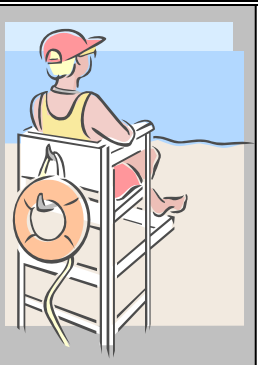

Lifeguard Training

LEHI LEGACY CENTER
LIFEGUARD TRAINING
April 2013

Become American Red Cross Lifeguard Certified!

Do you want to become a lifeguard? Come sign up to take the course. Course pre-requisites: 1. Must be at least 15 years old by the last day of class. 2. Must pass the pretest on the first day of class. The pretest is a 300 yard swim (100 yards freestyle/front crawl, 100 yards breaststroke, 100 yards freestyle or breaststroke), 25 yard swim to deep end to retrieve a 10 lb. brick and swim back to shallow end, and tread water adequately for 2 minutes. Lifeguarding, First Aid, CPR and AED Certifications included in the class.

CLASS

April 1, 2, 3, 4, 5, 6

×QUICK FACTS

What ..... Lifeguard Training
Where ..... Lehi Legacy Center Pool
Who ..... Anyone 15yrs or Older
When ..... April 1, 2, 3, 4, 5, 6 (7am-1pm)
Fees..... $160 (Manual & Mask Included, $10 non-refundable fee for pretest.)

REGISTRATION

Class space is limited, sign up now!
Registration Office open Mon-Fri 8am-6pm or on-line @www.lehi-ut.gov

INFORMATION

For more information contact Legacy front desk @ 801-768-7124

Post until 2/19/13

Lehi Legacy Center
123 N Center St.
801-768-7124

Find me on facebook

www.lehi-ut.gov/legacycenter

follow us on twitter