnastics class, please stay for the duration of the class. If your child needs to take a restroom break, it is very difficult to leave the class to help them.

WHAT SHOULD MY CHILD PRACTICE AT HOME?

Flexibility is a major part of excelling in gymnastics and usually is only obtained with lots of stretching. Having your child warm up and practice their splits, straddles and arch ups for a few minutes each day can greatly improve their gymnastic skills.

If you have any question, please feel free to talk to one of your child's instructors.

P.S. NO gum.