

# USA Swim Team

1. What level do they have to be to be on the swim team?  
Be able to swim Freestyle, Backstroke, Butterfly and Breaststroke.
2. Do you have to try out?  
Yes
3. What does the USA membership pay for?  
Membership for USA swimming and our local swimming chapter-Utah swimming
4. What's the difference between USA swim and Recreation swim?  
USA is more competitive, year round, more expensive, and you have to pay for meets. You are also required to have a Legacy Center Membership.
5. Are there competitions? How much do they cost?  
Yes, typically about \$3-\$4 entry per swimmer and \$2 per event (varies)
6. When do they practice?  
Summer Schedule @ Outdoor Pool  
Blue Group: 7-9am  
White Group: 7:45-9am  
Red Group: 7-7:45am  
School Schedule @ Legacy Center  
Blue Group: 4-6pm  
White Group: 4:45-6pm  
Red Group: 4-4:45pm
7. Why do we have to have a legacy center membership?  
Because this pays for the pool use since we don't charge the team a fee.
8. Do you have swimsuits available? Do they need goggles?  
Yes, practice swim suits are available to purchase in the pro shop. Team suits are available to order through the coach. Goggles are recommended, there is a variety available at the pro shop as well. We also recommend swim caps for girls.
9. What kind of swim suit should they wear?  
Boys should wear jammers and girls should wear competitive one piece suits.