

## Outdoor Soccer

1. When does registration start?

January for Spring Soccer and May for Fall Soccer.

2. Is FANS required?

Yes

3. Do they need to purchase shin guards?

Yes, 3<sup>rd</sup> grade and up it is required. Shins guards are strongly recommended for grades K-2.

4. Should they wear cleats or are tennis shoes okay?

Either will work, however cleats are safer.

5. When will we hear from their coach?

After the scheduled coaches meeting. We request that the coaches contact their players within one week of the coaches meeting.

6. Will soccer overlap any other sport?

Springs: Yes, it overlaps with Baseball and Softball. Games will not overlap, but practices may. Track & Field practices may also overlap.  
Fall: Yes, Flag Football practices may overlap, but the games will not. Also Volleyball practices and games may overlap for girls.

7. How many players are on a team?

No more than 12 per team

8. Where are the games played?

K-2 play at the Lehi Sports Complex and 3-6 play at Northlake Park.  
7-9 play at Northlake Park and in American Fork or Pleasant Grove.

9. How do practices work?

We recommend to coaches to hold one practice per week for one hour. Practices are not scheduled through the City and coaches choose where and when they will hold practice. We do not require our coaches to hold practices, but we strongly recommend it.