



October's Gymnastics Newsletter

Gymnastic Attire

-Preschoolers: Shorts or Pants with elastic waistband and shirt w/out buttons on the stomach and no hoods.

-Rec. Gymnasts: Please wear leotards or shorts with long/fitted shirts. No pants with zippers. Absolutely NO Levis. Boys, please wear shirts long enough to tuck in.

-Team Gymnasts: must wear leotards. Shorts and shirts are not acceptable attire. Leotard shorts are acceptable.

WE DID IT!
On September 17th
at 11:00 am
Mountain Time,
Legacy Center
Gymnasts, family
and friends and
others across the
country broke the
World Record for
the largest amount
of people doing a
handstand at one
point in time!

Dates to Remember!

October 18 Pass-Off Night
October 20 November's Tuition due
October 20-22 Classes WILL be held during
Fall Break.
October 27-28 No Gymnastics due to the
Legacy Halloween Party.
Nov. 24-26 Thanksgiving Break – no
gymnastics

HANDSTAND WORLD RECORD: Sept. 17, 2011 – 20,478 gymnasts and fans from more than 300 gymnastics clubs and locations nationwide joined together today to break the world record for most handstands performed simultaneously and bring the title back to the United States.

At precisely 1 p.m. ET, 20,478 participants throughout the country kicked up into a handstand to break the existing record of 2,402, set by Australian gymnasts in Melbourne to promote the 2005 World Gymnastics Championships.

"We originally set the record of 1,072, here in Indianapolis, in July 2005 as part of the run-up to the 2005 Visa Championships," said Steve Penny, president of USA Gymnastics. "Bringing the title back to the USA is a great way to celebrate National Gymnastics Day across the U.S. and help build awareness and support for gymnastics."



Pass-Off Night!

Tuesday, October 18th
Girls and Boys
Levels 1 & 2
@ 6:45 pm



*Come visit our
Trick or Treat
Gymnastic Booth
located upstairs during
the Halloween Party on
Friday, October 28th
from 5:00 -8:00 pm.*

We are in need of Trade

*If you are interested in doing trade (setting up and tearing down equipment) for your gymnast's tuition, please contact
Melanie at 801-766-9680.*

Spectators:

We greatly encourage family and friends to watch their gymnast during class time. For everyone's safety, please sit in the above mezzanine area and closely supervise any children not participating in class.

*November's tuition is due October 20th.

Tuition in the Blue Envelopes may be turned into the front desk by the due date. After the 20th, tuition needs to be turned into the registration office. Registration will need to check for availability.