Legacy Cheer

LEHI LEGACY CENTER
LEGACY CENTER CHEER
WINTER 2012

Get ready to Cheer!!!

Monday

4:00-5:00pm	Beginning (5yrs-5th grade)
5:00-6:00pm	Intermediate (5yrs-6th grade)
6:00-7:00pm	Tumbling (5yrs – 6th grade/Jr. High)

×QUICK FACTS

What ..... Legacy Center Cheer
Where ..... Lehi Legacy Center
When ..... Monday
Class begins..... Monthly **(CLASSES START Jan. 9, 2012)**
Time ..... Time above
Who ..... 5yrs -12yrs
Fees..... $40 ($34 Lehi Resident Discount)
(Payment must be made by 20th of previous month to keep spot)
April's payment will include $15 extra for May's Pep Rally
Important dates .. No Class January 16, April 9)
May 7th is Winter Pep Rally

REGISTRATION

Registration begins December 6, 2012

Come to the Legacy Registration Office Mon- Fri from 8am-6pm OR www.lehi-ut.gov

INFORMATION

For more information contact Legacy Front Desk @ 801-768-7124

Post Until December 1, 2011

Lehi Legacy Center
123 N Center St
801-768-7124

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www.lehi-ut.gov/legacycenter

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Class Description & What to Wear!

BEGINNING SQUAD Cheer (5yrs to 5th Grade)

Basic cheerleading instruction. Focus on strengthening, Balance, Body control, and Flexibility. Objectives include Team Building skills and goal setting.
Clothing : comfortable, moveable clothing and tennis shoes. Please keep hair pulled back.

INTERMEDIATE SQUAD Cheer (5yrs to 6th Grade/Junior High)

This class is designed to give girls who have mastered basic cheerleading skills, more of a challenge!! Some cheer, dance, or gymnastic experience required.
Perfecting and building on already established cheerleading knowledge. Emphasis on strengthening, technique, stunting, Team building and goal setting.
Clothing: comfortable, moveable clothing, unless otherwise instructed by their coach.
MUST WEAR TENNIS SHOES TO PARTICIPATE! (Safety Law) Hair must be pulled back.

TUMBLING Cheer (Beginning/Intermediate, 5yrs to 6th Grade/Junior High)

Intro to tumbling. Focus on basics like rolls, handstands, cartwheels, round offs, and back handsprings.
Clothing: tight shorts & shirt or prefer gymnastics suit. Hair pulled back.

Please NO jewelry!