

Mayor's Message

The Slim to Win Contest is over and 18 people lost 871.2 pounds....not bad for a new contest! Let me tell you what I gained from the contest, first of all I learned how to eat right. That doesn't mean washing my hands before eating and using a fork and a napkin to wipe off my chin. It means eating the right foods and the right amount. No more XXL fries and greasy burgers for lunch, but instead a salad and chicken. That is so easily said and challenging to do.

I have been on diets before and none of them worked because I was not willing to make the extra effort. Well at the beginning of this year I made a commitment to myself and then wrote an article in the Lehi Ledger about what I planned to do. I told all fifty thousand citizens of Lehi that I wanted to lose 35 pounds. Well, I lost 43 pounds and that is just a start. I hope that those of you who need a push to get your health in check will look at this contest and sign up, registration will begin in October. You will feel better, think clearer and enjoy life more. It isn't for wimps so cowboy up and "get'er done".

A few other thoughts...we now have another section of Main Street complete and it looks great. We will begin the last two blocks on the 20th of August and will have it done in October, just in time for the Halloween Trick or Treat on Main Street. Thanks to all our citizens and businesses for your cooperation. This is a tough time to get through and everyone has worked together to make it happen.

Hats off to the Parks Department as they continue to improve the parks in our city and clean up after all the events that go on in town. These employees work seven days a week making sure we enjoy the many facilities and events that go on and provide a great atmosphere for us to enjoy.

Many neighborhoods have had their streets sealed with a new layer of black sealer. This protects the roads from the harsh weather and provides many extra years of road service. It causes a bit of grief for neighborhoods but its just a few hours and the benefits are great, so please tolerate it for a while as they get the road work done.

Thanks to all our citizens for the support in keeping Lehi as the Best Place to Live...

Mayor Bert Wilson

Lehi Arts Council

Kid's Fall Workshops: Register now! Cooking classes and art workshops for ages 7-15 will begin on September 6, and are held Mondays and Thursdays (time to be determined). Two musical theater workshops will be offered this fall. Kidz Musical Theatre for ages 5-8 will be performing *Winnie the Pooh* (practices Mondays and Thursdays from 4-5 p.m., final performances November 1-3). Jr. Musical Theater for ages 9-15 will perform *Into the Woods*. This will be double cast with two groups (practices are Mondays and Thursdays from 5-6:30 p.m., final performances November 9-14). Class sizes are limited. All workshops are held at the Lehi Arts Center (685 North Center). For more details or to register, go to www.LehiCityArts.com and click on "Workshops" or call 801-369-8806.

The Lehi Silver Band meets Wednesday evenings at 7 p.m. and the Lehi Chorale on Tuesday evenings at 7:30 p.m., both at the Lehi Arts Council. The Lehi Children's Choir meets on Monday afternoons. Admission is by audition.

For further information and tickets, go to www.lehiarts.com and click on "Workshops" or call 801-369-8806. You can also get updates by following us at www.Facebook.com/LehiArts.

Watch for upcoming events with the Mayor on the city's website at www.lehi-ut.gov or at www.facebook.com/lehicity.

Lehi Bicycle & Pedestrian Master Plan Public Open House

Lehi City continues its work on the Bicycle and Pedestrian Master Plan which it began last December. This planning process involves a comprehensive look at facilities and strategies to increase opportunities to safely bike and walk in Lehi.

An initial public open house was held in March to gather public input on various ideas for improving biking and walking in the City. We will be holding another public open house on **Wednesday, September 26th from 5:00 to 7:00 pm** at the Legacy Senior Center, 123 North Center Street, Lehi. At this open house, draft bicycle and walking facility recommendations will be available for comment along with recommended programs such as a city bicycle map, a city biking website, bicycling education programs, etc.

Family Planning and Well Child Checkups

The Utah County Health Department provides basic, low cost clinic exams for well child, scouts, school, etc. Initial exam, with a general physical, is provided by appointment at the Health and Justice Center (151 S. University Ave, Provo) for children up to age 18. Fluoride prescriptions are also provided. Family planning, including initial exam, pap smear, and birth control are available for women over 18 or teenagers when accompanied by an adult. For an appointment or for questions, please call 801-851-7031 or 801-851-7038.

The Utah County Health Department is committed to promoting the health of our community by preventing avoidable disease and injury by monitoring the health of our community to assure conditions in which people can be healthy. For information on UCHD programs or services, please visit www.UtahCountyHealth.org or call 801-851-7000. You can also now follow the UCHD at www.twitter.com/uchd, www.FaceBook.com/uchd, or www.pinterest.com/uchd.

Lehi Library Golf Classic

Lehi Library Golf Classic

September 12, 2012

Fox Hollow Golf Club

18 holes of golf, 2 carts, breakfast and lunch
only \$500 for a foursome



This event is hosted by the Lehi Library Board of Trustees and the Rotary Club of Lehi

Proceeds benefit the Frances Comer
Perpetual Library Fund

and the Rotary Club's Dictionary Project

For more information visit LehiLibraryGolf.blogspot.com

Lehi Farmer's Market- Now Open!

The Lehi Farmers' Market is NOW OPEN!

Saturdays from 10 a.m.- 2 p.m. and will run through October 22, 2012. Located at the Joseph D. Adams Memorial Park, 1870 North State Street.

Lehi Library

The theme for fall session of Story Time will be *Silly Stories* and begins on Monday, September 10, and goes until Thursday, November 15, with our regular schedule of M-Th at 9:30, 10:30, 11:30, & 12:30. No sign ups are required, please come!

We are adding a new program for the older Kid's Club youth called *Think Tank*. Kid's Club for children ages 6-8 will be held weekly on Tuesdays and Thursdays beginning on September 10. *Think Tank* will be for children ages 9-12 and it will be held bi-monthly beginning September 11. For registration, please visit our web-site at www.lehi-ut.gov/discover/library/events.

Calling all teens ages 12-18 years old! We are adding a new bi-monthly program called, *Just for Teens*. For more information and to register, please visit our web-site at www.lehi-ut.gov/discover/library/events. You can also register online for *Great Reads for Girls*, a mother/daughter book club, *Boy's Only* for boys ages 6-11, and *She's Crafty* for girls ages 10-18.

Our FREE class for adults this month is *United Parenting: How to Parent as a Couple in a Supportive, Effective, and Loving Way*, presented by Dr. Lance J. Dome, LMFT, PhD. Topics to be covered include agreeing on discipline, how to find time and energy for positive parenting, overcoming parenting disagreements, balancing couple, family, & child needs, knowing when to let go and when to stand firm, and much more-please come with questions! The class will be held on Thursday, September 27, at 7 p.m. in the NE corner of the library. No registration required, just come! Note: We encourage both parents to attend if possible. Information will be regarding children of all ages. Bring your own questions, this is not group therapy, but a relaxed educational experience. Hope to see you there!

Pirate Night at the Museum

September 21 and 22, from 5-8 p.m. \$4 per person, at the Hutchings Museum (55 N Center St.) Costumes are optional

Come on over to our ship and we be settin' sail to some foreign lands in search of hidden treasure!

See www.lehi-ut.gov/discover/hutchings-museum
for more details.

Fox Hollow Golf



September Special at Fox Hollow Golf: \$25 for 18 holes of golf with cart after 10 a.m. Sunday through Thursday, must have a foursome for one full group with coupon.

Thanks for supporting your local city owned golf course! Plan to catch breakfast, lunch or dinner at The Fox Den.

SUMMER HOURS: 6 a.m.- dark, 7 Days a week.

Use the FOXHOLLOW app on your phone to schedule a tee time or call 801-756-3594 for a tee time.

RANGE HOURS: Monday- Saturday 6 a.m.- dark; Sunday 6 a.m.- 2 p.m.

American Legion Post 19

Supporting Veterans and Military Family Causes

It is our mission to support the military family: veterans and active duty alike. The men and women of the American Legion Post 19 of Lehi meet on the first Tuesday of the month in the basement south of the museum entrance: 55 N. Center.

Find us on the web at www.utahlegion19.com or on Facebook at American Legion Post 19, Lehi, Utah. Our women's axillary unit meets at the same time.

We are also reactivating the Sons of the American Legion. One of the fastest growing "family" members of the Legion is the Riders group who are motorcyclists; Post 19 sponsors Utah's Chapter One. Visit the web site, Fb page, or call Post Commander Dean Swails at [801 602-5496](tel:8016025496) for more information

Information Needed for Lehi Archives

The Lehi Archives are in need of information about Lehi soldiers who have fought or served in the wars and other events. We would appreciate receiving copies of stories and histories of loved ones who served in the wars. Photographs, articles and other information would be appreciated. Please contact John Haws at 801-857-8120 or Lehi-history@gmail.com for additional information about the Archives and for donating such works. The stories, photographs and histories can be donated in the name of your loved one or in your name and will be preserved as archives.

Hutchings Museum

The Hutchings Museum is sponsoring "Christmas Care Packages for our Soldiers" as the annual humanitarian project.

Each year care packages are sent out to the deployed soldiers by "Letters to Soldiers". Below is a list of items we are collecting. Please drop off donated items before October 15, to the museum at 55 N Center St. Items needed include:

Clothes and Accessories: EVERYTHING NEW IF POSSIBLE- sweatshirts, t-shirts, gloves, scarves, baseball caps and beanie caps, running shoes for soldiers, balls/gear for humanitarian efforts, games, sewn, knitted or handmade clothing, quilts & blankets.

Personal Hygiene/Nutrition: waterless shampoo/conditioner, foot powder, shaving cream, wipes, supplements, toothbrushes, waterless soap, pain relief creams, lotion, shatter proof sunglasses, and sunscreen. Women's perfume samples (no glass containers), makeup, women's personal care products, quality personal care products like Tahitian Noni, Nature's Sunshine, we need more Vitamins and personal care products donated by companies.

Electronics/Entertainment: music/movie and blank cd's and dvd's, webcams, laptops, cell phones, paperback books, writing material, flash drives, cd players, digital cameras/camcorders, Hamm radios, card readers, usb chords, and other computer components.

Food: dried fruit, jerky, nuts, snacks of all kinds, candy, treats, dried soups packets, and small powdered packages for drinks, vitamin in single use packets, super greens and other immunity building dried packets.

Miscellaneous Items for the soldiers and their families: patriotic pillow cases, sheets, flags, toys for kids, posters, gift cards, handmade Christmas stockings, and small Christmas trees and decorations to fit in a USPS flat rate box, great paperback books or ebooks we can email them to pass around, positive motivating dvd's, ... For their families sacrificing so much while daddy or mommy is gone, we would love to have donations of new toys, baby items, clothes, shoes, sports equipment, gift certificates, free services LIKE: carpet cleaning, landscaping, handyman, plumbing, electricians, babysitting, mechanic, motel/hotel free stays, concerts, trips and other needs for the family.

One of the most important donations is money to ship donated items to soldiers. Sponsor just one soldier to get a package with \$10.50 or contact us to get care packages to the units we are supporting.

• There will also be a Packaging Party on Saturday, October 20, from 6-8 p.m. at the Hutchings Museum. Come put together care packages, eat good food, make Christmas Video Wishes with Santa, and Christmas Wish Banners. Come be part of a wonderful event to thank those who sacrifice so much for us.



Lehi Legacy Community Center

www.lehi-ut.gov/legacycenter

Lehi City Halloween Party at the Legacy Center

October 26th will be the 12th Annual Halloween Party at the Legacy Center. Come join us for a night of fun & food! This will be a safe, climate-controlled environment for all to participate in games and a spook alley!

Pictures and Dinner Also Available!!!

Pre-sold tickets available starting Oct. 1st (child \$3 or family \$12, adults free) OR at the door (child \$3.50 or family \$14, adults free)

For more details or questions about **Volunteering** or **Donations** please call Abby @ 801-768-7124.



COLORING CONTEST

Starting October 1st

All age categories!
Awesome Prizes!!!

Pick up entries at the Legacy Center



AQUATIC CENTER INFORMATION

New FALL schedule starts

August 27, 2012

SWIM LESSONS

Dates:

September	10-20	M-F, M-Th
October	16-29	T-F, M-Th, M (No lessons Oct. 26)
November	5-15	M-F, M-Th
December	3-13	M-F, M-Th

Times: 10-12pm and 4-6pm

Register: On-line or at Legacy Center
Cost per session: \$32 Resident \$48 Non-Resident, 1/2 hour lessons

Adult Swim Lessons

Dates:

September	10-14	M-F
October	15-19	M-F
November	5-9	M-F
December	3-7	M-F

Time: 9-10pm.

Register: On-line or at Legacy Center
Cost: \$32 Resident \$48 Non-Resident

Pool closures (LAP POOL)

Oct. 5	HS Swim-a-Thon	11pm-5am.
Nov. 2	HS Swim Meet	1pm-7pm
Dec. 19	HS Swim Meet	1pm-7pm
Jan. 4	HS Swim Meet	1pm-7pm
Jan. 18	HS Swim Meet	1pm-7pm

Thank you for a wonderful Outdoor Pool season! We had a great turnout and enjoyed the opening of the new slides! See you next year!

PROGRAMS

ITTY BITTY FOOTBALL

3yrs and 4yrs olds, Register now! Classes starting in October. Great for all those kids that want to have fun and stay active. Spaces limited. M/W/F or Tue/Thur classes 9:30-10:30 or 10:45-11:45am.

FALL PRE-SCHOOL

Starts September 4th
M/W/F from 9:30-11:30am (advanced)
OR 1-3pm. T/TH from 9:30-11:30am OR 1-3pm. Great classroom experience.

FALL DANCE

WORLD Dance, Polynesian and more! All classes are combo classes. Ages start at 3yrs old to 12yrs. New Advanced Combo class! Call for days and times.

FALL CHEER

Learn to cheer and have fun! This is a recreation cheer program that is great for all skill levels. Gives your girls a chance to have fun and cheer!

PARENTING W/ LOVE & LOGIC

Register NOW! Classes for Birth to 6yrs and Birth thru teenagers. Class starts in September. Great class for anyone looking for help with children.

SIGN LANGUAGE

Register NOW! Class begins September 6th.

HUNTER SAFETY

Register NOW! Classes begin September 4th. Spaces limited!

"Like" us on Facebook (Legacy Center) for more information.

SPORTS

New for 2012

Jr. Jazz Basketball K-1st Grade

Registration Deadline: September 4, Boys and Girls Grades K-1 (2012-2013 School Year), October-December on Weeknights and Saturdays, Fee: \$51 (\$38 Resident Discount)

Jr. Jazz Basketball 2nd-12th Grade

Registration Begins: September 4, Registration Deadline: October 30, Boys and Girls Grades 2-12 (2012-2013 School Year), January-March on Weeknights or Saturdays, Fee: \$51 (\$38 Resident Discount)
Grades 2-4
\$55 (\$49 Resident Dis.) Grades 5-6
\$68 (\$59 Resident Dis.) Grades 7-10
\$545 per team (\$475 Resident Dis.) Grades 11-12

Wrestling

Registration Begins: September 4
Registration Deadline: October 4
Boys and Girls Grades K-4 (2012-2013 School Year), October-December on Monday nights Fee: \$50 (\$38 Resident Discount)

Host and Hostess Program

The Legacy Center offers a program for families to get free memberships. All you have to do is work 4 hours a week! Help make the Legacy Center a fun place to be! Call 801-768-7124.